

Daily Routine ... in Space!



Do you want to live in **space**¹? The best place to live in space is on the International Space Station. It is a place for people to learn more about space. It is **located**² between 330 and 435 kilometers above the earth. Life on the Space Station is different. Like many people here on Earth, people there wake up and brush their teeth, take showers and wash their hair. But they must be very careful. They must be very careful because they don't want to use lots of water. They must use **special**³ **soap**⁴ and **shampoo**⁵. When they eat breakfast, they must eat food they first bring with them from Earth. Again, they must be careful because they don't want their food to **float**⁶ away! After people on the Space Station finish breakfast, they start their work. They don't have to take a bus or a taxi. Their work is on the Space Station! After work, the people there must do exercise. It is not easy to stay strong in space, so they exercise for more than two hours every day. They can exercise with running **machines**⁷ and **cycling**⁸ machines. For fun, people on the Space Station can read books, watch movies, listen to music and look out the windows at Earth. One time every week, they can also talk with their friends and families back home.



READING: Daily Routine ... in Space!

Vocabulary Preview

Match the words on the left with the meanings on the right.

	E	
1. <u>space</u>	—	A. riding a bicycle
2. located	—	B. you use it to wash your face and body
3. special	—	C. for example: cars, <u>dish washers</u> and TVs
4. soap	—	D. <u>different</u> ; unusual; not ordinary
5. shampoo	—	E. everything not on Earth
6. float (v.)	—	F. you use it to <u>wash</u> your hair
7. machines	—	G. <u>to move</u> slowly in the air and not touching anything
8. <u>cycling</u>	—	H. the place where something is

Use the above words to complete the sentences. Change the forms of verbs and nouns when necessary.

1. My home is located in a big city.
2. I use _____ to wash my hair.
3. The International Space Station is located in _____.
4. I like _____, so I have a bicycle.

5. People can use _____ when they wash their hands.

6. My friend is _____ he can speak five languages!

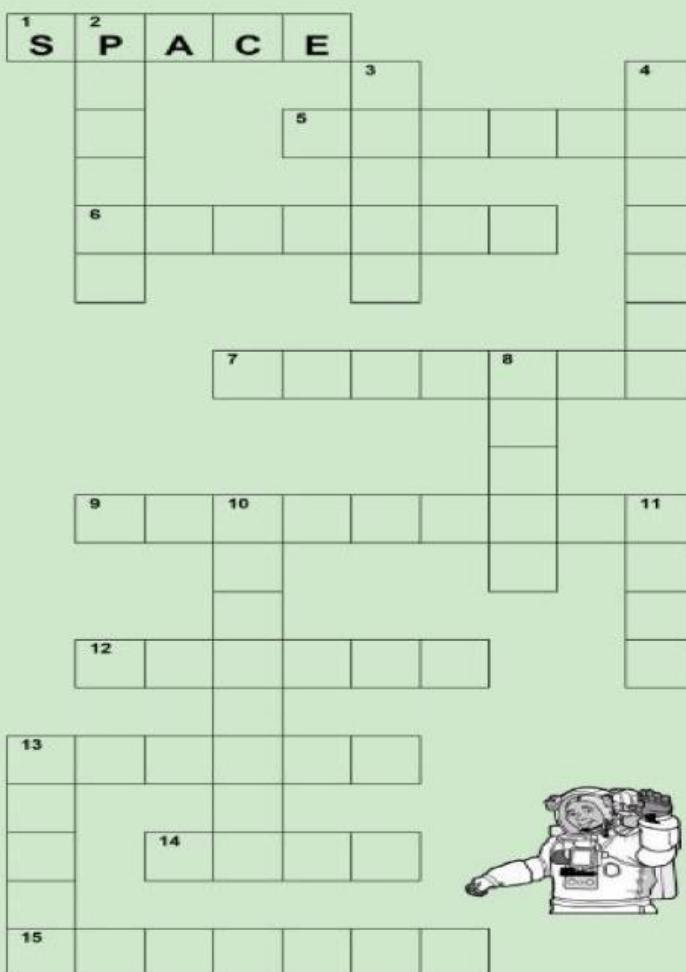
7. _____, such as cars and computers, can make our lives better.

8. Balloons and clouds can _____ in the air.

Choose any two of the above words and write your own sentences.

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Read the sentences on the right and complete the crossword. Look at the article again to help you.



ACROSS

1. Do you want to live in
_____?

5. People there _____ and
then brush their teeth.

6.

7. It is _____ high above the
earth.

9. They must be _____
because they don't want
to use lots of water.

12.

13. They bring food from
Earth so they can eat
_____ every morning.

14. They exercise so they
can have _____ bodies.

15.

2. People on the Space
Station can watch _____
in their free time.

They can also _____
books.

3. There are machines for
running and for _____.

4.

8.

10. _____ can learn about
space on the Space
Station.

11. The Space Station is
located above the _____.

13.

They use _____ soap and
shampoo.

DOWN

10. _____ can learn about space on the Space Station.

11. The Space Station is located above the _____.

13. They use _____ soap and shampoo.