

NAME: _____

PODCAST: FIVE THINGS THAT MAKE WORK MEANINGFUL

1. According to the discussion, what is the ultimate result of finding a balance between the five key elements of a job?

- A) Earning the highest possible salary in your field.
- B) Transforming a job from a basic task into a life purpose.
- C) Being able to complete your daily tasks much faster.
- D) Becoming an expert researcher on workplace happiness.

2. Why is working in animal rescue or as a veterinarian used as an example of "passion"?

- A) Because these jobs are usually easier than working with people.
- B) Because the person has a genuine concern and interest in the work from the beginning.
- C) Because it is a job that allows you to work outdoors.
- D) Because it is the most popular career choice today.

3. What specific internal changes happen when a person uses their natural talents, such as the ability to explain complex ideas?

- A) They no longer feel the need to cooperate with a team.
- B) They feel a significant increase in both their self-assurance and their desire to succeed.
- C) They can finish their work without putting in any real effort.
- D) They are guaranteed to receive a promotion very quickly.

4. In the example of the baker, what specifically creates the feeling of "satisfaction" at the end of the day?

- A) The physical exhaustion that comes from working in a hot kitchen.
- B) The knowledge that their hard work is recognized and valued by others.
- C) Being the only person in the neighborhood who knows how to bake.
- D) Using only the most expensive ingredients to make their products.

5. What do roles like cleaners, drivers, and nurses have in common regarding "contribution to society"?

- A) They are roles that help maintain the essential functions of everyday life.
- B) They are the only jobs that are considered "truly" meaningful by researchers.
- C) They require the exact same set of skills and training.
- D) They are jobs that involve very little interaction with other people.

6. According to the source, how does a programmer demonstrate "growth" throughout their career?

- A) By staying in the same position for many years to gain stability.
- B) By progressing from simple tasks to more difficult and layered projects.
- C) By deciding to leave the technology industry to try something new.
- D) By learning how to complete their work with fewer tools.

7. What is the "sweet spot" that the speakers mention near the end of the conversation?

- A) A job that focuses entirely on the one element you are best at.
- B) The intersection where all five elements are present at the same time.
- C) Finding a workplace that offers free food and high pay.
- D) The moment you decide to stop learning and just enjoy your job.

8. What is the final recommendation for a student or worker who wants to start their journey toward meaningful work?

- A) To pick the job that offers the most growth opportunities immediately.
- B) To find which of the five elements is the most available or easiest to reach in their current situation.
- C) To wait until they are older before worrying about these five elements.
- D) To ignore their skills and focus only on what they are passionate about.