LiSTEN WiTH SPEAKAYOU

EPiSODE #6: NEW YEAR, NEW BEGiNNiNGS – SETTiNG GOALS

1 CHRONOLOGiCAL ORDER

Place these phrases in the logical order of a project or a goal.

Vocabulary: Start from scratch See it through
Get the ball rolling Look back on

1. First, you _____ (Begin).
2. Next, you _____ (Start the process/momentum).
3. Then, you work hard to _____ (Finish it completely).
4. Finally, years later, you _____ (Remember the past).

2 FiLL iN THE BLANKS

Place these phrases in the logical order of a project or a goal.

Vocabulary: the big picture, kick the habit, ring in the New Year, stick to, a clean slate

1. I want to stop biting my nails, but I can't seem to _____.
2. I know you are tired, but please try to _____ the plan for just one more week.
3. After the divorce, she felt like she had _____ and could start life again.
4. We drank champagne to _____ at the party.
5. Don't worry about the cost of the printer paper; look at _____ of the company budget.

LIVEWORKSHEETS

3 MATCH DEFINITIONS

Connect the phrase with the correct meaning.

1. Turn over a new leaf	A. To choose objectives you can actually reach.
2. Take the plunge	B. To be forgotten or stopped because of other distractions.
3. Fall by the wayside	C. To change your behavior for the better.
4. Set realistic goals	D. To correct a mistake and return to the plan.
5. Get back on track	E. To finally do something risky/scary.

4 CORRECT THE MISTAKE

Each sentence has a mistake with the vocabulary unit. Find it and fix it.

1. I want to make a new leaf this year and be kinder.

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2. We need to get the ball running on this project.

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3. I decided to do the plunge and quit my job.

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4. If you want to succeed, you must glue to your plan.

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5. My exercise routine fell by the roadside last month.

LIVEWORKSHEETS