

## Daily Routine ... in Space!



Do you want to live in **space**<sup>1</sup>? The best place to live in space is on the **International Space Station**. It is a place for people to learn more about space. It is **located**<sup>2</sup> between 330 and 435 kilometers above the **earth**. Life on the Space Station is **different**. Like many people here on Earth, people there wake up and brush their teeth, take **showers** and wash their hair. But they must be very **careful**. They must be very careful because they don't want to use lots of **water**. They must use **special**<sup>3</sup> **soap**<sup>4</sup> and **shampoo**<sup>5</sup>. When they eat breakfast, they must eat food they first bring with them from **Earth**. Again, they must be careful because they don't want their food to **float**<sup>6</sup> **away**! After people on the Space Station finish breakfast, they start their **work**. They don't have to take a bus or a **taxis**. Their work is on the Space **Station**! After work, the people there must do **exercise**. It is not easy to stay strong in space, so they exercise for more than two hours every **day**. They can exercise with running **machines**<sup>7</sup> and **cycling**<sup>8</sup> **machines**. For fun, people on the Space Station can read books, watch movies, listen to **music** and look out the windows at **Earth**. One time every week, they can also talk with their friends and families back home.



**A** WHy is Life in SPace Different From Life on Earth ? Complete the sentences, by choosing a word from the box, there may be other answers which are suitable. (7marks)

Earth	Earth is .....and it is ..... quiet in Space.
FOod	The food in space is .....
Health	We still need to exercise daily in order to be .....as a fiddle.
Friendship	We miss our friends dearly because we can only .....to them through the internet ;
Feelings	While in space, we may feel trapped and mentally.....

extremely	Busy	obese	fit	weak	converse	sick	homesick	lonely	bright	cheerful	hear	strangely	pulsating
listen	eerily	trapped	generous	limited	exhausted	blan							

B

Living on a space station is MORE challenging than living on earth. Give 3 reasons. - To support this statement.

\_\_\_\_\_

For more information, contact the Office of the Vice President for Research and Economic Development at 515-294-6450 or [research@iastate.edu](mailto:research@iastate.edu).


**Read the sentences on the right and complete the crossword. Look at the article again to help you.**

## ACROSS

4 Do you want to live in

5. \_\_\_\_\_? People there \_\_\_\_\_ and

It is \_\_\_\_ high above the ground.

They must be \_\_\_\_\_ because they don't want to use lots of water.

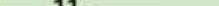
12.   They bring food from Earth so they can eat every morning.

	They exercise so they can have ____ bodies.
11	15. People on the Space Station can watch ____.

- They can also \_\_\_\_ books.
- There are machines for running and for \_\_\_\_.

4. **DOWN**  
8.

\_\_\_\_\_ can learn about space on the Space Station.

11.  The Space Station is located above the \_\_\_\_\_

13. 



**DOWN**

6. \_\_\_\_\_ can learn about space on the Space Station.

11.  The Space Station is located above the \_\_\_\_\_

13. They use \_\_\_\_ soap and shampoo.

