



OPTIMISE B1+ – TEST (UNITS 1–6)

Name:

Date:

VOCABULARY + GRAMMAR

VOCABULARY

1. UNIT 1 – Technology & Habits

Complete the text with the correct option A, B or C.

I can't imagine my life without my phone. Every morning, it helps me (1) ____ my day by reminding me of my timetable. My parents say I should (2) ____ more time reading books, but I prefer using apps to learn new things. I also like (3) ____ videos about science and technology. My older brother thinks I'm too (4) ____ on my phone, but I disagree. For me, technology is (5) _____, especially for school projects.

1. A organise B make C take
2. A make B spend C do
3. A watching B to watch C watch
4. A depend B dependent C dependence
5. A useable B useful C likeable

2. UNIT 1 – Collocations & Tech Vocabulary

Choose the correct word to complete each sentence.

1. I need to **download** / **increase** more space before installing the new software.
2. My cousin can't **make** / **take** a decision without checking online reviews first.
3. Can you **do** / **make** me a favour and fix my laptop?
4. My tablet isn't **reliable** / **believable** anymore. It keeps turning off.
5. I always **take** / **make** notes on my phone during class.

3. UNIT 2 – Education & Adjectives

Complete the sentences with a word that ends in -FUL or -IVE.

1. My maths teacher is very patient and **help**_____.
2. The film we watched in history class was really **inform**_____.
3. I'm not very **organ**_____, so I often forget my homework.
4. Our school library is very **use**_____ when preparing for exams.
5. Yesterday's lesson was very **creat**_____ and fun.

4. UNIT 2 – Phrasal Verbs (Learning)

Complete the sentences with the correct particle.

1. I didn't understand the exercise, so I asked the teacher to go _____ it again.
2. My sister gave _____ yoga last year and now she loves it.
3. We have an exam tomorrow, so I'm going to look _____ my notes tonight.
4. If you don't know the word, look it _____ in a dictionary.
5. He's trying to keep _____ with all the schoolwork, but it's not easy.

5. UNIT 3 – Nouns with –ITY / –NESS

Write the correct noun.

1. curious → **curios**_____
2. responsible → **responsibil**_____
3. happy → **happi**_____
4. active → **activ**_____
5. possible → **possibil**_____

6. UNIT 4 – City Vocabulary

Match places in the city (1–5) with their descriptions (A–E).

1. pavement
2. suburbs
3. square
4. shopping mall

5. underground

- A. A place with many shops inside one building
- B. Areas outside the city centre
- C. A safe place for people to walk
- D. The transport system that travels below the city
- E. An open public space in the city

7. UNIT 5 – Hobbies & Verbs

Choose the correct option A, B or C.

Bruno loves spending weekends with his friends. They usually (1) ____ together in a park. Bruno likes to (2) ____ his guitar and sing. His dream is to (3) ____ his own music in the future. His sister prefers things like painting or sports because they help her (4) _____. Their parents always (5) ____ them to follow their interests.

- 1. A hang out B look after C take after
- 2. A play B make C do
- 3. A create B debate C separate
- 4. A relaxate B relax C decorate
- 5. A encourage B locate C dedicate

8. UNIT 6 – Food & Health Vocabulary

Write ONE word in each gap.

- 1. Eating too much sugar is bad _____ your health.
- 2. I prefer meals _____ are easy to cook.
- 3. Fresh fruit is healthier _____ fast food.
- 4. I try to stay active by walking _____ school every day.
- 5. If I eat well, I usually feel more _____ (form an adverb from *healthy*).

GRAMMAR

9. UNIT 1 – Present Simple vs Continuous / Stative Verbs

Choose the correct option.

1. She **uses / is using** her laptop to finish her project today.
2. I **don't believe / am not believing** that this app really works.
3. They **are meeting / meet** their friends every Friday after school.
4. My dad **is having / has** an old computer that he never uses.
5. We **are studying / study** for our exams this week.

10. UNIT 2 – Past Simple & Continuous / Past Habits

Complete with the correct form: past simple or past continuous.

1. I _____ (walk) home when it _____ (start) to rain.
2. Mom _____ (cook) dinner while I _____ (do) my homework.
3. We _____ (not use) to have smartphones when we were children.
4. My sister _____ (be used to) getting up early because of school.
5. I _____ (would / used to) spend hours reading comic books.

11. UNIT 3 – Modals (ability, obligation, deduction)

Choose the correct option.

1. You **should / can** try this new app — it's amazing!
2. He isn't answering his phone. He **must / might** be sleeping.
3. We **don't have to / mustn't** bring our laptops tomorrow (it's optional).
4. She's so talented — she **can / must** play the guitar really well.
5. This can't be true — the video **can't / mustn't** be real!

12. UNIT 4 – Present Perfect Simple & Continuous / Question Tags

Complete the sentences.

1. She _____ (live) in Buenos Aires for ten years.
2. They _____ (work) on that project all afternoon.

3. You've visited Recoleta Cemetery, _____ you?
4. He isn't coming tonight, _____ he?
5. How long _____ you _____ (study) English?

13. UNIT 5 – Future Forms / Comparatives & Superlatives

Choose the correct option.

1. I **will visit / am going to visit** my cousin next weekend (already planned).
2. This film is **more exciting / the most exciting** one I've ever seen.
3. She **is meeting / will meet** her friends after class (arranged).
4. Running is **healthier / the healthier** than sitting at home.
5. By 2035, cars **will be / are going to be** more eco-friendly.

14. UNIT 6 – Conditionals 0–2

Complete with the correct form.

1. If you heat water, it _____ (boil).
2. If I have time tomorrow, I _____ (make) a healthy dessert.
3. If I _____ (be) you, I'd talk to the teacher.
4. You feel better if you _____ (eat) good food.
5. If she ate earlier, she _____ (not feel) tired now.