

WHITE LIES

Choose the correct words to complete the text.

honesty trust pretend conflict excuse
truth feelings doubt sincere lie

White lies are small lies that people tell to protect someone's (1) _____ or to avoid uncomfortable situations. Although many people say they value (2) _____, they still use this type of (3) _____ in daily life. For example, someone might (4) _____ to like a friend's cooking just to be polite.

Some people believe white lies help prevent arguments and reduce (5) _____. They think these lies keep conversations smooth and relationships peaceful. In their view, being too direct can hurt others or create unnecessary tension, so a small (6) _____ seems harmless.

However, there is a risk. If someone uses too many white lies, people may start to (7) _____ their words. Over time, this can damage (8) _____, which is essential in any friendship or partnership. Even if a person believes they are being kind, others may feel the person is not being completely (9) _____.

In the end, each situation is different. Sometimes telling the (10) _____ is the best choice, even if it feels uncomfortable in the moment.