

The Human Body

The human body is amazing. It helps us move, think, and feel every day. The body has many parts, and each part has a job.

At the top of the body is the **head**. On the head we have the **eyes, ears, nose, and mouth**. We use our eyes to see. We use our ears to hear sounds. The nose helps us smell, and the mouth helps us eat and speak. Inside the head is the **brain**, and it helps us think and remember.

Below the head is the **neck**. The neck helps us move our head. Then we have the **shoulders, arms, and hands**. We use our arms and hands to carry things, write, and play. On the hands we have **fingers**.

In the middle of the body is the **chest** and the **stomach**. Inside the chest is the **heart**. The heart pumps blood and keeps us alive. The stomach helps us digest food.

At the bottom of the body are the **legs** and **feet**. We use our legs and feet to stand, walk, and run. On the feet we have **toes**.

All parts of the body work together to help us every day.

What do we use our eyes for?

- A. To hear sounds
- B. To smell food
- C. To see
- D. To walk

The **heart** is inside the chest and helps keep us alive.

- True
- False

Match the body part with its function.

- | | |
|---------|-----------------|
| 1. Eyes | A. Walk and run |
| 2. Ears | B. See |
| 3. Legs | C. Hear |