

1 Odd one out. Explain your choice.

- 1 carrots, potatoes, sweets, tomatoes
- 2 berries, chicken, pork, turkey
- 3 bananas, salt, oranges, pineapples
- 4 water, juice, cola, eggs
- 5 milk, bread, yoghurt, butter
- 6 cakes, chocolates, noodles, ice cream



2 Fill in the table with the words from the box.

grapefruits, apples, burgers, beans, pizzas, crisps, nuts, hot dogs

Healthy Food	Fast Food

4 Read the text on pages 79-80 in the SB and choose a, b or c.

- 1 The text is about _____
a) good manners b) healthy food c) different cuisines
- 2 You need to eat fruit and vegetables at least _____
a) once a day b) three times a day c) four times a day
- 3 Nuts and beans are in the _____
a) meat group b) milk group c) cereal group
- 4 Dairy products are _____
a) milk products b) fish products c) meat products
- 5 Grains make people _____
a) strong b) big c) energetic
- 6 You need to drink a lot of _____
a) cola b) water c) coffee
- 7 A snack is something you eat _____
a) before meals b) after meals c) between meals
- 8 Good manners can also help you _____
a) be more polite b) digest your food better c) enjoy your food more