

## Daily Routine ... in Space!



Do you want to live in **space**<sup>1</sup>? The best place to live in space is on the International Space Station. It is a place for people to learn more about space. It is **located**<sup>2</sup> between 330 and 435 kilometers above the earth. Life on the Space Station is different. Like many people here on Earth, people there wake up and brush their teeth, take showers and wash their hair. But they must be very careful. They must be very careful because they don't want to use lots of water. They must use **special**<sup>3</sup> **soap**<sup>4</sup> and **shampoo**<sup>5</sup>. When they eat breakfast, they must eat food they first bring with them from Earth. Again, they must be careful because they don't want their food to **float**<sup>6</sup> away! After people on the Space Station finish breakfast, they start their work. They don't have to take a bus or a taxi. Their work is on the Space Station! After work, the people there must do exercise. It is not easy to stay strong in space, so they exercise for more than two hours every day. They can exercise with running **machines**<sup>7</sup> and **cycling**<sup>8</sup> machines. For fun, people on the Space Station can read books, watch movies, listen to music and look out the windows at Earth. One time every week, they can also talk with their friends and families back home.



# READING: Daily Routine ... in Space!

## Vocabulary Preview

Match the words on the left with the meanings on the right.

- |                   |          |   |
|-------------------|----------|---|
| 1. <u>space</u>   | <u>E</u> | A. riding a bicycle   |
| 2. located        | _____    | B. you use it to wash your face and body                      |
| 3. special        | _____    | C. for example: cars, <u>dish washers</u> and TVs             |
| 4. soap           | _____    | D. <u>different</u> ; unusual; not ordinary                   |
| 5. shampoo        | _____    | E. everything not on Earth                                    |
| 6. float (v.)     | _____    | F. you use it to <u>wash</u> your hair                        |
| 7. machines       | _____    | G. <u>to</u> move slowly in the air and not touching anything |
| 8. <u>cycling</u> | _____    | H. the place where something is                               |

Use the above words to complete the sentences. Change the forms of verbs and nouns when necessary.

1. My home is located in a big city.
2. I use \_\_\_\_\_ to wash my hair.
3. The International Space Station is located in \_\_\_\_\_.
4. I like \_\_\_\_\_, so I have a bicycle.

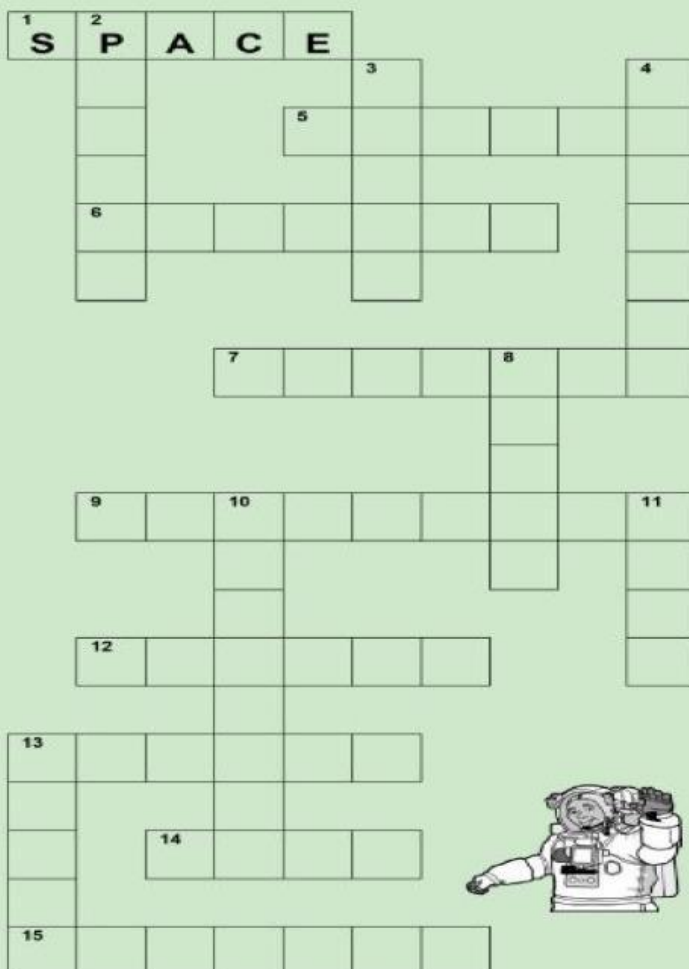
5. People can use \_\_\_\_\_ when they wash their hands.
6. My friend is \_\_\_\_\_ he can speak five languages!
7. \_\_\_\_\_, such as cars and computers, can make our lives better.
8. Balloons and clouds can \_\_\_\_\_ in the air.

Choose any two of the above words and write your own sentences.

1. \_\_\_\_\_
2. \_\_\_\_\_

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Read the sentences on the right and complete the crossword. Look at the article again to help you.



## ACROSS

1. Do you want to live in \_\_\_\_\_?
5. People there \_\_\_\_\_ and then brush their teeth.
6. It is \_\_\_\_\_ high above the earth.
9. They must be \_\_\_\_\_ because they don't want to use lots of water.
12. They bring food from Earth so they can eat \_\_\_\_\_ every morning.
13. They exercise so they can have \_\_\_\_\_ bodies.
15. People on the Space Station can watch \_\_\_\_\_ in their free time.
2. They can also \_\_\_\_\_ books.
3. There are machines for running and for \_\_\_\_\_.

## DOWN

8. \_\_\_\_\_ can learn about space on the Space Station.
11. The Space Station is located above the \_\_\_\_\_.
13. They use \_\_\_\_\_ soap and shampoo.

