Lesson 1C

HOW TO ... | encourage people
VOCABULARY | feelings
PRONUNCIATION | stress in short phrases

VOCABULARY

feelings

1 A Match the statements (1–8) with the feelings in the box.

afraid	confident	interested	lonely
pleased	positive	stressed	unhappy

1 I'm sure I can pass my driving test. I've had a lot of practice.
2 Bad things happen sometimes, but mostly things go well!
3 I don't like high places. I don't want to fall!
4 They offered me the job!
5 Moving to a new city is hard. I don't have anyone to talk to.
6 It's 4 p.m. and I have a lot of work to finish before I can go home.
7 The food arrived late and it wasn't what I ordered!
8 You lived in Mozambique? Wow, tell me all about it!

B Choose the correct word or phrase to complete the sentences.

1 I'm sorry you're **afraid** / **pleased** / **unhappy** with the room in your hotel.
2 Are you feeling **confident** / **interested** / **lonely** about your exam?
3 I'd like to try a dangerous sport, but I'm too **afraid** / **positive** / **stressed**!
4 I feel very **interested** / **lonely** / **positive** when I live on my own and no one comes to visit me.
5 I'm really **interested** / **pleased** / **positive** in learning more about these trees.
6 Eddie looks tired and **confident** / **pleased** / **stressed** today.

PRONUNCIATION

2 1.05 | stress in short phrases | Listen to the phrases and choose the word with the main stress (a or b).

1 It's fine, really.
a fine **b** really
2 You can do it!
a can **b** do
3 It looks great!
a looks **b** great
4 That's all right.
a all **b** right
5 What do you think?
a you **b** think
6 I know what you mean.
a what **b** mean

How to ...

encourage people

3 A 1.06 | Listen to the conversations (1–4). Are the statements True (T) or False (F)?

1 Someone is making some changes to their home.
2 Someone is running and wants to stop.
3 Someone didn't go to a meeting and is pleased about it.
4 A student wants to give a talk alone.

B 1.06 | Choose the correct words or phrases to complete the sentences. Then listen again and check.

1 Wow! It **looks** / **watches** great! **Kind** / **Nice** colour.
2 Well **do** / **done**! It's not an easy room to paint.
3 Just a few more minutes. You can do **it** / **them**.
4 You can! Go **on** / **off**! Keep running!
5 That's **all right** / **wrong**. I thought it was probably a bus problem.
6 **Don't** / **Not** worry. It's fine **really** / **very**. Just get a coffee and relax.
7 Not everyone likes giving presentations. I **understand** / **'m understanding**.
8 **That's** / **What's** a great idea! Yes, that's fine.

SPEAKING

4 A Complete the conversation with the words in the box.

mean	that's	think	well	worry	you'll

A: My cousin wants me to introduce her and her new husband at their wedding dinner, but I've never talked in front of a lot of people before.
B: I know what you [1] _____. It's scary.
A: And my brother doesn't think I can do it.
B: Oh no! It's not important what he thinks. What do you [2] _____?
A: I think I can do it.
B: Then don't [3] _____. Give the introduction.
A: Can I practise with you now?
B: Yes, [4] _____ a good idea!
A: OK, here goes ... Ladies and Gentlemen, your attention, please. Please stand for the bride and groom, Mr and Mrs Brooks!
B: Oh, [5] _____ done! That was great! Very clear and confident.
A: Thanks! So, shall I tell my cousin I can do it?
B: Yes, [6] _____ be great!

B 1.07 | Listen and check.

C 1.08 | You are B in Ex 4A. Listen and speak after the beep. Record the conversation if you can.

D Listen to your recording and compare it to Ex 4B.

Speak anywhere Go to the interactive speaking practice
LIVEWORKSHEETS