# Unit 5 – Health
# Lesson 3

## Exercise 1: Look and write.

| | | |
|---|---|---|
| see a dentist | take some medicine | get some rest |
| take a bath | skip breakfast | stay up late |

a 

.....

b 

.....

c 

.....

d 

.....

e 

.....

f 

.....

## Exercise 2: Look, read, and circle.



a) see a dentist
b) get some rest
c) stay up late



a) get some rest
b) skip breakfast
c) stay up late



a) take a bath
b) skip breakfast
c) see a dentist



a) see a dentist
b) get some rest
c) take some medicine



a) skip breakfast
b) see a dentist
c) take a bath



a) skip breakfast
b) stay up late
c) get some rest



LIVEWORKSHEETS

# Unit 5 – Health
# Lesson 3

## Exercise 3 : Read and match.

| | |
|---|---|
| 1. see | A. some medicine |
| 2. take | B. a dentist |
| 3. get | C. up late |
| 4. stay | D. some rest |
| 5. take | E. breakfast |
| 6. skip | F. a bath |

## Exercise 4: Read and circle.

a. I have the flu. You **should** / **shouldn't** take a hot bath.

b. My sister has a headache. She **should** / **shouldn't** stay up late.

c. I have a stomachache. You **should** / **shouldn't** take some medicine.

d. I'm tired. You **should** / **shouldn't** get some rest.

e. I have a toothache. You **should** / **shouldn't** see a dentist.

f. I feel terrible. You **should** / **shouldn't** skip breakfast.

g. I have a stomachache. You **should** / **shouldn't** eat a lot of sweets.

h. My grandfather has a backache. He **should** / **shouldn't** carry heavy things.

i. I have a headache.You **should** / **shouldn't** too much TV.



LIVEWORKSHEETS

# Unit 5 – Health
# Lesson 3

**Exercise 5: Read and complete the sentences.**

a



My sister has a toothache.
She…… see a dentist.

b



My brother has a ……..
He should take some medicine.

c



Jenny has a ……
She shouldn't ……breakfast.

d



Lucy has an ……..
She ……..…….. get some rest.

e



Bella …….. sore eyes.
She …….. watch too much TV.

f



My brother has a sore throat.
He…… drink cold water.

g



Tony has a ……..
He…… go to the doctor.

h



My grandmother has a backache.
She …….. carry heavy things.



LIVEWORKSHEETS

# Unit 5 – Health
# Lesson 3

## Exercise 6: Read and fill in the blanks.

stay | she | see | feel | has | drink | shouldn't | have | eat | early

a I have a toothache. You should ..... a dentist.

b My brother..... a stomachache. He should take some medicine.

c My grandfather has a backache. He ..... carry heavy things.

d I ..... stuffed up.You should take a warm bath.

e My sister has a headache. She shouldn't ..... up late.

f Jenny has a cold. She shouldn't ..... cold water.

g I.....a toothache. You should brush your teeth after meal.

h My mother has a sore throat. ..... should drink warm water.

i My father is tired. He should go to bed ..... .

j Lisa has a stomach ache. She shouldn't ..... a lot of sweets.

## Exercise 7: Circle the odd one out.

| | | | | |
|---|---|---|---|---|
| a | toothache | headache | backache | dentist |
| b | doctor | dentist | breakfast | nurse |
| c | he | she | they | should |
| d | sleepy | drink | sick | weak |
| e | play | eat | brush | terrible |
| f | library | school | hospital | football |

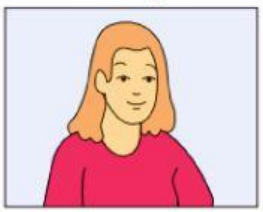


LIVEWORKSHEETS

**Exercise 8: Read the story. Choose a word from the box. Write the correct word next to numbers 1–5. There is one example.**

Last Wednesday, when Mary woke up, she had a stomach-ache. Her **mother** called the doctor. She said, "Mary is ill, she can't go out." So, Mary didn't go to (1) ……. Mary was very (2) …… because she didn't want to go to school. She sat on the sofa and started watching TV. After she watched three films, she went into her bedroom. She had nothing to do. She wanted someone to (3) ……to. All her friends and her brother, Peter, were at school. "This is boring," she thought. The next day her mother asked, "Have you got a stomach-ache again?" Mary said, "No, I'm fine." She didn't want to be at …… **(4)** . She wanted to go to school to **(5)** …… her friends

***Example***



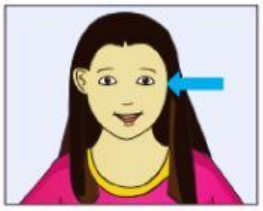
mother



home



dance



see



happy



brother



school



talk



sad

**(6) Now choose the best name for the story.**
**Tick one box.**

Mary's day at home ☐

Mary goes to school ☐

Mary watches TV ☐



LIVEWORKSHEETS

## Exercise 9: Reorder the words to make the correct sentence.

| | |
|---|---|
| 1 | should / You / take / medicine./ some / |
| 2 | She / stay / shouldn't / up / late./ |
| 3 | My / has / sister / a / headache./ |
| 4 | do / How / you / feel?/ - / I / sick. / feel / |
| 5 | wrong?/ What's / - / have / I / a / toothache./ |
| 6 | My / has / brother / a / stomachache./ |
| 7 | should / He / take / a / hot / bath./ |
| 8 | have / I / a /stomachache./ - /should/ You / take /medicine./ |
| 9 | feels / He / terrible./ - / He /shouldn't / breakfast./ skip/ |
| 10 | My / has / sister / a toothache./- / She / see / should / a / dentist./ |
| 11 | should / You / do / exercise / everyday./ |
| 12 | backache./ My / grandpa / has / a / |
| 13 | My / should / father / some / get / rest./ |
| 14 | My / brother / an / has / earache./ |
| 15 | I / the / have / flu./ |



LIVEWORKSHEETS