



HEALTH

by teacher Jennifer

Task 1. Read and match.

1 go to the

a. warm water

2 have a

b. your teeth

3 rinse

c. some medicine

4 brush

d. dentist

5 drink

e. your mouth

6 take

f. rest



Task 2. Write T/ F



Mina



John



Judo



Daisy



Alvin

1. Mina has a headache.

☐

2. John has a toothache.

☐

3. Judo has a stomach ache.

☐

4. Daisy has a sore throat.

☐

5. Alvin has a headache.

☐

Task 3. Odd one out

- | | | | |
|-----------------|----------------|----------------|-------------|
| 1. A. dentist | B. rinse | C. drink | D. brush |
| 2. A. medicine | B. water | C. ice cream | D. have |
| 3. A. eat | B. feel | C. well | D. take |
| 4. A. toothache | B. sore throat | C. matter | D. headache |
| 5. A. advice | B. mouth | C. teeth | D. warm |
| 6. A. headache | B. stomach | C. sore throat | D. teeth |

Task 4. Complete the task.

does

rinse

brush

watch

take

eat

1. You should _____ our teeth twice a day to avoid tooth decay.
2. When you have a headache, you should _____ some medicine.
3. She always tells her son: " You have to _____ your mouth with salt water before going to bed".
4. People _____ healthy food every day to keep fit.
5. Peter _____ morning exercise regularly to be healthy.
6. You shouldn't _____ too much TV.

Task 5. Read and tick

1. My father has a stomach ache. He _____ go to the doctor.
☐ a. should ☐ b. shouldn't
2. My sister has a sore throat. She _____ rinse her mouth.
☐ a. should ☐ b. shouldn't
3. Quan has a toothache. He _____ eat lots of sweet.
☐ a. should ☐ b. shouldn't
4. My friend has a headache. She _____ watch TV too much.
☐ a. should ☐ b. shouldn't
5. Linda has a sore throat. She _____ eat ice cream.
☐ a. should ☐ b. shouldn't

Task 6. Read and write

- | | |
|--|---------------------------------------|
| 1 What's the matter with your brother? | a She has a headache. |
| 2 You should go to the doctor. | b You should go to the dentist. |
| 3 What's the matter ? | c Because he had a stomach ache. |
| 4 What's the matter with Mary? | d She's going to the doctor. |
| 5 I have a bad toothache. | e Yes, I will. Thank you. |
| 6 Where is your sister going now? | f He should rinse his mouth everyday. |
| 7 He has a sore throat. | g He has a toothache. |
| 8 Why didn't Minh go to school this morning? | h I have a sore throat. |

1-

2-

3-

4-

5-

6-

7-

8-

Task 7. Fill in the blanks

eat

headache

matter

go

a

should

Mr Long: What's the (1) _____ with you, Trung?

Trung: Well, I have (2) _____ stomach ache.

Mr Long: You shouldn't (3) _____ lots of chocolate.

Trung: Ok, I won't. Thanks.

Mr Long: You (4) _____ have a rest.

Trung: Yes, I will. Thanks.

Mr Long: What's the matter with you, Trang?

Trang: I have a (5) _____.

Mr Long: You should (6) _____ to the doctor.

Trang: Thanks for your advice.

