

ADJECTIVES 'ED' - 'ING'

Use '**ING**' for **DESCRIBING** (th**ING**s, events, people)

Example: ***That movie** is really **exciting**! (It makes me feel excitement.)*

Use '**ED**' for **EFFECT / EMOTION**

Example: ***I am excited** about that movie. (I feel excitement.)*

Look for 'signal words' (am, feel, get, ...)

Complete the following sentences (+, - ?), using the clues between brackets.

Look up any vocabulary that might not be known.

- 1) I am very _____ about my exam results. I got straight A's! (excited / exciting)
- 2) Some people are very _____. Many people follow their example. (inspired / inspiring)
- 3) When he saw that big bear he was very _____, because it looked very _____.
(frightened / frightening)
- 4) I don't like soap operas. I think they're very _____. (bored / boring)
- 5) Some people find yoga _____. (relaxed / relaxing)
- 6) After fourteen hours at work, she came home _____. (exhausted / exhausting)
- 7) Exercising can be very _____ (tired / tiring)
- 8) She almost never watches the news. It is too _____ (depressed / depressing)
- 9) The whole team was very _____ with the award. (pleased / pleasing)
- 10) We had a great time in the theatre last night. The play was extremely _____. (amused / amusing)
- 11) The news on TV was _____, as usual. (shocked / shocking)
- 12) Sometimes people can be very _____ by what others say or think. (irritated / irritating)
- 13) Travelling can be very _____. (exhilarated / exhilarating)
- 14) The atmosphere during our hike in the jungle was _____. (suffocated / suffocating)
- 15) The entire audience was _____ by the little girl's performance. (astonished / astonishing)
- 16) The acrobatics of that circus company are always _____. (captivated / captivating)
- 17) I always used to feel _____ during maths class. (overwhelmed / overwhelming)
- 18) When it heard its mother's _____ voice, the baby was quiet immediately. (soothed / soothing)
- 19) George was very _____ during our high school reunion. He had everyone laughing the entire time. (entertained / entertaining)
- 20) Eva felt pretty _____+ about having to go on stage for the very first time.
(stressed / stressing)