



Activity 1 – Identify the Main Idea

 Read the paragraph:

Paragraph A


Community clinics are important for public health. They provide basic medical care and health education. Many people visit these clinics for prevention and treatment. Nurses work closely with families in the community.

 Choose the correct main idea:

1. What is the main idea of the paragraph?
 - A) Nurses work with families
 - B) Community clinics are important for public health
 - C) People visit clinics
 - D) Clinics give education
2. Which sentence supports the main idea?
 - A) Community clinics are important for public health
 - B) Nurses work closely with families
 - C) (All sentences support it)
 - D) None
3. Which is a key word in the paragraph?
 - A) Families
 - B) Clinics
 - C) Work
 - D) Many
4. What type of information is “They provide basic medical care”?
 - A) Central
 - B) Complementary
 - C) Unrelated
 - D) Opinion


5. The paragraph is mainly about:
 - A) Hospitals
 - B) Community health services
 - C) Medical school
 - D) Emergencies
6. Which sentence gives an example?
 - A) First sentence
 - B) Second sentence
 - C) Third sentence
 - D) Fourth sentence

Activity 2 – Identify Supporting Ideas

 Read the paragraph:

Paragraph B


Health education is essential in community medicine. Students teach patients about nutrition and exercise. They also explain how to prevent common diseases. This education helps improve quality of life.

 Answer the questions:

1. What is the main idea?
 - A) Students teach patients
 - B) Health education is essential
 - C) Exercise is important
 - D) Diseases are common
2. Which are supporting ideas?
 - A) Teaching nutrition and exercise
 - B) Explaining disease prevention
 - C) Improving quality of life
 - D) All of the above
3. Which word is a key word?
 - A) Explain
 - B) Essential


- C) Education
 - D) Life
4. The sentence "They also explain how to prevent common diseases" is:
- A) Main idea
 - B) Supporting idea
 - C) Conclusion
 - D) Title
5. How many supporting ideas are in the paragraph?
- A) One
 - B) Two
 - C) Three
 - D) Four
6. What happens if we remove the last sentence?
- A) The paragraph has no idea
 - B) The paragraph still makes sense
 - C) The paragraph changes topic
 - D) The paragraph is incorrect

Activity 3 – Central vs. Complementary Information

 Read the paragraph:

Paragraph C

Nurses play a key role in community health. They visit homes and provide basic care. They monitor chronic patients and offer emotional support. Community nurses help reduce hospital visits.

 Choose the correct answer:

1. What is the central idea?
- A) Nurses visit homes
 - B) Nurses play a key role in community health
 - C) Chronic patients need care
 - D) Emotional support is important

2. Which sentence is complementary?
 - A) First
 - B) Second
 - C) Third
 - D) Second and third
3. Which are key words?
 - A) Play, help
 - B) Nurses, community, care
 - C) Visit, reduce
 - D) Role, home
4. The last sentence is an example of:
 - A) Central idea
 - B) Supporting idea
 - C) New topic
 - D) Opinion
5. What type of text is this?
 - A) Narrative
 - B) Descriptive health text
 - C) Story
 - D) Advertisement
6. The paragraph focuses on:
 - A) Hospitals
 - B) Community nursing
 - C) Emergency care
 - D) Medical technology

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