

SPEAKING: Giving instructions

1. Listen to the dialogue. Complete the dialogue with the words in the box.

Mark So, is this my bike?
 Amy Yes, it is. And here's your safety vest.
 Mark A safety vest? Really?
 Amy Yes! And make sure that you ¹
 it when you're on your bike. Every time.
 Mark OK. Can you check my helmet? It feels too
²
 Amy Let's see. Yes, it's fine. It needs to be secure.
 It's important to protect your ³
 Mark You won't go too ⁴ ?
 Amy Don't worry. We'll go ⁵ Try not
 to be nervous or you won't enjoy it.
 Mark OK.
 Amy Just remember to stay with the group.
 You'll be fine if you follow my instructions.
 Are we ready?
 Mark Yes.
 Amy Let's go, then. ⁶ me.

fast follow head slowly
 small wear



2. Read the Key phrases. Cover the dialogue and complete them with one word.

KEY PHRASES

Giving instructions and safety information

It's ¹ to ...

I / You / It need(s) ²

Make ³ that ...

Don't ⁴

Try (not) ⁵

Remember ⁶

You'll be fine ⁷

3. Put the dialogue in the correct order.

- A You'll be fine if you follow me.
- A Let's see. It's fine. Your helmet needs to be secure. OK, are you ready?
- A It's important to check your equipment first, Becky. Is your helmet OK?
- A Don't worry. Just go slowly and remember to relax and use your legs.
- B Erm, yes, I think so. I'm nervous.
- B That's a very big rock! What if I fall?
- B It isn't very comfortable. It feels very small.