

Exercise 4. Complete the text with *the* or *Ø* (zero article).

A recent study in (1) _____ UK shows that family time traditions are good for (2) _____ teens. These traditions include family members playing card games, watching their favourite TV programmes, or performing (3) _____ karaoke shows at weekends with one another. These activities often lead to lots of laughter and (4) _____ fun conversations. By taking part in such activities, teens strengthen (5) _____ bonds with their family.

