NAME:_____ DATE:_____

DIRECTIONS Read the text and then answer the questions.

SCORE

Getting sick is part of life. Yet it does not have to happen all the time! Some people get shots to help them stay healthy. These shots are called *immunizations*. They keep the immune system healthy. This system helps the body fight illnesses. People can boost their immune systems. They do this by eating well, getting rest, and exercising.

1. What is this text about?

(A) The text is about life.
(B) The text is about illnesses.
(C) The text is about being apart from someone you love.
(D) The text is about injuries.

2. Which title best describes the main idea?

(A) Getting Shots to Stay Healthy
(B) Going to the Doctor
(C) How to Eat Well
(D) A Mother's Advice

3. Which word is the root word in *healthy*?

(A) eal
(B) health
(C) stealth
(D) heal

4. Which word means the same as *boost*?

(A) prescribe
(B) improve
(C) blow
(D) knock

5. What does the phrase *fight illness* mean?

(A) have surgery
(B) keep healthy
(C) go to the doctor
(D) be cured

1. Ⓨ Ⓝ
2. Ⓨ Ⓝ
3. Ⓨ Ⓝ
4. Ⓨ Ⓝ
5. Ⓨ Ⓝ

___ / 5
Total

LIVEWORKSHEETS