



TRACK 49

## A LISTENING . (\_\_\_\_/15 marks) [Click here to listen](#) or scan qr

You are going to listen to five people talking about outdoor activities.  
For questions 1-5, choose from the list (A-H) what made each speaker take up their outdoor activity

- A a desire to prove someone wrong
- B not having anything else to do
- C an offer from a family member
- D being persuaded by a friend
- E a desire to spend time alone
- F not wanting to tell the truth
- G wanting to build up strength
- H needing to try something out

- Speaker 1
- Speaker 2
- Speaker 3
- Speaker 4
- Speaker 5



## B READING . (\_\_\_\_/15 marks)

You are going to read an article in which four teenagers make predictions about the future of books. For Questions 9-18, choose from the teenagers (A-D). The teenagers may be chosen more than once.

### Which Teenager?

1. *suggests that some forecasts about the future of books may be unrealistic?*
2. *failed to notice at first that two digital reading devices were different?*
3. *describes the various pleasures of reading a traditional book?*
4. *thinks that a recent rise in demand for paper books is unlikely to last in the future?*
5. *argues that paper books have a particular appeal which guarantees their future?*
6. *predicts a significant change in the way we read in the future despite current doubts?*
7. *concludes that demand for traditional types of books is likely to rise in the near future?*
8. *states that most of what people read is in a digital format?*
9. *believes that digital reading devices can stimulate the senses in a similar way to a book?*
10. *explains why the discussion about new forms of reading are irrelevant to many readers?*

## What is the future of books?

In our series on the future of entertainment, four teenagers offer their predictions about the future of books



**A Josh:** There's been a lot of talk about the disappearance of books in the next twenty years, especially as more and more of us turn to digital books and tablets. After all, newspaper publishers have already seen how their sales have declined thanks to digital media. However, I think we need to be cautious about making any such predictions. On the face of it, people in more developed countries might be turning to digital formats, but there are still millions of people in the world who don't have access to electricity, let alone an internet connection. Digital media is virtually inaccessible for them so, for the time being, books and newspapers are the main sources of reading material. At the same time, literacy rates are increasing, so it's not unreasonable to assume the market for paper-based books will continue to grow in the future.

**B Rosa:** When you think about it, it's amazing how people's reading habits have changed in the last 20 years. We'd been happily reading and writing on paper for hundreds of years then, suddenly, the home computer came along, and everything changed overnight. Nowadays, the vast majority of what we read is on a screen. Even the course books we're taught from at school can be digital ones, which has been a great improvement. The simple fact is that with a portable device, like a phone or a tablet, you've got huge libraries at your fingertips. Despite a slight increase in traditional book sales in the last couple of years, I find it hard to imagine that we will still be using them in twenty years' time.

**C Melanie:** At first the differences between an e-reader and a tablet were lost on me and I ended up buying a tablet. However, what I've since learnt is that an e-reader is much more like a typical paper book. Because it lacks the bright backlight of a tablet, it gives you the impression you're looking at paper. While it's fair to say that you can read exactly the same things on a tablet, it doesn't feel the same as an e-reader. Therefore, I decided to purchase an e-reader as well, attracted by that papery appeal. The design is particularly intuitive and, although you don't get to physically turn the pages, it feels like you're reading a proper book. While many people are still unconvinced by this new technology, I'm in no doubt that this will change. In fact, I wouldn't be surprised if everyone is walking around with e-readers instead of books by 2050.

**D Adam:** Having been brought up surrounded by books, it's hard to imagine that I'll ever stop reading them. I've always loved picking out a book at random and flicking through the pages to see if there was anything of interest. This is a sensation that you just don't get with digital books. There is nothing remotely physical about a digital book, apart from turning it on or off. Whereas, the acts of looking at book covers, taking the books off the shelf and turning it over to read the back cover are purely physical acts. Even whilst reading a book, which is appreciated by millions of people. It's unlikely we'll give that up for any digital alternative.

## C VOCABULARY .

### 1) Complete the text with these words: ( \_\_\_ /8 mark)

bond - build - easy - effect - face - mere - natural - provide

Nowadays, many children spend more time on academic study than ever before. The average American child probably spends around thirty-six hours a week studying. That's compared with a (1) \_\_\_\_\_ thirty hours in the 1990s. On the (2) \_\_\_\_\_ of it, that might not seem like a bad thing. After all, the more you study, the more intelligent you become, right? Well, not necessarily, and it may actually have the opposite (3)\_\_\_\_\_.

The problem is that too much work generates stress and anxiety, which makes it harder to learn things. Not only that, but all of this study could actually interfere with a child's (4) \_\_\_\_\_ development. That is to say, they may not be learning the things that are most relevant to them at that time. For many young people, learning how to (5)\_\_\_\_\_ self-esteem or how to (6)\_\_\_\_\_ with other people in a team are arguably more important skills. These are things which are best learnt in a relaxed environment. We should therefore ensure that students have the chance to take part in sports and other activities that (7)\_\_\_\_\_ relaxation. This means that schools might need to go (8)\_\_\_\_\_ on the amount of work they expect children to do.

### 2) Complete with the correct words. The first letter of each word is given ( \_\_\_ /6 marks)

1. I try not to **B**\_\_\_\_\_ out on soft drinks and crisps because it just makes me put on weight.
2. I thought Sinead's brother was older than her, but I was **M**\_\_\_\_\_. He's actually two years younger.
3. The best thing about the internet is that you've got all the information you want at your **F**\_\_\_\_\_.
4. Many governments are trying to reduce their dependence on **F**\_\_\_\_\_ fuels by investing in renewable energy.
5. I've got a device which can measure my **H**\_\_\_\_\_. It tells me how fast it is and warns me if it's going too quickly.
6. Big sports events always score high viewer **R**\_\_\_\_\_ on TV. For example, more than a hundred million people watched last year's Super Bowl.

### 3) Choose the correct words to complete the sentences: ( \_\_\_ /5 marks)

1. If you're **already** / **all ready**, please wait by the main doors.
2. We're going to **adapt** / **adopt** a cat from the cat sanctuary. There are lots of them in need of a good home.
3. From the way he spoke, it could be **implied** / **inferred** that he was not from the local area.
4. If you would **precede** / **proceed** to the waiting room, the doctor will see you shortly.
5. Brian's got a horrible cold. He's been **alternately** / **alternatively** freezing cold then boiling hot all night.

## D GRAMMAR .

### 1) Complete the sentences with the correct form of the verbs in brackets ( \_\_\_/8 Marks)

My older brother's about (1) \_\_\_\_\_ (start) a degree course in cinematography at university. He's always been interested in cinema and he loves making short films in his spare time so I'm sure he's going to enjoy it. Nevertheless, he was on the verge of (2) \_\_\_\_\_ (enroll) on something else altogether because my parents thought he should do something more academic. They'd advised him (3) \_\_\_\_\_ (apply) for a more traditional subject like history or geography because that's what people did when they were younger. Fortunately for him, his teacher saw things from a different perspective. She thought he'd only succeed at university if he (4) \_\_\_\_\_ (study) something that interested him. Knowing that cinema was his passion, she suggested (5) \_\_\_\_\_ (find out about) what courses were on offer and what the selection criteria were. It turned out that there were several universities (6) \_\_\_\_\_ (offer) courses, and he didn't have to get especially high grades. They were more interested in seeing what projects he (7) \_\_\_\_\_ (work on) in his free time. In the end, he got a place at a prestigious film school in Southampton. But supposing he (8) \_\_\_\_\_ (follow) my parents' advice? He might be about to start a degree in something which didn't interest him at all.

### 2) Use the word given in capitals at the end of some lines to form a word that fits in the gap in the same line ( \_\_\_/8 Marks)

*Why don't more children learn to play musical instruments?*

We tend to think that more traditional hobbies like reading, learning to play a musical instrument or playing sports are being replaced by (1) \_\_\_\_\_ ones like playing computer games. I've been arguing that point for some time but it seems I was (2) \_\_\_\_\_ when it comes to musical instruments. Apparently the number of children who (3) \_\_\_\_\_ practise an instrument has been on the increase in recent years. This is (4) \_\_\_\_\_ a good thing because not only is it relaxing, but it's also rewarding. There are also other (5) \_\_\_\_\_ benefits such as developing patience and fine motor skills. However, there are still many children who don't get the opportunity to learn. Figures suggest that it's the most (6) \_\_\_\_\_ children who are likely to learn. For their families, the cost of a (7) \_\_\_\_\_ to classes may well be prohibitive. However I would argue that it's worth doing whatever you can to make sure your children get the (8) \_\_\_\_\_ to learn an instrument.



TECHNOLOGY

TAKE

REGULAR

DENY

SIGNIFY

ADVANTAGE

SUBSCRIBE

POSSIBLE

3) Complete the second sentence so that it has a similar meaning to the first sentence using the word given. Do not change the word given. Use between three and six words. (\_\_\_\_/10 Marks)

1) The average household produces several tons of waste a year and we bury much of it in landfill sites. **DEAL**

The average household produces several tons of waste a year and \_\_\_\_\_ in landfill sites.

2) In the near future, scientists will have invented new ways for the body to heal itself.

**VERGE**

Scientists are \_\_\_\_\_ new ways for the body to heal itself.

3) If we don't leave in the next five minutes, we won't get to school on time. **PROVIDED**

We should get to school on time \_\_\_\_\_ in the next five minutes.

4) Lionel always tells everyone he is the best swimmer in the club. **BOASTING**

Lionel \_\_\_\_\_ the best swimmer in the club.

5) The new government funding is likely to be especially significant for schools in our area.

**DIRECT**

The new government funding is likely to \_\_\_\_\_ schools in our area.

4) Read the text and complete the gaps with ONE WORD ONLY. (\_\_\_\_/5 Marks)



The number (1) \_\_\_\_\_ people signing up to gyms has been rising steadily in recent years, attracted by the promise of healthier, fitter bodies. (2) \_\_\_\_\_ so, some experts say that this may not be the best way to achieve your dream body. They argue that working (3) \_\_\_\_\_ is only useful, ... when combined with a healthy diet. If you don't eat properly, your body will be (4) \_\_\_\_\_ healthier nor fitter. However, a problem for an (5) \_\_\_\_\_ lot of people is that they simply eat the wrong food. The most important thing is to completely cut (6) \_\_\_\_\_ sugary drinks and snacks. They should also go easy (7) \_\_\_\_\_ complex carbohydrates like bread, pasta and potatoes. Another problem with signing up to the gym (8) \_\_\_\_\_ that many people don't end up going. Due to the (9) \_\_\_\_\_ that it is both hard work and tiring, many people decide to stay at home instead. Achieving a fit and healthy body means (10) \_\_\_\_\_ end of discipline, so you need to be realistic. If you won't be able to stick to a personal fitness plan at the gym, why not just make sure you eat properly and get exercise?

**E WRITING . ( \_\_\_/20 Marks)**

You have had a class discussion about **ways in which health and fitness can be promoted among teenagers**. You have made the notes below:

### What are some of the ways we can promote health and fitness among teenagers?

- include classes on healthy eating
- offer free after-school sports activities
- encourage students to walk or cycle to school

### Some opinions expressed in the discussion:

- ‘Students tend to spend their lunch money on junk food rather than healthy options’
- ‘A lot of families can’t afford to enroll their children in sports clubs or gyms’
- ‘the majority of students either get the bus to school or get a lift off their parents’

**Write your essay in 220 - 260 words**

- Use appropriate verbal tenses
- Use a formal style, with a wide range of vocabulary and linking words
- Use suitable linking expressions