

**MAKING SENSE OF THE SENSES!**

S.No.

SENTENCES

**1**

Some examples of external senses are thermoception (ability to sense heat and cold), nociception (ability to sense pain), proprioception (ability to tell where your body parts are relative to the rest of the body), chronoception (ability to sense time), equilibrioception (sense of balance and acceleration).

**2**

To summarise, human beings' senses are not limited to five. The manifestation of all senses is absolutely possible and if you successfully attune yourself, one day your mechanoreceptor will allow you to feel the vibration of your journey around the sun.

**3**

Therefore, we can divide senses into two basic types: External and Internal.

**4**

And that is why many healers advise to pay attention to your body; it will tell you precisely what it requires to stay healthy. Animals are always acutely aware of all their internal and external sensors.

**5**

Very well, that's not a wrong answer. But, we have a lot more than five senses. Many neuroscientists identify nine or 21 senses, and some list as many as 33!

**6**

Not just animals; plants have several sensors too: light, gravity, temperature, humidity, chemical substances, reorientation, magnetic fields, infections, tissue damage. To name a few!

**7**

How many senses do human beings have? Five? Do you mean the traditional sight, hearing, touch, smell, and taste (that is credited to Aristotle)?

**8**

Red wood ants sense earthquakes, earthworms pour out of the ground before a massive flood strikes, wildlife behave strangely before a big hurricane or any natural disaster; all because they are aware of their senses. Electroception (ability to sense electric fields) used by dolphins, sharks, etc. in hunting and magnetoception (capacity to sense earth's magnetic field) used by birds in navigating across continents are not very developed, unused or lost in human beings.

**9**

Before diving into the expanding list, let us see how is sense defined. Sense is the ability to get and process information from any external or internal source. (The brain acts as a control room in receiving and responding to the receptors.)

**10**

Examples of internal senses are hunger sensor, thirst sensor, nausea sensor, stomach gas sensor, high blood sugar sensor, carbon dioxide level sensor, etc.

Options: ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10Answer: ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐