



THROW



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LIVE WORKSHEETS



English for children

Listen and repeat

No.	Presente (I, you, we, they)	Presente (He, She, It)	Presente Continuo	Pasado	Participio	Traducción
1	accept	accepts	accepting	accepted	accepted	aceptar
2	achieve	achieves	achieving	achieved	achieved	lograr
3	allow	allows	allowing	allowed	allowed	permitir
4	am/are	is	being	was/were	been	ser/estar
5	answer	answers	answering	answered	answered	contestar
6	appear	appears	appearing	appeared	appeared	aparecer
7	argue	argues	arguing	argued	argued	discutir
8	arise	arises	arising	arose	arisen	surgir
9	arrive	arrives	arriving	arrived	arrived	llegar
10	ask	asks	asking	asked	asked	preguntar
11	awake	awakes	awaking	awoke	awaken	despertar
12	bake	bakes	baking	baked	baked	hornear
13	bear	bears	bearing	bore	born	soportar
14	beat	beats	beating	beat	beaten	golpear
15	become	becomes	becoming	became	become	convertirse
16	begin	begins	beginning	began	begun	comenzar
17	believe	believes	believing	belived	belived	creer
18	bend	bends	bending	bent	bent	doblar
19	bet	bets	betting	bet	bet	apostar
20	bid	bids	bidding	bid/bade	bid/bidden	pujar
21	bind	binds	binding	bound	bound	atar
22	bite	bites	biting	bit	bitten	morder
23	bleed	bleeds	bleeding	bled	bled	sangrar
24	blow	blows	blowing	blew	blown	soplar
25	boil	boils	boiling	boiled	boiled	hervir
26	bother	bothers	bothering	bothered	bothered	molestar
27	break	breaks	breaking	broke	broken	romper
28	breed	breeds	breeding	bred	breed	criar
29	bring	brings	bringing	brought	brought	traer
30	broadcast	broadcasts	broadcasting	broadcasted	broadcasted	transmitir

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Listen and repeat

No.	Presente (I, you, we, they)	Presente (He, She, It)	Presente Continuo	Pasado	Participio	Traducción
31	build	builds	building	built	built	construir
32	burn	burns	burning	burned / burnt	burned / burnt	quemar
33	burst	bursts	bursting	burst	burst	estallar
34	buy	buys	buying	bought	bought	comprar
35	call	calls	calling	called	called	llamar
36	carry	carries	carrying	carried	carried	llevar
37	cast	casts	casting	cast	cast	lanzar
38	catch	catches	catching	caught	caught	atrapar
39	Change	Changes	Changing	Changed	Changed	cambiar
40	Charge	Charges	Charging	Charged	Charged	cargar
41	Check	Checks	Checking	Checked	Checked	chechar
42	choose	chooses	choosing	chose	chosen	elegir
43	chop	chops	chopping	chopped	chopped	cortar
44	clean	cleans	cleaning	cleaned	cleaned	limpiar
45	Climb	Climbs	Climbing	Climbed	Climbed	escalar
46	cling	clings	clinging	clung	clung	aferrarse
47	Close	Closes	Closing	Closed	Closed	cerrar
48	come	comes	coming	came	came	venir
49	cook	cooks	cooking	cooked	cooked	cocinar
50	cost	costs	costing	cost	cost	costar
51	creep	creeps	creeping	crept	crept	arrastrarse
52	Cry	Cries	Crying	Cried	Cried	llorar
53	cut	cuts	cutting	cut	cut	cortar
54	dance	dances	dancing	danced	danced	bailar
55	dare	dares	daring	dared	dared	atreverse/retar
56	deal	deals	dealing	dealt	dealt	tratar, negociar
57	deserve	deserves	deserving	deserved	deserved	merecer
58	die	dies	dying	died	died	morir
59	dig	digs	digging	dug	dug	cavar
60	discover	discovers	discovering	discovered	discovered	descubrir

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No.	Presente (I, you, we, they)	Presente (He, She, It)	Presente Continuo	Pasado	Participio	Traducción
60	discover	discovers	discovering	discovered	discovered	descubrir
61	dive	dives	diving	dove	dived	bucear
62	do	does	doing	did	done	hacer
63	draw	draws	drawing	drew	drawn	dibujar, extraer
64	dream	dreams	dreaming	dreamed/dreamt	dreamed/dreamt	soñar
65	drink	drinks	drinking	drank	drunk	beber
66	drive	drives	driving	drove	driven	conducir
67	dust	dusts	dusting	dusted	dust	sacudir
68	eat	eats	eating	ate	eaten	comer
69	enjoy	enjoys	enjoying	enjoyed	enjoyed	disfrutar
70	escape	escapes	escaping	escaped	escaped	escapar
71	explain	explains	explaining	explained	explained	explicar
72	fall	falls	falling	fell	fallen	caer
73	feed	feeds	feeding	fed	fed	alimentar
74	feel	feels	feeling	felt	felt	sentir
75	fight	fights	fighting	fought	fought	pelear
76	fill	fills	filling	filled	filled	llenar
77	find	finds	finding	found	found	encontrar
78	finish	finishes	finishing	finished	finished	terminar
79	fire	fires	firing	-fired	-fired	disparar
80	fit	fits	fitting	fitted	fitted	encajar, quedar
81	fix	fixes	fixing	fixed	fixed	reparar
82	flee	flees	fleeing	fled	flee	huir
83	fling	flings	flinging	flung	fling	lanzar, arrojar
84	fly	flies	flying	flew	fly	volar
85	fold	folds	folding	folded	fold	doblar
86	follow	follows	following	followed	followed	seguir
87	forbid	forbids	forbidding	forbade	forbidden	prohibir
88	forget	forgets	forgetting	forgot	forgotten	olvidar
89	forgive	forgives	forgiving	forgave	forgiven	perdonar
90	forsake	forsakes	forsaking	forsook	forsake	abandonar

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No.	Presente (I, you, we, they)	Presente (He, She, It)	Presente Continuo	Pasado	Participio	Traducción
91	freeze	freezes	freezing	froze	frozen	congelar
92	frighten	frightens	frightening	frightened	frightened	asustar
93	fry	fries	frying	fried	fry	freír
94	get	gets	getting	got	get	obtener
95	give	gives	giving	gave	given	dar
96	go	goes	going	went	gone	ir
97	grate	grates	grating	grated	grated	rallar
98	grind	grinds	grinding	ground	ground	moler
99	grow	grows	growing	grew	grown	crecer
100	hang	hangs	hanging	hung	hung	colgar
101	hate	hates	rarely used	hated	hated	odiuar
102	have	has	having	had	had	tener
103	hear	hears	hearing	heard	heard	oír
104	help	helps	helping	helped	helped	ayudar
105	hide	hides	hiding	hid	hidden	esconder
106	hit	hits	hitting	hit	hit	golpear
107	hold	holds	holding	held	held	sostener
108	hurt	hurts	hurting	hurt	hurt	herir
109	introduce	introduces	introducing	introduced	introduced	presentar
110	invite	invites	inviting	invited	invited	invitar
111	iron	irons	ironing	ironed	iron	planchar
112	join	joins	joining	joined	joined	unir
113	judge	judges	judging	judged	judged	juzgar
114	jump	jumps	jumping	jumped	jumped	saltar
115	keep	keeps	keeping	kept	kept	mantener
116	kill	kills	killing	killed	killed	matar
117	kneel	kneels	kneeling	knelt	knelt	arrodiarse
118	knit	knits	knitting	knit	knitted	tejer
119	knock	knocks	knocking	knocked	knocked	tocar
120	know	knows	knowing	knew	known	saber

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Listen and repeat

No.	Presente (I, you, we, they)	Presente (He, She, It)	Presente Continuo	Pasado	Participio	Traducción
121	laugh	laughs	laughing	laughed	laughed	reir
122	lay	lays	laying	laid	laid	poner
123	lead	leads	leading	led	led	líderar
124	lean	lean	leaning	leaned	leaned	inclinarse
125	leap	leaps	leaping	leapt	leapt	saltar
126	learn	learns	learning	learned	learned/ learnt	aprender
127	leave	leaves	leaving	left	left	salir
128	lend	lends	lending	lent	lent	prestar
129	let	lets	letting	let	let	dejar
130	lie	lies	lying	lied	lied	mentir
131	lie down	lies down	laying down	lay down	lain down	recostarse
132	lift	lifts	lifting	lifted	lifted	levantar
133	light	lights	lighting	lit/lighted	lit/lighted	encender
134	like	likes	rarely used	liked	liked	gustar
135	listen	listens	listening	listened	listened	escuchar
136	live	lives	living	lived	lived	vivir
137	look	looks	looking	looked	looked	mirar
138	lose	loses	losing	lost	lost	perder
139	love	loves	loving	loved	loved	amar
140	make	makes	making	made	made	hacer
141	make (the bed)	makes (the bed)	making (the bed)	made (the bed)	made (the bed)	hacer (la cama)
142	marry	marries	marrying	married	married	casar
143	mean	means	meaning	meant	meant	significar
144	meet	meets	meeting	met	met	conocer
145	miss	misses	missing	missed	missed	extrañar/perd
146	mix	mixes	mixing	mixed	mixed	mezclar
147	mop	mops	mopping	mopped	mopped	trapear
148	move	moves	moving	moved	moved	mover
149	need	needs	rarely used	needed	needed	necesar
150	notice	notices	noticing	noticed	noticed	darse cuenta

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English for children

Listen and repeat

No.	Presente (I, you, we, they)	Presente (He, She, It)	Presente Continuo	Pasado	Participio	Traducción
151	observe	observes	observing	observed	observed	observar
152	obtain	obtains	obtaining	obtained	obtained	obtener
153	offer	offers	offering	offered	offered	ofrecer
154	open	opens	opening	opened	opened	abrir
155	order	orders	ordering	ordered	ordered	ordenar
156	organize	organizes	organizing	organized	organized	organizar
157	overcome	overcomes	overcoming	overcame	overcome	superar
158	owe	owes	never used	owed	owed	deber
159	pack	packs	packing	packed	packed	empacar
160	paint	paints	painting	painted	painted	pintar
161	park	parks	parking	parked	parked	estacionar
162	participate	participates	participating	participated	participated	participar
163	pass	passes	pass	passed	passed	pasar
164	pay	pays	paying	paid	paid	pagar
165	pay	pay	pays	paid	paid	pagar
166	peel	peels	peeling	peeled	peeled	pelar
167	pick	picks	picking	picked	picked	levantar
168	play	plays	playing	played	played	jugar
169	plead	pleads	pleading	pleaded	pleaded	suplicar
170	pour	pours	pouring	poured	poured	verter
171	practice	practices	practicing	practiced	practiced	practicar
172	prefer	prefers	preferring	preferred	preferred	preferir
173	prepare	prepares	preparing	prepared	prepared	preparar
174	present	presents	presenting	presented	presented	presentar
175	print	prints	printing	printed	printed	imprimir
176	promise	promises	promising	promised	promised	prometer
177	prove	proves	proving	proved/ proven	proved/ proven	probar
178	pull	pulls	pulling	pulled	pulled	jalar
179	push	pushes	pushing	pushed	pushed	empujar
180	put	puts	putting	put	put	poner

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No.	Presente (I, you, we, they)	Presente (He, She, It)	Presente Continuo	Pasado	Participio	Traducción
181	quit	quits	quitting	quit	quit	renunciar
182	read	reads	reading	read	read	leer
183	receive	receives	receiving	received	received	recibir
184	recognize	recognizes	recognizing	recognized	recognized	reconocer
185	remember	remembers	remembering	remembered	remembered	recordar
186	remind	reminds	reminding	reminded	reminded	recordar
187	remove	removes	removing	removed	removed	eliminar
188	repeat	repeats	repeating	repeated	repeated	repetir
189	return	returns	returning	returned	returned	devolver
190	rid	rids	ridding	rid	rid	deshacerse
191	ride	rides	riding	rode	ridden	montar
192	ride	rides	riding	rode	ridden	montar/cabalgar
193	ring	rings	ringing	rang	rung	sonar
194	ring	rings	ringing	rang	rung	timbrar
195	rise	rises	rising	rose	risen	levantarse
196	run	runs	running	ran	run	correr
197	save	saves	saving	saved	saved	salvar
198	saw	saws	sawing	sawed	sawn/swed	serrar
199	say	says	saying	said	said	decir
200	see	sees	seeing	saw	seen	ver
201	seek	seeks	seeking	sought	sought	buscar
202	sell	sells	selling	sold	sold	vender
203	send	sends	sending	sent	sent	enviar
204	set	sets	setting	set	set	poner/establecer
205	set	sets	setting	set (the table)	set (the table)	poner la mesa
206	settle	settles	settling	settled	settled	instalar/saldar
207	shake	shakes	shaking	shook	shaken	sacudir
208	share	shares	sharing	shared	shared	compartir
209	shave	shaves	shaving	shaved	shaven	afeitar
210	shed	sheds	shedding	shed	shed	derramar/ perder

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No.	Presente (I, you, we, they)	Presente (He, She, It)	Presente Continuo	Pasado	Participio	Traducción
211	shine	shines	shining	shone/shined	shone/shined	brillar
212	shoot	shoots	shooting	shot	shot	disparar
213	show	shows	showing	showed	showed/ shown	mostrar
214	shrink	shrinks	shrinking	shrank	shrunk	encoger
215	shut	shuts	shutting	shut	shut	cerrar
216	sign	sign	sign	signed	signed	firmar
217	sing	sings	singing	sang	sung	cantar
218	sink	sinks	sinking	sank	sunk	hundir
219	sit	sits	sitting	sat	sat	sentar
220	sleep	sleeps	sleeping	slept	slept	dormir
221	slice	slices	slicing	sliced	slice	cortar (en rebanadas)
222	slide	slides	sliding	slid	slid	deslizar
223	sling	slings	slinging	slung	slung	lanzar (con fuerza)
224	slip	slips	slipping	slipped	slipped	resbalar
225	smile	smiles	smiling	smiled	smiled	sonreir
226	sneak	sneaks	sneaking	sneaked/ snuck	sneaked/ snuck	escabullirse
227	sow	sows	sowing	sowed	sowed	sembrar
228	speak	speaks	speaking	spoke	spoken	hablar
229	speed	speeds	speeding	sped	sped	acelerar
230	spell	spells	spelling	spelled	spelled	deletrear
231	spend	spends	spending	spent	spent	gastar
232	spill	spills	spilling	spilled	spilled	derramar
233	spin	spins	spinning	spun	spun	girar
234	spit	spits	spitting	spat	spat	escupir
235	split	splits	splitting	split	split	dividir
236	spoil	spoils	spoiling	spoiled	spoiled	estropear
237	spread	spreads	spreading	spread	spread	extender
238	spring	springs	springing	sprang	sprang	saltar
239	stand	stands	standing	stood	stood	estar de pie
240	start	starts	starting	started	started	iniciar

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No.	Presente (I, you, we, they)	Presente (He, She, It)	Presente Continuo	Pasado	Participio	Traducción
241	stay	stays	staying	stayed	stayed	permacer
242	steal	steals	stealing	stole	stolen	robar
243	stick	sticks	sticking	stuck	stuck	pegar
244	stick	sticks	sticking	stuck	stik	pegar
245	sting	stings	stinging	stung	stung	picar (insecto)
246	stink	stinks	stinking	stank	stank	apestar
247	stir	stirs	stirring	stirred	stir	revolver
248	stop	stops	stopping	stopped	stopped	detener
249	stride	strides	striding	strode	stridden	caminar a pasos largos
250	strike	strikes	striking	struck	stricken/ struck	golpear
251	string	strings	stringing	strung	strung	atar
252	strive	strives	striving	stroved/strived	striven/strived	esforzarse
253	study	studies	studying	studied	studied	estudiar
254	survive	survives	surviving	survived	survived	sobrevivir
255	swear	swears	swearing	swore	sworn	jurar
256	sweat	sweats	sweating	sweat/ sweated	sweat/ sweated	sudar
257	sweep	sweeps	sweeping	swept	swept	barrer
258	swell	swells	swelling	swelled	swollen/ swelled	hinchar
259	swim	swims	swimming	swam	swum	nadar
260	swing	swings	swinging	swung	swung	balancearse
261	take	takes	taking	took	taken	tomar
262	talk	talks	talking	talked	talked	hablar
263	teach	teaches	teaching	taught	taught	enseñar
264	tear	tears	tearing	tore	torn	romper
265	tell	tells	telling	told	told	decir
266	think	thinks	thinking	thought	thought	pensar
267	throw	throws	throwing	threw	thrown	lanzar
268	thrust	thrusts	thrusting	thrust	thrust	empujar
269	tie	ties	tying	tied	tied	atar
270	touch	touches	touching	touched	touched	tocar

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No.	Presente (I, you, we, they)	Presente (He, She, It)	Presente Continuo	Pasado	Participio	Traducción
271	train	trains	training	trained	trained	entrenar
272	travel	travels	traveingl	traveled	traveled	viajar
273	tread	treads	treading	trod	tread	pisar
274	try	tries	trying	tried	tried	intentar
275	turn	turns	turning	turned	turned	girar
276	understand	understands	understanding	understood	understood	entender
277	uphold	upholds	upholding	upheld	upheld	apoyar
278	upset	upsets	upsetting	upset	upset	alterar
279	use	uses	using	used	used	usar
280	vacuum	vacuums	vacuuming	vacuumed	vacuumed	aspirar
281	visit	visits	visiting	visited	visited	visitar
282	wait	waits	waitting	waited	waited	esperar
283	wake	wakes	waking	woke	woken	despertar
284	walk	walks	walking	walked	walked	caminar
285	want	wants	wanting	wanted	wanted	querer
286	wash	washes	washing	washed	washed	lavar
287	watch	watches	watching	watched	watched	mirar
288	water (the plants)	waters (the plants)	watering (the plants)	watered	watered	regar (las plantas)
289	wear	wears	wearing	wore	worn	llevar puesto
290	weave	weaves	weaving	wove	woven	tejer
291	wed	weds	weding	wed	wed	casarse
292	weep	weeps	weeping	wept	wept	llorar
293	wet	wets	wetting	wet/wetted	wet/wetted	mojar
294	win	wins	winning	won	won	ganar
295	wind	winds	winding	wound	wound	enrollar
296	wish	wishes	wishing	wished	wished	desear
297	work	works	working	worked	worked	trabajar
298	wrap	wraps	wrapping	wrapped	wrapped	envolver
299	wring	wrings	wringing	wrung	wrung	retorcer
300	write	writes	writing	wrote	written	escribir

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