Name _____

C1 Unit test 3B

Navigate

1 Complete the sentences by putting the words in italics in the correct order.

1 There's a lot of work to be done, so what we really need is someone who's *their / dirty / hands / get / willing / to*.
_____.

2 Our new coach is amazing and he's really *of / the / team / morale / the / boosted*.
_____.

3 Jana's talking about her sporting achievements again! She *likes / attention / of / the / being / centre*.
_____.

4 Arek's a great boss, mainly because he's *new / and / to / open / flexible / ideas*.
_____.

5 There's no point in asking Fuat to make a decision. He always *the / on / fence / sits*!
_____!

2 points for each correct answer | | 10

2 Add the words from the box to the appropriate column in the table. There are two words that you don't need.

decline fly honey humans insect location species

Synonyms	Specific examples of a more general word	Titles and descriptive words
unpredictable / changeable [1] _____ / decrease	*hive / home* bee / [2] _____ [3] _____ / food [4] _____ / travel	*doctors and nurses / the medical profession* South-East Asia / [5] _____

2 points for each correct answer | | 10

3 Now use words from the box in exercise 2 to complete the text. There are two words you don't need.

The two main kinds of honeybee that are kept by beekeepers for either personal or commercial purposes are *A. mellifera* and *A. cerana indica*.

These two [1] _____ can be easily moved from place to place without ever having to remove the bees from their homes, which are known as hives.

Honeybees seem to originate in the south and south-eastern regions of Asia. In fact, almost all types of bee come from this [2] _____. Bee numbers in Western countries have been falling steadily for many years now, and unpredictable weather and new agricultural practices, among other things, have been blamed for the [3] _____.

Honeybees cease moving around outdoors when the weather gets cold; once temperatures reach about 10°C, they [4] _____ back to their hives. There, they gather around the queen bee in an effort to stay warm, a practice known as the 'winter cluster'.

We all know that we get the [5] _____ we eat from bees, but did you know that bees themselves use their stored stocks of this food to generate body heat during the winter season?

2 points for each correct answer | | 10

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4 Complete the sentences with suitable auxiliary verbs.

1 Michael doesn't have time to do the shopping today and neither _____ I.
2 We realized ages ago that it wasn't a good time to buy shares in that company, but unfortunately Jose _____.
3 Daniella had never thought she was good at motivating people but she realized she _____ when she read the feedback on her talk.
4 Stefan volunteered to stay late at work to help sort out the problem, and so _____ I.
5 Emile prefers to do online courses, but Claude _____.
6 I'm afraid I can't make the meeting this afternoon, but my boss _____. He'll explain it all to you.
7 We'll be there by seven o'clock but Kris and Ana _____ as they're taking the eight o'clock train from Liverpool.
8 Nobody's willing to join the office football team, but I _____.
9 The company had intended to take over some smaller businesses this year, but it hasn't _____ so yet.
10 Not many of my colleagues have booked time off during August, but I _____.

1 point for each correct answer | | 10

5 Choose the correct preposition from the words in italics to complete the sentences.

1 We had no fixed plan when we toured Greece. We just visited places *by* / *at* random.
2 Laura's *in* / *at* two minds about whether to accept that job offer or not.
3 Elena's certainly *to* / *on* the ball; she's already submitted her ideas for her final assignment.
4 The show we saw last night wasn't bad *on* / *for* the most part. I wasn't overly keen on some of the singing, though.
5 I was *at* / *with* a loss for words when she told me how much the repairs to her car had cost.
6 Igor hasn't been able to print out the documents because the printer is *out* / *in* of order.
7 Although usually very friendly, my sister can be moody *at* / *by* times.
8 Marla was *over* / *under* the impression that I'd be with her by 10 a.m., but I definitely told her it wouldn't be until the afternoon.
9 *With* / *Without* warning, the fire alarm suddenly went off and we all had to leave the building.
10 It'll probably take us a few hours *on* / *at* the very least to travel to the ski resort.

1 point for each correct answer | | 10

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6 Read the article about corporate fitness programmes.

Corporate Fitness

Companies are coming to the realization that desk-based jobs constitute occupational hazards. Consequently, they are investing large sums of money to keep their employees physically and mentally healthy and productive. And it's predicted that within a decade or so, such programmes will be so common that people will not accept a job in organizations without one.

Informed sources argue that this trend is not just a temporary one. According to one business health expert, there will be very few major companies that won't have become involved over the next few years. He explains that many companies have already implemented elaborate fitness operations, costing millions of dollars, as a means of both recruiting employees and improving their corporate image.

However, the drive for business fitness involves much more than mere recruitment. Industry in many countries suffers huge losses each year as a result of reduced productivity due to employee illness or stress. Indeed, it has been officially estimated that backaches alone cost industry millions of dollars. Such statistics have shaken large corporations into a realization that drastic measures need to be taken to get desk-based employees out of their seats.

Corporate fitness is no longer the joke that it once was. Physical exercise is being practised by all shapes and sizes of CEOs with the same kind of determination they used to show only in the boardroom. Some organizations have even reported that employees are happy to go on a waiting list to join their various fitness programmes, such is the demand.

What, though, are the benefits that may realistically be expected from all this physical effort? Several studies that have been carried out so far suggest that they are of considerable value. At one company, for instance, a study was carried out on 185 workers and their spouses. The study participants had not previously reported heart conditions, but, nevertheless, they were trained by a team of experts in an effort to improve their hearts. Initially they had their blood pressure, stress levels, body fat percentage, etc. measured and six months later, more than 50% of the study subjects had slipped from the high-risk to the low-risk category. This improved health status also meant a substantial decrease in medical claim costs per head when compared with the previous year.

Although the value of corporate fitness programmes has not been scientifically proven, the fitness movement is unlikely to run out of steam in the near future. Some experts are of the opinion that physical fitness could well become a required condition of employment. In the future, it is probable that employees whose ambition is to move up the corporate ladder may have to show their superiors that they are not only mentally but also physically fit.

Further developments have involved companies checking out the physical health of prospective employees before hiring them. Legal problems could result if this were interpreted as discriminatory, but with companies paying so much of their employees' health costs, many of them consider that they have a right to know about prospective employees' physical limitations.

Employers have been increasingly having more of a say in the lives of their employees. In the field of health care, for example, what started out some years ago as basic plans have since developed into full medical coverage for the worker and their whole family. Dental and eye-care plans are also included now. And along with physical fitness comes another corporate trend – employee assistance programmes for people with personal issues. Under these arrangements, employees are offered professional counselling services at the company's expense.

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Choose the correct answer a–c to answer the questions.

1 According to the article, why are corporate fitness programmes becoming more common? _____
   a Employers see them as a way of keeping employees in the workplace for longer.
   b Employers realize that it makes sense for the business to look after its staff's health.
   c Employers find it difficult to recruit the right workforce if they don't offer one.

2 In the article, which of the following is not mentioned as a common health issue among employees? _____
   a nervous tension
   b back injuries
   c eye problems

3 What prediction does the author of the article make about recruitment in the future? _____
   a Companies will evaluate candidates' physical health before hiring them.
   b Companies that do not have gyms will find it difficult to attract the right staff.
   c Companies will ask applicants to undertake a test to monitor their stress levels.

4 The author concludes that _____.
   a employers now have more involvement in their staff's lives than at any point previously
   b employers need to think about additional benefits they can offer their workers
   c employers should consider providing health care for employees' families as well

2 points for each correct answer | | 8

7 Two colleagues are discussing a sales event at their office. Complete the dialogue by putting the words in italics in the correct order.

Rauf Hi Selma. Shall we get started as we've a lot to get through?

Selma Yes, let's crack on. So, next month's sales event – [1] *I / am / right / that / in / thinking*

_____

Murat's dealing with the catering?

Rauf That's correct, yes. He says we're using an outside firm this time and they'll deliver the buffet lunch in the morning.

Selma Oh … so it's going to be a selection of cold snacks, then. [2] *what / you / mean / that / is*?

_____

Rauf Exactly.

Selma I'm not sure that's such a good idea, actually. [3] *I'm / saying / what / is*

_____ that people would probably prefer a hot meal as it's the middle of winter.

Rauf [4] *words / in / so, / other*

_____, this could be a bit embarrassing for us? It might look as if we haven't made much of an effort to look after our guests, you mean?

Selma Yes, exactly. Ask Murat to speak to our own catering department … tell him to talk to Gino and ….

Rauf [5] *catch / sorry, / I / that / didn't.*

_____

Selma Actually, better still … tell Murat to come and see me.

2 points for each correct answer | | 10

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8 Match the beginnings 1–6 and endings a–h of the sentences. There are two endings that you don't need.

1 One reason that companies offer their employees fitness programmes _____.
2 Many companies see an annual decrease in profits _____.
3 Corporate fitness is now taken more seriously by senior management _____.
4 According to statistics, participation in fitness programmes _____.
5 Companies fund a high percentage of employees' health costs _____.
6 Some companies have extended the benefits they offer their employees _____.

a may allow employees to enjoy reduced health care bills
b is the huge variety in the sports facilities on offer
c is to secure a better reputation in the business world
d to include advisory support for staff experiencing emotional problems
e and this has meant an increase in staff illness
f due to illness-related underperformance on the part of their employees
g so they feel entitled to know about any problems they may have
h and this is reflected in their behaviour

2 points for each correct answer | | 12

9 Complete the sentences with *a/an*, *the* or – (no article).

1 With the current conversion rate, £1 is equal to _____ euro.
2 Fiona has always had _____ keen interest in sports.
3 _____ ant is one of the most intelligent insects there is.
4 Wimbledon, where _____ world-famous tennis championship takes place, is in London.
5 If I'd had more encouragement, I probably would have taken up _____ martial arts.
6 Thanks for offering to lend me some cash, but no amount of _____ money is going to solve this problem.
7 Our basketball coach said we needed to practise hard for _____ tournament on Saturday.
8 Do you know when _____ football was invented?
9 I think _____ way people follow particular fashion trends is very often boring to say the least.
10 I generally try to get down to the gym once or twice _____ week.

1 point for each correct answer | | 10

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10 Complete the sentences with the correct form of the verbs from the box. There are two verbs that you don't need.

come off	fall flat	get to	give in	make it
pay off	turn out			

1 I felt sorry for the comedian when joke after joke just _____ with the audience.
2 John didn't plan a career in education but that's how things _____ for him recently.
3 We didn't want to admit that we were struggling with our accounts, but in the end we _____ and asked for some assistance.
4 Your hard work is certainly _____. Your grades are improving all the time!
5 After years of service to the company, Adam's finally _____. He was made director last week.

2 points for each correct answer		10
Unit 3B test total		100

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