

English in-company
English File 4th Ed. Advanced - Test File 10.

Grammar

A. Add a relative pronoun (which, whom, who, etc) to complete each sentence. Use the prompts and THAT when possible.

1. The physiotherapist, _____, designed a recovery plan for the entire team. (*treat / most Olympic athletes*)
2. The stadium _____ underwent major renovations before the World Cup. (*host / national finals last year*)
3. The swimmer _____ broke her own record again. (*coach / I met in Barcelona*)
4. The new training facility, _____, is attracting top international athletes. (*open / only six months ago*)
5. The rule _____ was finally removed from the competition. (*many athletes / complain about*)

D. Correct the mistake in each sentence.

1. The cyclist which won the gold medal retired last year.
2. The player, who salary is the highest in the league, wants to renegotiate his contract.
3. The tournament—what is held every winter—will take place online this year.
4. The trainer whom I think works with the national team is giving a talk today.

A. Rewrite each sentence using the prompt in brackets to make a cleft sentence.

1. I enjoyed the food on the trip the most. (*What...*)

2. He booked the wrong flight because the website was confusing. (*It was... that...*)
3. She wants to visit Japan more than any other country. (*The country...*)
4. They lost their luggage at the airport. (*What... was...*)
5. The storm delayed our ferry for six hours. (*It was... that...*)

Vocabulary

A. Complete the sentences using the correct *word form* of the adjective in brackets.

1. Elite swimmers train daily to increase their lung _____ (deep) so they can stay underwater longer.
2. The new coach focused on _____ (strong) the team's core muscles before any advanced drills.
3. Marathon runners need exceptional _____ (long) in both physical and mental stamina.
4. The athlete's career took a significant _____ (high) after he won his first international gold medal.
5. Yoga can help runners reduce lower-back pain caused by overly _____ (short) hamstrings.
6. The physiotherapist recommended exercises to prevent muscle _____ (weak) after the injury.
7. To qualify for the finals, gymnasts must _____ (flat) their routines by eliminating unnecessary jumps.
8. Cyclists benefit from _____ (wide) their hip mobility to improve power output.
9. The sprinter's sudden _____ (thick) of breath indicated he had pushed his limits.

A. Choose the correct word. Only one fits each context.

foreigner / stranger / outsider – emigrant / immigrant / migrant – journey / trip / voyage – walk / stroll / wander – reclusive / reserved / shy – achieve / succeed / reach – ground / floor / soil – deplore / deny / decline

1. On my first day abroad, I felt like an absolute _____, even though everyone was friendly.
 2. She didn't _____ the invitation to join us; she simply wasn't able to attend.
 3. After weeks at sea, the sailors finally completed their long _____.
 4. The archaeologists were surprised by how fertile the _____ was compared to the surrounding desert.
 5. Although he was very talented, he never managed to _____ the summit before retiring.
 6. During our layover in Seoul, we had time for a quick afternoon _____ through the historic district.
 7. I absolutely _____ the way some tourists treat cultural sites with such disrespect.
 8. The government announced new support programs for seasonal agricultural _____.
 9. She's not unfriendly—just naturally _____, especially around new people.
 10. Our _____ to Patagonia included several days of hiking across glaciers and forests.
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