

LISTEN WITH SPEAKAYOU

EPISODE #5: MAKING THE MOST OF YOUR FREE TIME

1 ACTIVE VS. PASSIVE

Sort the vocabulary into two lists based on the context. (Note: Some might fit both, but choose the best fit).

Vocabulary: Blow off steam, Idle away, Unwind,
Recharge batteries, Pursue a passion, Switch off.

High Energy / Active / Focus:	Low Energy / Relaxing / Doing nothing:

2 FILL IN THE BLANKS

Complete the sentences using the correct vocabulary unit. (Watch your verb tenses!)

Vocabulary: get hooked on, let your hair down, take up, dabble in, recharge my batteries

- I used to play football professionally, but now I just _____ it on weekends. (Hint: casual/not serious)
- After the project is finished, I need to go on holiday to _____.
- Why don't you _____ French? You have always wanted to learn a language. (Hint: start)
- I am _____ this new Netflix series; I can't stop watching it!
- Don't worry about the meeting. Just come to the party and _____.

3 MATCH DEFINITIONS

Connect the phrase with the correct meaning.

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| 1. Me time | A. Time when you are not working. |
| 2. Have a go at | B. To be very enthusiastic about something. |
| 3. Really into | C. To try something. |
| 4. Spare time | D. Time alone to do what you want. |
| 5. Catch up on | E. To do something you are behind schedule on. |

4 FIND THE MISTAKE

There is a small error in each sentence (usually a preposition or verb choice).
Correct it.

1. I need to go to the gym to blow off some smoke.

2. I decided to make up piano lessons next month.

3. I spent the whole Sunday idling off the hours.

4. She is really onto Korean pop music these days.

5. I need to switch out and stop thinking about work.
