

Reading Worksheet – Hobbies & Skills

Part A – Pre-Reading Questions

- ☐ What hobbies do you think young people enjoy the most?
- ☐ How can a hobby help someone develop new skills?
- ☐ Which hobby would you choose if you had more free time?

Part B – Reading Passage

“The Importance of Hobbies in Personal Growth”

Hobbies are more than just fun activities; they help shape who we are. Many students today spend hours online, yet having a meaningful hobby brings balance to life.

- ☐ Sara, a high school student, loves painting. She practices every evening, developing her creativity and calming her mind. Over time, she has gained confidence and even participated in an art exhibition.

Meanwhile, Emre prefers being outdoors. He began hiking a year ago, and although it was difficult at first, he stayed determined. Now he feels stronger, healthier, and more motivated. Hiking has become a way for him to challenge himself and connect with nature.

These stories show that hobbies help people grow mentally, emotionally, and socially.

Part C – Comprehension Questions

- ☐ Why does the text say hobbies are important?
- ☐ What benefit does Sara get from painting?
- ☐ How did Emre’s experience with hiking change him?
- ☐ What common skills can hobbies help develop?
- ☐ What do Sara and Emre’s stories have in common?

Part D – True / False

- ☐ Sara practices painting only once a week. ()
- ☐ Emre found hiking easy when he first started. ()
- ☐ Hobbies can help people grow emotionally. ()
- ☐ The passage is only about outdoor hobbies. ()
- ☐ Emre plans to continue challenging himself. ()

Part E – Vocabulary Practice

- ☐ 1. discover
- ☐ 2. reduce
- ☐ 3. challenge
- ☐ 4. creative
- ☐ 5. discipline