

WB 11.16 Exercise 1. Choose a or b

A



B



1



2



2. Listen again.

Match the advice to the health problems in Exercise 1.

Write 1, 2, or 3.

He/She should

- not do any sports
- eat fruit and vegetables
- not watch TV late
- go to hospital
- not walk
- take a rest
- sleep early
- drink more
- Not take medicine
- Not use the computer late

