

## PART A – MULTIPLE CHOICE (1–40)

**Directions:** Choose the letter of the correct answer. Write the letter on the blank before each number.

\_\_\_\_\_ 1. Loving your country means showing \_\_\_\_\_ for your nation and its people.

A. respect B. anger C. fear D. laziness

\_\_\_\_\_ 2. One way to show love for your country is by \_\_\_\_\_.

A. following rules and laws B. destroying public property C. spreading lies D. ignoring responsibilities

\_\_\_\_\_ 3. A citizen who follows the rules helps maintain \_\_\_\_\_.

A. order B. chaos C. trouble D. conflict

\_\_\_\_\_ 4. Culture includes people's \_\_\_\_\_.

A. traditions and beliefs B. anger and hate C. laziness and fear D. punishment only

\_\_\_\_\_ 5. Appreciating culture means showing \_\_\_\_\_ to your heritage.

A. respect B. shame C. hatred D. carelessness

\_\_\_\_\_ 6. Respecting other cultures helps promote \_\_\_\_\_.

A. peace B. conflict C. hatred D. violence

\_\_\_\_\_ 7. Doing things to benefit others means showing \_\_\_\_\_.

A. kindness B. selfishness C. jealousy D. laziness

\_\_\_\_\_ 8. Helping others without expecting anything in return is called \_\_\_\_\_.

A. generosity B. cheating C. bullying D. disobedience

\_\_\_\_\_ 9. Working together to help others is called \_\_\_\_\_.

A. cooperation B. cheating C. fighting D. ignoring

\_\_\_\_\_ 10. Self-discipline means controlling your \_\_\_\_\_.

A. actions and behavior B. excuses C. anger only D. laziness

\_\_\_\_\_ 11. A disciplined person can behave and work in a \_\_\_\_\_ way.

A. controlled B. careless C. rude D. lazy

\_\_\_\_\_ 12. Discipline can be enforced by parents, teachers, and \_\_\_\_\_.

A. authorities B. enemies C. strangers D. bullies

\_\_\_\_\_ 13. Self-discipline helps you finish tasks on \_\_\_\_\_.

A. time B. laziness C. anger D. fear

- \_\_\_\_\_ 14. Self-discipline spells the difference between winning and \_\_\_\_\_.  
A. losing B. laughing C. sleeping D. eating
- \_\_\_\_\_ 15. "Pay it forward" means \_\_\_\_\_.  
A. do a good deed to another person B. pay money back only C. ignore others D. hurt people
- \_\_\_\_\_ 16. Paying it forward spreads the spirit of \_\_\_\_\_.  
A. love and kindness B. anger and hate C. laziness and fear D. conflict and war
- \_\_\_\_\_ 17. Helping others creates a ripple effect that spreads to the \_\_\_\_\_.  
A. community and beyond B. only one person C. no one D. enemies only
- \_\_\_\_\_ 18. "Teach them how to fish" means to teach them \_\_\_\_\_.  
A. useful skills B. excuses C. laziness D. dependence
- \_\_\_\_\_ 19. Dole out means to give away \_\_\_\_\_.  
A. money, food, or something else B. kindness only C. rules only D. lies only
- \_\_\_\_\_ 20. The Bible warns us not to condone \_\_\_\_\_.  
A. laziness B. kindness C. generosity D. discipline
- \_\_\_\_\_ 21. Tent-making refers to activities of a Christian who receives little or no pay for \_\_\_\_\_.  
A. church work B. school work C. house work D. sports work
- \_\_\_\_\_ 22. "If anyone is not willing to work, let him not eat" teaches the value of \_\_\_\_\_.  
A. hard work B. laziness C. cheating D. selfishness
- \_\_\_\_\_ 23. God wants us to help others by giving material help like food, water, clothes, and \_\_\_\_\_.  
A. shelter B. anger C. lies D. conflict
- \_\_\_\_\_ 24. Helping others long term provides sustainability and \_\_\_\_\_.  
A. dignity B. anger C. laziness D. fear
- \_\_\_\_\_ 25. Proverbs 22:9 says: The LORD blesses everyone who freely gives food to the \_\_\_\_\_.  
A. poor B. rich C. lazy D. angry
- \_\_\_\_\_ 26. A way to help for the long term is to \_\_\_\_\_ someone a skill you know.  
A. teach B. punish C. ignore D. hurt
- \_\_\_\_\_ 27. Another way to help for the long term is to form a help \_\_\_\_\_.  
A. squad B. enemy C. conflict D. punishment

- \_\_\_\_\_ 28. A person who appreciates culture will show \_\_\_\_\_ to others' traditions.  
A. respect B. mockery C. hatred D. selfishness
- \_\_\_\_\_ 29. Traditions are passed down from one \_\_\_\_\_ to another.  
A. generation B. enemy C. punishment D. mistake
- \_\_\_\_\_ 30. Helping others strengthens friendships and \_\_\_\_\_.  
A. relationships B. hatred C. violence D. anger
- \_\_\_\_\_ 31. Being honest and fair is a sign of being a \_\_\_\_\_ citizen.  
A. responsible B. careless C. lazy D. rude
- \_\_\_\_\_ 32. Festivals are part of a community's \_\_\_\_\_.  
A. culture B. problem C. punishment D. conflict
- \_\_\_\_\_ 33. A person who benefits others shows \_\_\_\_\_.  
A. compassion B. disrespect C. dishonesty D. cruelty
- \_\_\_\_\_ 34. Self-discipline helps you manage your \_\_\_\_\_.  
A. time B. anger only C. excuses D. laziness
- \_\_\_\_\_ 35. People who cannot control anger often get into \_\_\_\_\_.  
A. trouble B. peace C. kindness D. success
- \_\_\_\_\_ 36. Dole outs last only for a \_\_\_\_\_.  
A. short time B. long time C. lifetime D. forever
- \_\_\_\_\_ 37. Helping people for the long term empowers them to rise above their \_\_\_\_\_.  
A. poverty or bad situation B. happiness C. success D. blessings
- \_\_\_\_\_ 38. Proverbs 28:27 says those who give to the poor will lack \_\_\_\_\_.  
A. nothing B. everything C. anger D. fear
- \_\_\_\_\_ 39. Being proud of your country's achievements is an example of \_\_\_\_\_.  
A. patriotism B. disrespect C. cheating D. bullying
- \_\_\_\_\_ 40. Culture helps people develop \_\_\_\_\_ in their identity.  
A. pride B. jealousy C. hatred D. violence
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#### **PART B – TRUE OR FALSE (41–60)**

**Directions:** Write **TRUE** if the statement is correct. Write **FALSE** if it is incorrect.

41. \_\_\_\_\_ Loving your country means taking care of public property.

42. \_\_\_\_\_ A patriotic person spreads lies about the country.
  43. \_\_\_\_\_ Culture includes food, music, and traditions.
  44. \_\_\_\_\_ Appreciating culture means being ashamed of who you are.
  45. \_\_\_\_\_ Helping others creates a positive ripple effect in the community.
  46. \_\_\_\_\_ Self-discipline means you can behave and work in a controlled way.
  47. \_\_\_\_\_ Discipline is something we must all learn because it is for our own good.
  48. \_\_\_\_\_ Self-discipline spells the difference between winning and losing.
  49. \_\_\_\_\_ "Pay it forward" means do a good deed to another person.
  50. \_\_\_\_\_ Dole outs last only for a short time.
  51. \_\_\_\_\_ "Teach them how to fish" means giving instant help only.
  52. \_\_\_\_\_ The Bible warns us not to condone laziness.
  53. \_\_\_\_\_ "If anyone is not willing to work, let him not eat."
  54. \_\_\_\_\_ God wants us to help others by giving material help like food, water, clothes, and shelter.
  55. \_\_\_\_\_ Helping others long term provides sustainability and dignity.
  56. \_\_\_\_\_ A generous person will prosper; whoever refreshes others will be refreshed.
  57. \_\_\_\_\_ A person who benefits others shows cruelty.
  58. \_\_\_\_\_ Traditions are passed down from one generation to another.
  59. \_\_\_\_\_ Self-control is one of the fruit of the Spirit.
  60. \_\_\_\_\_ Helping others makes the world a worse place.
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#### **PART C – IDENTIFICATION (61–75)**

**Directions:** Write the correct answer on the blank.

61. \_\_\_\_\_
  62. \_\_\_\_\_
  63. \_\_\_\_\_
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  74. \_\_\_\_\_
  75. \_\_\_\_\_
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#### **PART D – FILL IN THE BLANKS (76–90)**



**Directions:** Write the correct word/s to complete each sentence.

76. Self-discipline molds us to who and what we hope to \_\_\_\_\_.
  77. Self-discipline spells the difference between winning and \_\_\_\_\_.
  78. Paying it forward spreads the spirit of love and \_\_\_\_\_.
  79. Dole outs last only for a short \_\_\_\_\_.
  80. "Teach them how to fish" means to teach them useful \_\_\_\_\_.
  81. The Bible encourages us to help the poor, but it also warns us not to condone \_\_\_\_\_.
  82. God wants us to help others by giving material help like food, water, clothes, and even \_\_\_\_\_.
  83. God also wants us to help those who are physically capable of working by giving them opportunities to provide for \_\_\_\_\_.
  84. This is a long term kind of help that provides sustainability and \_\_\_\_\_ for those who receive them.
  85. "If anyone is not willing to work, let him not \_\_\_\_\_."
  86. The LORD blesses everyone who freely gives food to the \_\_\_\_\_.
  87. Those who give to the poor will lack \_\_\_\_\_.
  88. Helping others makes us feel happier, more balanced, and instills a greater sense of purpose, completeness, and \_\_\_\_\_.
  89. A way to help for the long term is to \_\_\_\_\_ someone a skill you know.
  90. Another way is to form a help \_\_\_\_\_.
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#### **PART E – ENUMERATION (91–98)**

**Directions:** Enumerate what is asked.

**91–94. Give four ways to help for the long term.**

91. \_\_\_\_\_
92. \_\_\_\_\_
93. \_\_\_\_\_
94. \_\_\_\_\_

**95–98. Give four Bible verses listed in the lesson about helping the poor and needy.**

95. \_\_\_\_\_
  96. \_\_\_\_\_
  97. \_\_\_\_\_
  98. \_\_\_\_\_
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#### **PART F – ESSAY (99–100)**

**Directions:** Answer briefly and clearly.

99. What did you learn from the stories of Diether Ocampo and Christian Seso about “Paying it forward” and “Blessed to be a blessing”?

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100. Explain the meaning of the saying: “Give a man a fish and you feed him for a day. Teach him how to fish and you feed him for a lifetime.”

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