



# HEALTH

by teacher Jennifer

## Task 1. Read and match.

1

go to the

a. warm water



2

have a

b. your teeth



3

rinse

c. some medicine



4

brush

d. dentist



5

drink

e. your mouth



6

take

f. rest



## Task 2. Write T/F



Mina



John



Judo



Daisy



Alvin

1. Mina has a headache.

2. John has a toothache.

3. Judo has a stomach ache.

4. Daisy has a sore throat.

5. Alvin has a headache.

### Task 3. Odd one out

1. A. dentist	B. rinse	C. drink	D. brush
2. A. medicine	B. water	C. ice cream	D. have
3. A. eat	B. feel	C. well	D. take
4. A. toothache	B. sore throat	C. matter	D. headache
5. A. advice	B. mouth	C. teeth	D. warm
6. A. headache	B. stomach	C. sore throat	D. teeth

### Task 4. Complete the task.

does

rinse

brush

watch

take

eat

1. You should \_\_\_\_\_ our teeth twice a day to avoid tooth decay.
2. When you have a headache, you should \_\_\_\_\_ some medicine.
3. She always tells her son: " You have to \_\_\_\_\_ your mouth with salt water before going to bed".
4. People \_\_\_\_\_ healthy food every day to keep fit.
5. Peter \_\_\_\_\_ morning exercise regularly to be healthy.
6. You shouldn't \_\_\_\_\_ too much TV.

### Task 5. Read and tick

1. My father has a stomach ache. He \_\_\_\_\_ go to the doctor.  
 a. should       b. shouldn't
2. My sister has a sore throat. She \_\_\_\_\_ rinse her mouth.  
 a. should       b. shouldn't
3. Quan has a toothache. He \_\_\_\_\_ eat lots of sweet.  
 a. should       b. shouldn't
4. My friend has a headache. She \_\_\_\_\_ watch TV too much.  
 a. should       b. shouldn't
5. Linda has a sore throat. She \_\_\_\_\_ eat ice cream.  
 a. should       b. shouldn't

## Task 6. Read and write

- 1 What's the matter with your brother?
- 2 You should go to the doctor.
- 3 What's the matter ?
- 4 What's the matter with Mary?
- 5 I have a bad toothache.
- 6 Where is your sister going now?
- 7 He has a sore throat.
- 8 Why didn't Minh go to school this morning?

- a She has a headache.
- b You should go to the dentist.
- c Because he had a stomach ache.
- d She's going to the doctor.
- e Yes, I will. Thank you.
- f He should rinse his mouth everyday.
- g He has a toothache.
- h I have a sore throat.

1-

2-

3-

4-

5-

6-

7-

8-

## Task 7. Fill in the blanks

eat

headache

matter

go

a

should

Mr Long: What's the (1) \_\_\_\_\_ with you, Trung?

Trung: Well, I have (2) \_\_\_\_\_ stomach ache.

Mr Long: You shouldn't (3) \_\_\_\_\_ lots of chocolate.

Trung: Ok, I won't. Thanks.

Mr Long: You (4) \_\_\_\_\_ have a rest.

Trung: Yes, I will. Thanks.

Mr Long: What's the matter with you, Trang?

Trang: I have a (5) \_\_\_\_\_.

Mr Long: You should (6) \_\_\_\_\_ to the doctor.

Trang: Thanks for your advice.

