

## Reading : "My New Routine"

Level: A2

Student Name:

Instructions:

Read the text. Then choose the correct answer (A, B, or C).

---

### Reading Text:

*Since January, Laura has changed her daily routine to live a healthier life. She now wakes up at 6:30 a.m. every day. Before breakfast, she does light exercises for 20 minutes. After that, she eats oatmeal and fruit. Laura goes to work at 8:00 a.m. and returns home at 4:00 p.m. In the evening, she usually cooks dinner and watches a TV show for about an hour. She goes to bed at 10:00 p.m. because she wants to sleep well and have more energy.*

---

### Multiple Choice Questions

- 1. Why did Laura change her routine?**
  - A) To get more money
  - B) To live a healthier life
  - C) To study more
- 2. What does she do before breakfast?**
  - A) She runs for one hour
  - B) She reads a book
  - C) She does light exercises
- 3. What time does Laura go to work?**
  - A) 8:00 a.m.
  - B) 6:30 a.m.
  - C) 4:00 p.m.
- 4. What does she usually do in the evening?**
  - A) She cleans the house
  - B) She cooks dinner and watches a TV show
  - C) She studies English
- 5. Why does she go to bed at 10:00 p.m.?**
  - A) Because she wants to sleep well
  - B) Because she works at night
  - C) Because she doesn't like TV