

Vocabulary Fill-in-the-Blank Exercise (B2 Level)

Instructions:

Complete each sentence with a word from the box. Each word can only be used once.

Word Bank:

trend | gap | reasonable | complex | components | well-being | concept | measure | balance | findings | life expectancy | solidarity | polls | essence | actually | catch on | enthusiastically | sum total

1. Researchers have shared new [_____] about how diet affects sleep.
2. The [_____] of a happy life usually involves good health and strong relationships.
3. Maintaining a proper work-life [_____] is essential to avoid burnout.
4. This new app has started to [_____] among young adults.
5. The problem was very [_____] and required several specialists to solve it.
6. Exercise, nutrition, and mental health are important [_____] of a healthy lifestyle.
7. The teacher explained the [_____] of freedom to the students.
8. The crowd applauded [_____] when the speaker finished.
9. The main [_____] of the report shows that reading improves memory.
10. There is a noticeable [_____] in income between urban and rural areas.
11. Advances in medicine have increased [_____] around the world.
12. The government attempted to [_____] public opinion before making a decision.
13. Recent [_____] indicate that many people prefer online shopping.
14. It is [_____] to save some money for emergencies.
15. Citizens demonstrated their [_____] during the charity campaign.
16. Adding up all the expenses gives us the [_____] of our monthly budget.
17. Oversized jackets are becoming the latest fashion [_____].
18. Good physical and mental health are key for overall [_____].