

Reading comprehension – My work, my life (1)

FOR REAL PLUS elementary | Units 1&2 – Reading extras

 Close

Read about Grace Lennox and choose the correct times to complete the sentence.

Today Grace Lennox tells us about her life and work as a nurse in London.

My name is Grace, and I work as a nurse at Guys Hospital in London. It's a difficult job, with long hours, but I love it! I never work 9–5, like people in office jobs. I start work at seven o'clock in the evening and I don't finish until half past six the following morning. I usually get home at about seven in the morning. I'm usually very tired, so I go to bed and sleep until midday. Then I get up and have a shower. I have a big breakfast and then I try to relax. Sometimes I read a book or watch TV or I meet my friends in the park and we go for a run together. At five o'clock in the afternoon, I have a snack – just a sandwich or some fruit – and then I go back to bed. I sleep for a couple of hours and then I get up and go to work. When the weather is good I cycle to work, but it rains a lot in London, so I usually go to work by bus! In my free time I like hanging out with my friends and playing tennis or volleyball. Sometimes I go to the cinema with my flatmate. We both love horror films! I work most weekends, but then I have time off during the week when everyone else is working, so I don't mind!

She starts work at and finishes at .

Reading Comprehension – My work, my life (2)

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Click TRUE or FALSE.

Grace sometimes works during the day.

TRUE	FALSE
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She sometimes does exercise in the afternoon.

TRUE	FALSE
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She eats a big meal in the afternoon.

TRUE	FALSE
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She never cycles to work.

TRUE	FALSE
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She likes watching films.

TRUE	FALSE
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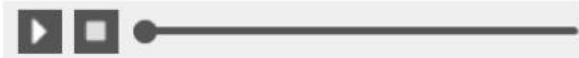
She doesn't like working at the weekend.

TRUE	FALSE
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Listening – Favourite activities

FOR REAL PLUS elementary | Units 1&2 – B1 Preliminary Practice

You will hear four people talking about weekend activities. For each question, fill in the missing information in the numbered space.



Speaker 1

I go out in the evening.

We go to the cinema.

Speaker 2

I don't much.

I , oh, and I'm the singer too.

Speaker 3

We usually to music or watch DVDs.

I films and I don't mind what kind they are.

Speaker 4

I love sport because it makes me feel great.

I like to music and I sometimes watch films on my computer.

B1 Preliminary Reading Part 5

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Choose the correct words to complete the text.

My brother is a computer  and he spends a lot of time in front of a computer screen. He doesn't like  exercise, but he knows that it's really important to keep fit. He usually  running with his friends at the weekend and they  basketball together in the summer.

Sometimes I meet  after work and we go swimming.

How  do you do sports?  you like playing football or tennis with your friends?  you an active person?

B1 Preliminary Writing Part 5

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Read the first sentence. Then key in the missing word(s) to complete the second sentence with the same meaning.

I'm never late for school. – I get to school on time.

Describe your mother to me. – What like?

When do you get up in the morning? – What do you get up in the morning?

What films can we see at the cinema? – What's at the cinema?

Do you want a sandwich? – Would a sandwich?

She doesn't know how to swim. – She swim.

I like being with my friends. – I like hanging with my friends.

She always walks to work. – She takes the bus to work.