

## 2. ÜNİTE

A) Write the names of the sports under the pictures.

skating – wrestling – paragliding – archery – cycling – diving – ice hockey – jogging – boxing - snowboarding



B) Read the text and answer the questions

### Healthy Life Festival

Today is a very special day in our city. It is the "Healthy Life Festival". Everyone wants to be fit and healthy.

There are many activities in the park. Some people like individual sports. For example, young people go cycling on the track. They always wear a helmet for safety. Some people prefer jogging or hiking in nature. They breathe fresh air.

There is a big tournament. Two teams play volleyball. The spectators sit and watch the match. They are very excited. They cheer and applaud for their favorite players.

The athletes are very ambitious. Every player wants to win and get the gold medal. The coach shouts instructions to the team. They try to score a point. Sometimes they lose, sometimes they win, or sometimes it is a draw. But the most important thing is to compete and have fun.

1. What is the name of the festival?

\_\_\_\_\_.

2. What do they wear for safety when they go cycling?

\_\_\_\_\_.

3. What do they play in the arena?

\_\_\_\_\_.

4. What is the most important thing in the festival?

\_\_\_\_\_.

C) Write the names of the sports as the title of the paragraphs.

VOLLEYBALL - WRESTLING – CYCLING – BASKETBALL – ARCHERY - GOLF

1

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This is an outdoor and individual sport. Players hit a small ball across a large green field and try to send it into special holes in the ground. They usually use long sticks with different shapes. This sport requires concentration and patience.

2

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This is an indoor and individual sport that requires a lot of strength. Two people try to beat and control each other using their bodies. There is no ball or equipment except a special mat on the floor. It is a traditional sport in many countries.

3

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This is an outdoor and individual activity. People move fast on two wheels and need a helmet for safety. It is a healthy activity that improves balance and leg muscles. You can see many people doing it on roads or bike paths.

4

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This is both an indoor and outdoor team sport. Players throw a round ball into a high basket. Each team has 5 players. It requires teamwork, good jumping skills, and quick movements. The players need special shoes and a large rectangular court.

5

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This is an outdoor and individual sport. A person uses a bow to shoot long, thin arrows at a target. It requires focus, good eyesight, and steady hands. Competitors stand on a field and try to score points by hitting the center.

6

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This is a team sport usually played indoors. Players hit a light ball over a high net using their hands and arms. It requires teamwork, communication, and quick reactions. The court is divided into two sides, and no one is allowed to catch the ball.

D) Write sentences according to the information in the table as in the example.

| HOW OFTEN DOES TOM DO SPORTS? |       |         |           |              |
|-------------------------------|-------|---------|-----------|--------------|
|                               | never | usually | sometimes | twice a week |
| play football                 | +     |         |           |              |
| do archery                    |       | +       |           |              |
| go cycling                    |       |         | +         |              |
| do karate                     |       |         |           | +            |

Example: Tom never plays football.

1. \_\_\_\_\_.
2. \_\_\_\_\_.
3. \_\_\_\_\_.