

Reading Worksheet – Hobbies & Skills

Part A – Pre-Reading Questions

- What hobbies do you think young people enjoy the most?
- How can a hobby help someone develop new skills?
- Which hobby would you choose if you had more free time?

Part B – Reading Passage

“The Importance of Hobbies in Personal Growth”

Hobbies are more than just fun activities; they help shape who we are. Many students today spend hours online, yet having a meaningful hobby brings balance to life.

Sara, a high school student, loves painting. She practices every evening, developing her

- creativity and calming her mind. Over time, she has gained confidence and even participated in an art exhibition.

Meanwhile, Emre prefers being outdoors. He began hiking a year ago, and although it was difficult at first, he stayed determined. Now he feels stronger, healthier, and more motivated. Hiking has become a way for him to challenge himself and connect with nature.

These stories show that hobbies help people grow mentally, emotionally, and socially.

Part C – Comprehension Questions

- Why does the text say hobbies are important?
- What benefit does Sara get from painting?
- How did Emre's experience with hiking change him?
- What common skills can hobbies help develop?
- What do Sara and Emre's stories have in common?

Part D – True / False

- Sara practices painting only once a week. ()
- Emre found hiking easy when he first started. ()
- Hobbies can help people grow emotionally. ()
- The passage is only about outdoor hobbies. ()
- Emre plans to continue challenging himself. ()

Part E – Vocabulary Practice

- 1. discover
- 2. reduce
- 3. challenge
- 4. creative
- 5. discipline