



CLB Speaking – 30 Topics

1. Describe a difficult decision you recently had to make and explain why it was challenging.

Example 1

One difficult decision I had to make recently was choosing between two job offers. One position offered a higher salary, but the work environment seemed very stressful. The other job paid less, but the team felt supportive and the hours were more reasonable. It was challenging because I had to balance financial responsibility with my mental health. After thinking it through, I chose the second job because I realized that having a healthier routine was more important in the long term.

Example 2

A tough decision I faced was deciding whether to move to another city for school. The program was excellent, but it meant leaving my family and adjusting to a completely new environment. It was challenging because I value being close to my support system, but I also knew the opportunity might not come again. In the end, I decided to move, and although it was hard, it pushed me to grow and become more independent.

2. Talk about a person who has had a strong influence on your life.

Example 1

A person who strongly influenced my life is my older sister. She always encouraged me to try new things and not be afraid of failure. She taught me the value of discipline because she worked full-time while studying at night. Seeing her dedication inspired me to take my own goals seriously.

Example 2

My high school English teacher had a big impact on me. She helped me discover my interest in languages and communication. She always believed in my potential, even when I doubted myself. Because of her support, I decided to pursue a career that involves writing and teaching.

3. Describe a place in your city that you really enjoy visiting and explain why.

Example 1

One place I love visiting in my city is the botanical garden. It's peaceful, full of trees and flowers, and it helps me disconnect from daily stress. I enjoy sitting by the lake and watching the ducks. I often go there on weekends to read or take photos.

Example 2

I really enjoy going to a small café near my house. The atmosphere is cozy, and they have the best homemade pastries. It's a great place to study or meet friends. I also love that the staff knows me by name, which makes it feel welcoming.

4. Talk about a recent event that had a positive impact on you.

Example 1

A recent event that positively impacted me was attending a professional workshop. It taught me new techniques for managing time and communicating more effectively. I met inspiring people and came back feeling more confident about my abilities.

Example 2

Last month, I reconnected with an old friend I hadn't seen in years. We talked for hours and realized how much we had in common again. It reminded me of the importance of maintaining meaningful relationships.

5. Describe a hobby you enjoy and explain why it's meaningful to you.

Example 1

One hobby I really enjoy is painting. It allows me to express emotions that are hard to put into words. I also like seeing my progress over time—it's very rewarding. Painting is meaningful because it gives me a calm, creative space to relax.

Example 2

I love playing guitar. I'm not a professional, but I enjoy learning new songs and playing for my friends. Music helps me unwind and brings me a lot of joy. It also reminds me of my childhood, when my father used to play for us.

6. Explain a problem you faced at school or work and how you solved it.

Example 1

At work, I once struggled with meeting a tight deadline. I felt overwhelmed at first, but I decided to break the project into smaller tasks and prioritize them. I also asked a colleague for help with part of the research. Together, we finished everything on time.

Example 2

In school, I had difficulty understanding a math topic. Instead of giving up, I watched online tutorials, practiced extra exercises, and asked my teacher questions. Eventually, it clicked, and I did much better on the exam.

7. Talk about a goal you want to achieve in the next few years.

Example 1

One of my goals for the next few years is to become fluent in English. I want to travel, study abroad, and open more professional opportunities. To achieve this, I'm taking classes, practicing speaking, and watching content in English daily.

Example 2

I also want to buy my first apartment. I'm saving money, learning about finances, and planning carefully. It's a long-term goal, but I know it will give me stability and independence.

8. Describe a memorable trip you took and what made it special.

Example 1

A memorable trip I took was to the beach with my friends last summer. We camped by the shore, cooked together, and watched the sunrise every morning. It was special because we disconnected from technology and just enjoyed each other's company.

Example 2

I once traveled to a historic city with my family. We explored museums, old buildings, and tasted amazing local food. It was unforgettable because we spent quality time together and learned a lot about the culture.

9. Talk about a person you admire and why you admire them.

Example 1

I admire my grandmother because she's incredibly strong and kind. She raised five children on her own and always stayed positive. Her determination inspires me to stay resilient in difficult times.

Example 2

I admire my friend who started his own business. He took a big risk, worked hard, and never gave up even when things were tough. His courage motivates me to pursue my own dreams more boldly.

10. Explain a tradition or celebration from your culture.

Example 1

One important celebration in my culture is New Year's Eve. Families gather, share a big meal, and watch fireworks at midnight. Many people wear specific colors for luck. It's meaningful because it brings everyone together with hope for the new year.

Example 2

Another tradition is celebrating Children's Day. Schools organize events, and families take children out for fun activities. It highlights the importance of childhood and family bonding.

11. Describe a time when you helped someone and how it made you feel.

Example 1

One time I helped someone was when my neighbor's car wouldn't start early in the morning. He was late for work and didn't know what to do. I offered to drive him to his workplace since it was on my way. He was extremely grateful, and I felt good knowing a simple gesture made someone's day easier. It reminded me that kindness doesn't need to be complicated.

Example 2

I once helped a classmate who was struggling with a presentation. She was nervous and didn't feel confident speaking in front of the class. I spent a few afternoons practicing with her, giving feedback, and helping her structure her ideas. When she finally presented, she did an amazing job. Seeing her succeed made me feel proud and happy for her.

12. Talk about something new you learned recently and why it was important.

Example 1

Recently, I learned how to manage my budget using a financial app. It helped me understand where my money actually goes and allowed me to start saving a fixed amount every month. This was important because I used to struggle with overspending.

Example 2

I also learned some basic first-aid skills in a short training course. It was important because emergencies can happen anytime, and now I feel more prepared to help someone if needed.

13. Describe a stressful situation you experienced and how you handled it.

Example 1

A stressful situation I experienced was when I had to submit three major assignments in the same week. I felt overwhelmed, but I solved it by creating a detailed schedule and dividing each task into smaller steps. With proper planning, I managed to finish everything.

Example 2

I once had to handle a conflict between two coworkers during a group project. The tension made it hard to work, so I organized a meeting where we openly discussed our roles and expectations. After that, the atmosphere improved, and we completed the project successfully.

14. Talk about a skill you would like to improve and why.

Example 1

A skill I want to improve is public speaking. I often get nervous and lose my train of thought. Improving this skill would help me feel more confident during presentations and job interviews.

Example 2

Another skill I would like to develop is cooking. I can make basic meals, but I want to learn how to prepare healthier dishes. It would help me save money and take better care of myself.

15. Explain a change you made in your life that made things better.

Example 1

One change I made was waking up earlier. It gave me more time to plan my day and reduced the feeling of rushing in the morning. I became more productive and less stressed.

Example 2

I also reduced my screen time at night. Instead of scrolling on my phone, I read or meditate. This improved my sleep and helped me feel more focused during the day.

16. Describe a book, movie, or series that had an impact on you.

Example 1

A book that impacted me was *Atomic Habits*. It taught me that small daily actions can create big long-term changes. I applied the methods to my routines and noticed improvements in productivity.

Example 2

A series that influenced me was *Anne with an E*. It emphasizes kindness, resilience, and imagination. Watching the characters grow reminded me to stay optimistic even in difficult situations.

17. Talk about a challenge you faced when moving to a new place or starting something new.

Example 1

When I moved to a new city for school, the biggest challenge was loneliness. I didn't know anyone at first. To overcome this, I joined study groups and talked to classmates, which helped me build connections.

Example 2

Starting a new job was also challenging. I felt lost during the first week because everything was unfamiliar. I solved this by asking questions and taking notes. With time, I became more comfortable.

18. Describe a time you had to work with others to accomplish a goal.

Example 1

In university, we had a group project that required designing a marketing plan. Everyone had different strengths, so we divided the tasks based on skills. By collaborating effectively, we produced one of the best presentations in the class.

Example 2

At work, I joined a team organizing a company event. We had to coordinate speakers, food, and schedules. It was a lot to handle, but by communicating clearly and supporting each other, the event was a huge success.

19. Explain a situation where you had to adapt quickly.

Example 1

I once had to adapt quickly when our office suddenly switched to remote work. I created a workspace at home and learned new digital tools. It was challenging at first, but I adjusted within a few weeks.

Example 2

A sudden change happened when a teacher got sick, and I had to present our group's work unexpectedly. I was nervous, but I took a deep breath, reviewed the notes, and presented. Surprisingly, it went well.

20. Talk about a product or technology that makes your life easier.

Example 1

One piece of technology that helps me is my smart planner app. It organizes my schedule, sets reminders, and helps me stay productive. I rely on it daily.

Example 2

Another helpful technology is my wireless headphones. They allow me to study or exercise while listening to music or podcasts without getting tangled in cables.

21. Describe a healthy habit you try to maintain.

Example 1

A healthy habit I try to maintain is drinking enough water throughout the day. It keeps me energized and improves my concentration.

Example 2

I also try to walk at least 30 minutes every morning. It clears my mind, helps my physical health, and sets a positive tone for the day.

22. Describe something you lost or misplaced and what happened next.

Example 1

I once lost my wallet in a shopping mall. I was stressed because my documents were inside. Luckily, someone found it and returned it to customer service. Everything was still there.

Example 2

I misplaced my earphones one day before a long trip. After searching for hours, I realized they were in a jacket pocket I almost never use. I laughed at myself for not checking earlier.

23. Talk about a restaurant or café you really like and why you recommend it.

Example 1

There's a small Italian restaurant near my home that I absolutely love. The pasta tastes homemade, and the atmosphere feels warm and authentic. The staff is friendly and the prices are fair.

Example 2

I also enjoy a quiet café downtown. They offer great coffee, comfortable seating, and free Wi-Fi. It's perfect for studying or reading.

24. Describe a childhood memory that you still think about today.

Example 1

One memory I cherish is playing hide-and-seek with my cousins at my grandmother's house. We spent hours running around the garden. It reminds me of how carefree and joyful childhood was.

Example 2

Another memory is my first day of school. I remember being scared, but a girl next to me smiled and offered to sit together. We became best friends for years.

25. Talk about a time you achieved something you were proud of.

Example 1

I felt proud when I completed a 10-kilometer run last year. I trained for months, and crossing the finish line was emotional. It proved to me that discipline pays off.

Example 2

Another moment was delivering my first presentation in English. I practiced a lot, and even though I was nervous, I spoke clearly and confidently. My teacher congratulated me afterward.

26. Describe a course, class, or training that helped you develop new skills.

Example 1

A digital marketing course I took online helped me learn how to analyze data, create campaigns, and use new tools. It opened professional doors for me.

Example 2

A photography workshop also taught me useful skills like lighting, composition, and editing. It made my hobby much more enjoyable.

27. Talk about an unexpected situation and how you reacted.

Example 1

Once, a sudden storm flooded the street while I was driving. I stayed calm, pulled over safely, and waited for the rain to pass. It taught me to be prepared for unpredictable events.

Example 2

An unexpected situation happened when my boss asked me to lead a meeting with only 10 minutes' notice. I quickly organized my thoughts and focused on the main points. It went better than I expected.

28. Describe a person in your family and what makes them special.

Example 1

My father is someone really special to me. He's patient, hardworking, and always ready to help others. He taught me the importance of integrity and responsibility.

Example 2

My cousin is special because she always brings positive energy to our family gatherings. She's funny, creative, and great at comforting others.

29. Talk about an activity you enjoy doing alone and why.

Example 1

I enjoy going on walks alone. It helps me clear my mind and reflect on my day. I enjoy the quiet time.

Example 2

Another activity I love doing alone is journaling. Writing helps me process my emotions and organize my thoughts.

30. Describe a meaningful object you own and the story behind it.

Example 1

A meaningful object I own is a watch my grandfather gave me. Even though it's old, I treasure it because it reminds me of him and the stories he used to tell.

Example 2

I also have a handmade bracelet from a close friend. She gave it to me during a difficult period in my life. It symbolizes support and friendship.