Lesson 7 & 8 – Key Words

Word Bank:

Immediate	Relax	Stress
Calm	Panic	Repair
Relief	Prevention	Exhaustion
Creative	Tension	

	Free from disturbance, peaceful
	The state of being stretch tight
	The state of emotional strain
	Sudden overpowering fright
	To restore to a sound or healthy state
	A means of thing that relieves pain, distress
	Action of stopping something from happening
	A state of extreme physical or mental fatigue
	A state of extreme physical or mental fatigue
	Done at once, instant
	make or become less tense or anxious

LIVEWORKSHEETS