

**B1** Progress test 4B Units 10–12**Navigate**

1 ▷ Listen to a woman talking about her work with an environmental organization. For sentences 1–5, decide if the statement is true (T) or false (F).

- 1 Vanya first became involved with the ZSE when she was a high-school student. \_\_\_\_\_
- 2 Vanya studied environmental science at university. \_\_\_\_\_
- 3 Africa is the continent Vanya prefers working on. \_\_\_\_\_
- 4 Vanya is keen to work with animals in the cat family. \_\_\_\_\_
- 5 Vanya developed a special relationship with a monkey during her time in Africa. \_\_\_\_\_

2 points for each correct answer

10

▷ Listen again. For questions 6–10, complete the sentences. Use one word in each space.

- 6 In the rainforest, Vanya collected information on one kind of \_\_\_\_\_.
- 7 Vanya has worked for the ZSE for more than \_\_\_\_\_ years.
- 8 As far as her changing her career goes, Vanya says she has no \_\_\_\_\_.
- 9 The name of the elephant 'Malkia' means \_\_\_\_\_.
- 10 Vanya says she would be happy to work in \_\_\_\_\_ one day.

2 points for each correct answer

10

2 Complete the text. Use one word in each space.

**Apple Inc**

The Apple logo is one of the best-known logos around today. The Apple company was <sup>1</sup> \_\_\_\_\_ up in 1976 by Steve Jobs, Steve Wozniak and Ronald Wayne to sell the Apple 1 personal computer. Both Jobs and Wozniak worked there for a long period of time, though Wozniak hasn't worked with the company as an active employee <sup>2</sup> \_\_\_\_\_ many years now. He <sup>3</sup> \_\_\_\_\_ up this role in 1987 and left <sup>4</sup> \_\_\_\_\_ do other things.

Nowadays, we know the company is a very successful one, but this wasn't always the case. During the 1990s, some bad decisions were made and a lot of money <sup>5</sup> \_\_\_\_\_ lost. Things changed for the better in 2001, when the first Apple stores opened in Virginia and California, and the iPod went on sale. Within a decade, other products such as the iPhone and iPad followed, and now millions of people all over the world enjoy <sup>6</sup> \_\_\_\_\_ this technology to keep up to <sup>7</sup> \_\_\_\_\_ with the news or to send messages to friends and family. In fact, many of us don't remember a time when <sup>8</sup> \_\_\_\_\_ used to get the news only by watching TV or from the radio.

Apple's head office is in Cupertino, California and there are plans for a new 'spaceship' building nearby which will be ready <sup>9</sup> \_\_\_\_\_ a few years' time. There are also offices in Ireland, but many of the factories <sup>10</sup> \_\_\_\_\_ Apple products are made are in China.

2 points for each correct answer

20

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**3 Read the text. Decide if the sentences are true (T) or false (F). If there is no information about this, choose 'not given' (NG).**

**Umami: the fifth taste**

When we were young, many of us learnt that there are four basic tastes; sweet, sour, salty and bitter. However, scientists now say there is a fifth taste: umami.

Umami, which has been enjoyed by Eastern countries for centuries, was recently brought to people's attention in the West by scientists at the University of Miami in the US. The word 'umami' is new to many people, but not to the Japanese, who've used it since the early 1900s to describe the fifth taste. So, what exactly is the umami taste? Well, there's no word in English which means the same, and it's often described as a savoury or meaty taste.

Recognizing the umami taste takes practice; it's not as obvious as the other tastes. For example, when eating a homemade chicken soup made without salt or pepper, most people would find it too plain. Adding a small amount of something called 'monosodium glutamate' to that same soup gives it the umami taste and would probably lead you to say that the soup now tastes more like chicken soup than it did before. It's not as simple as making something more salty, as salt alone can do that. Instead, the umami taste is one of richness and fullness. Basically, it just makes the food taste more delicious.

Asian cooks began adding seaweed – a type of plant from the sea – to soups over 1,200 years ago. They'd discovered that foods cooked with seaweed simply tasted better. They didn't know, however, that the reason for this improved flavour was actually the high levels of glutamate which exist naturally in the seaweed.

Eventually, in 1908, a Japanese scientist made the connection between glutamate and seaweed. He then studied the various kinds of glutamate, trying to find one that gave the umami taste, and that could also be produced in factories. He found that the sodium salt form, called monosodium glutamate, was exactly what

he was looking for. It provided umami, and it was easy for cooks to use and store. Monosodium glutamate, usually called 'MSG', was first produced in Japan in 1909. Since then, it has been used by food producers and home cooks to improve the flavour of a wide variety of dishes.

So, which foods naturally contain glutamate? Well, meats, cheese and other high-protein foods have a lot of glutamate. In some, the amount of glutamate they contain, and their flavour, increases as they get older. For example, old cheese has more glutamate than young cheese and this also happens with some vegetables, like tomatoes. This is why a red tomato tastes much better than a green one. Think about that the next time you make a sandwich or a salad!

- 1 Scientists in the US were the first to discover there was a fifth taste. \_\_\_\_\_
- 2 It is easy to know when you are eating something with the umami taste. \_\_\_\_\_
- 3 The food that benefits most from adding extra flavour is rice. \_\_\_\_\_
- 4 Asian cooks have only recently started using seaweed in their dishes. \_\_\_\_\_
- 5 A scientist from Japan discovered which glutamate gave the umami taste. \_\_\_\_\_

2 points for each correct answer

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**For questions 6–10, complete the summary with a word from the reading passage. Use one word in each space.**

The <sup>6</sup> \_\_\_\_\_ have used the word 'umami' to describe the fifth taste for over a hundred years. It's hard to explain what exactly the umami taste is, but without it many of our foods would not taste quite as <sup>7</sup> \_\_\_\_\_. Foods which have a lot of protein, like meat and <sup>8</sup> \_\_\_\_\_, usually have a lot of glutamate. In some foods, the amount of glutamate in the product changes when they are <sup>9</sup> \_\_\_\_\_. This happens with vegetables such as <sup>10</sup> \_\_\_\_\_, which is why they have much more flavour when they are bright red.

2 points for each correct answer

10

Name \_\_\_\_\_

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4 Imagine you work for a company that is advertising a sales management job. You have received this CV from Alexandra. Complete the gaps in her CV with the correct word or phrase.

### Curriculum Vitae

Alexandra Kournikova

Personal

Nationality: Russian

Date of Birth: 23 April 1989

Email Address: a.kournikova@mymail.ru

1 \_\_\_\_\_

2007–2010: Bachelor of Arts in Business Management

2010–2011: Certificate in Sales and Marketing

2 \_\_\_\_\_

3 2011–2013: Assistant Sales Manager, Computer World

Managed team of 25 staff, developed new sales and marketing plan to improve business, prepare weekly sales reports for Head Office

4 2013–present: Store Manager, Computer World

Interviewed and trained new members of staff, improved shop sales by 25%, regular attendance at sales conferences

5 \_\_\_\_\_

Fluent in Russian and English, intermediate-level German

Good knowledge of IT and latest software systems

6 \_\_\_\_\_

7 Cycling, Tennis, Photography, Music

8 \_\_\_\_\_

9 Available on request

5 The following message needs five apostrophes. Read the message and decide where the apostrophes should go. Put an insert mark (A) in those places.

Hi, Karl. Sorry that I couldnt wait to see you earlier today. I was in a hurry because it was my turn to pick the kids up from school. Anyway, lets meet at my friends shop at 8 this evening – you remember Helen and Tom from our wedding, Im sure. Maria and I will be there just before 8. Call me if you think youll be late. Thanks.

2 points for each correct answer

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**B1 Progress test 4B Units 10–12****SPEAKING****Student A**

**6 You are having a meal at a restaurant and you are not happy with it. Tell the waitress what the problem is.**

- Call the waitress and tell her you have a problem.
- Explain what the problem with your meal is.
- Tell the waitress what you want her to do.

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Name \_\_\_\_\_

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## B1 Progress test 4B Units 10–12

### SPEAKING

#### Student B

6 You are a waitress at a restaurant. A customer is not happy with his meal. Student A will start the conversation.

- Find out what the problem is.
- Apologize to the customer.
- Offer to bring the customer another meal.

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