Rewrite the sentence so they mean the same, using the noun or adjective form of the underlined phrasal verbs.

1.I was brought up in a similar way to my parents.

I had_____

2. Yesterday it poured down on my way home from scholl.

Yesterday there was_____

3. I always warm up before I do any sports.

I like to do_____

4. I need to clear out all the junk in my bedroom.

I need to have_____

5. Background music puts me off when i am trying to study.

I find background music_____

Complete the sentences with phrasal verbs with *up* or *get*

1. **GET**
   a) Liam had a meeting in central londonat noon, but then he had to get back to the office.
   b) I keep meaning to learn to web designer, but I just don't get _____starting with it.
   c) My brother doesn't earn very much, but he's happy in his job and he gets_____ his boss well.

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d) My mother always knows when I am really ill and when I only want to get_____ going to scholl.

2. UP

a) My younger brother_____up_____ his physics teacher as a role model.

b) The company will probably_____up_____a lot of opposition once the plan to fire 200 workers is made public.

c) If you don't_____up_____ your rights, nobody will defend them.

d) When I oversleep, I usally skip breakfast in order to_____up_____ the lost time and arrive in the officeon time.

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