

Name _____ Class _____ Date _____

Empathy

WHAT CAN YOU REMEMBER?

- 1 Work in pairs. What does it mean to put yourself in someone else's position?
- 2 When was the last time you showed empathy for someone or someone showed empathy for you? What happened?
- 3 Look at the picture. What does the sign mean? Choose the correct option.



- 1 Whenever ☐
- 2 Whatever ☐
- 3 Whoever ☐

4 How empathetic are Mum and Kate with Oscar?

Mum _____

Kate _____

- 5 Look at the picture. What does Oscar ask you to do?



How easy is it to put yourself in his position? Do you ever feel the way he does? Tell your partner.

GIVE IT A GO

- 6 How empathetic are you? Complete the questionnaire. Write Y (yes) or N (no). Show your partner. Who is more empathetic?

1 I often think about other people's feelings.	
2 I don't laugh at other people because I can imagine what it feels like to be in their position.	
3 I listen to others when they have a problem.	
4 I try to understand other people's point of view.	
5 I know that people don't always see situations the same way I do.	

- 7 Work with a partner. Read the situations. Discuss the questions.

Max gets his Maths test back and he got a low grade. He isn't surprised because he was really busy practising for an important football match. His friend looks at his test and shows everyone. Max takes the test back and runs away.

Penny is excited to go out with her friends on Friday night, but her mum wants her to go out to dinner for her grandad's birthday. She says she can't go for dinner and her mum tells her she can't go out with friends. Penny goes to her room, shuts the door and doesn't speak to her mum.

What are the characters feeling? How do they show this? How are they not being empathetic?

- 8 Work with a partner. Choose one of the situations from Exercise 7. How can the friend or mum be more empathetic to Max or Penny?
- 9 In your pairs, decide who is Max or Penny and who is the friend or mum. Role play the situation so the friend or mum is being empathetic.

KEEP IT UP

- 10 Over the next week, notice times when you or someone else shows empathy.

A situation where someone was empathetic to me	A situation where I was empathetic

- 11 Share your experiences with your classmates.