

## Reading\_8 form I term

1. Read the text: SB p.50 (Prepare 8)

2. Match the titles (A-D) to four of the tips.

A Live and learn

**1** \_\_\_\_\_. When we're angry, we might say or even **scream** things that aren't kind. It's always better to keep cool and think carefully before we speak. Count to ten in your head, and if you can't relax, then walk away. Sometimes you have to do that!

B Be clear and kind

**3** \_\_\_\_\_. You have to be honest about your thoughts and feelings. Explain the problem clearly and say what you need from your friend. You should choose your words carefully and try to be nice to the other person. You don't want to start a new argument!

C Stay calm

**5** \_\_\_\_\_. Two heads are always better than one. You should have a conversation with your friend about how you could **solve** the problem. And you don't have to keep it a secret. You can get help from another friend or an adult if that's helpful.

D Think together



**7** \_\_\_\_\_. Arguments are a normal part of life, and we don't have to worry about every **disagreement**. But we should try to learn from them. After all, we don't want to repeat the same mistakes again! Think about what happened, and remember that lesson for the future.

3. Match the **highlighted** words in the text to the meanings.

- 1) Shout something very loudly, in a high voice
- 2) Movements and positions of your body and face that show other people how you are feeling, without using words
- 3) Say that something is true or real
- 4) Stopping someone who is speaking



- 5) Find the answer to something or stop a problem
- 6) When people have a different opinion about something

#### **4. Match the sentences to similar ideas in the text.**

- 1) Nice people sometimes do things that aren't right.
- 2) You should do something to make you feel calm after an argument.
- 3) We sometimes say bad things to people when we're angry.
- 4) We don't want to have the same problem twice.
- 5) Try to put yourself in the other person's place.
- 6) A third person could help you find an answer.

#### **5. Are these sentences true (T) or false (F)?**

- 1) Count to ten in your head, and if you can't relax, then start crying.
- 2) You have to listen carefully and pay attention to your friend's face and body language.
- 3) You have to be honest about your thoughts and feelings.
- 4) Two heads are always worse than one.
- 5) Arguments are an unusual part of life, and we don't have worry about every disagreement.
- 6) Think about what happened, and remember that lesson for the future.

