

Stop wasting time

Listen to the conversation about how to study better and do the exercises to practise and improve your listening skills.

Preparation

Fill the gaps with the verbs from the box.

need

waste

start off

end up

turn off

look up

1. When you need to study, you don't want to _____ time.
2. It's easy to _____ working well but _____ doing something else.
3. It's a good idea to _____ your music.
4. You can use the internet to _____ information.
5. Make sure you have everything you _____ before you start.

1. Check your understanding: reordering

Write a number (1–6) to put these tips in the order that you hear them.

.....	Turn off your music.
.....	Take away the things that stop you working.
.....	Turn off your phone.
.....	Have something to eat and drink on your desk.
.....	Put your pet outside.
.....	Turn off your instant messages.

2. Check your understanding: true or false

Circle *True* or *False* for these sentences.

1. Tom doesn't know how to start studying.	True	False
2. Tom's mum thinks that music helps people study.	True	False
3. Tom puts the dog outside.	True	False
4. Tom's mum recommends having a sandwich on the desk.	True	False
5. Tom doesn't want to turn off his phone at first.	True	False
6. Tom needs the internet to study.	True	False
7. Tom's going to turn off his messages.	True	False
8. Tom thinks his mum has helped him.	True	False