


Eat healthy

Track:

2 Listen and write. Sing.  78

eating vegetables sweet Fruit energy If vitamins will



Start eating healthily

Eat lots of ¹ vegetables.
Fill up your plate.
² _____ you eat healthily,
You ³ _____ feel great.

Chorus:
Food gives you ⁴ _____.
For work and play.
Start ⁵ _____ healthily.
Try it today!

⁶ _____ is delicious, so
Juicy and ⁷ _____.
It's full of ⁸ _____.
And good to eat.