Exercise 15.3 – Compare and Contrast Order:

GR

FRUITS AND VEGETABLES

S.No.	SENTENCES
1	Say botanists (those who study plants). A fruit is the part of the plant that develops from a flower. It's also the section of the plant that contains the seeds. The other parts of plants are considered vegetables.
2	What is a fruit and what is a vegetable? How are they different?
3	These include the stems (ginger, onion), leaves (lettuce, spinach), and roots (carrots, radishes) — and even the flower bud (broccoli, cauliflower).
4	Well, nutritionally speaking they are generally lower in fat, higher in fibre and loaded with vitamins and minerals. They are typically grouped together and considered similar.
5	To sum up: if it is from a plant and has seeds, it is a fruit; if it doesn't, it is a vegetable. So, why are they grouped differently in the supermarket? And why have you been believing all your life that peas and beans are vegetables?
6	But, not really. The surprising news is that many of the foods we refer to as vegetables are actually fruits!
7	We can blame it on the cooks! Many fruits were labelled as vegetables mainly because they don't taste sweet. No matter what the botanists called it, if it is savoury (not sweet) and can be used as an ingredient in the main dish, it was a vegetable for cooks. If it was sweet and used in a dessert or as a snack, it was a fruit.
8	Some of you may already know that tomato is a fruit. Beans, peas, bell peppers (capsicum), olives, eggplant (brinjal, aubergine), pumpkins, cucumbers are fruits as well.
9	Go around on a quick survey and see how knowledgeable people are about fruits and vegetables. Before you run away, a quick word from the wise: 'Knowledge is knowing that a tomato is a fruit, wisdom is not putting it in a fruit salad.'
10	What's more surprising than pumpkins and cucumbers being fruits? Nuts, grains and cereals being fruits! That's right. Corn, wheat, rice, are all technically fruits. You ask, 'Says who?'

Options: 1 2 3 4 5 6 7 8 9 10

Answer: ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

LIVEWORKSHEETS