

### Listening

1 **Recording 1** Listen to Ella and Omar talking about the news. Write true (T) or false (F).

- Ella believes that the world was better in the past. F
- Omar says that recently some people are afraid of not having enough food.
- Ella agrees with Omar that people should stop following the news.
- Ella doesn't think we analyse news stories enough.
- Ella mentions that everyone has longer lives nowadays.
- Ella says the reduction of poverty is exciting news for most people.

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2 **Recording 2** Listen to five people talking about important events in their lives. Match the statements (a–f) with the speakers (1–5).

- Speaker 1 d,
- Speaker 2
- Speaker 3
- Speaker 4
- Speaker 5

- I might not get married.
- I need to make a complete change.
- I've been married for nearly 50 years.
- I moved abroad to be close to someone.
- I've recently lost a loved one.
- I wanted a loved one to leave.

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3 **Recording 2** Listen again and tick (✓) the correct answer, a, b or c.

- Speaker 1 met her boyfriend when ...
  - she was studying away from home.
  - she was living in Florence.
  - her boyfriend was studying in her country.
- Speaker 1 doesn't want to ...
  - go travelling on her own.
  - return to her own country immediately.
  - split up with her boyfriend.
- Speaker 2 says that ...
  - her son didn't want to go to university.
  - her son needed to travel and see the world.
  - her relationship with her son has improved.
- Speaker 3 says that he and his partner ...
  - met before they started university.
  - were close before becoming a couple.
  - have never discussed getting married.
- Speaker 4 was surprised when ...
  - he inherited something significant.
  - he was criticised by his family.
  - his uncle passed away.
- Speaker 5 believes that her children are planning ...
  - her 70th birthday party.
  - to have children of their own.
  - a family reunion.

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### Grammar

4 Match the sentence halves.

- We can't afford to buy a flat. Bearing e
- Gina says she doesn't like her job. And
- If the media hadn't exposed this cover-up,
- The government should be doing more about global warming. Having said
- The accident could have been avoided
- Moving to a new house was nowhere near
- The sequel is nothing like as
- a that, the public also need to take responsibility.  
b yet, she hasn't been looking for another one.  
c if he hadn't got distracted.  
d good as the first film.  
e that in mind, we should rent one instead.  
f as stressful as we thought it would be.  
g the public would still be unaware of the issue.

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5 Complete the sentences with the words and phrases in the box.

do did even so in spite of suppose  
touch way will

- This wallpaper is a touch nicer than that one.
- A: You should have sent me a text message.  
B: I  . You mustn't have seen it.
- My new bedroom is   bigger than my old one.
- being a little negative, I really like Sonia.
- A: Are you doing anything for your birthday?  
B: I probably  .
- The restaurant wasn't cheap.   it was still good value.
- What do you   we should say to their parents?
- A: You look like you need a rest.  
B: I  . I'm exhausted.

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6 Choose the correct alternative to complete the sentences.

- The dessert wasn't quite / nothing as sweet as I expected.
- A: She was so sick that she couldn't get out of bed.  
B: That can't be / can't have been pleasant for her.
- If you hadn't left your wallet at home, we wouldn't be / won't be in this situation.
- I asked the kids to be quiet. Considering / Despite that, they continued shouting at each other.
- What do you think should we / we should do about food for the party?
- A: Have you been playing much tennis lately?  
B: I wish I have / had. I just can't find the time.
- How was it that didn't you / you didn't get the results until yesterday?
- A: Someone stole some plants from my garden.  
B: That can't / must have been annoying.

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### Vocabulary

7 Complete the sentences with the words and phrases in the box.

blend hold impose tariffs  
make a clean break nod off snore  
sprinkle tie the knot

- 1 Before serving the pasta, sprinkle some grated cheese on top.
- 2 Sometimes I snore so loudly that I wake up everyone in the house.
- 3 You should blend the vegetables together until they are smooth.
- 4 The government is planning to hold a referendum on the matter.
- 5 My sister and her boyfriend have decided to tie the knot. Their wedding is next June.
- 6 The President is planning to impose tariffs on imports of vehicles.
- 7 His job isn't going well so he's going to make a clean break and look for something else.
- 8 Sometimes I'm so tired that I nod off at my desk while I'm working.

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### 8 Choose the correct answer, a, b or c, to complete the sentences.

- 1 The results of the election were so close that they ordered a a.  
a recount   b turnout   c vote
- 2 My wife gets up at five o'clock every morning so you could say she's a.  
a a night owl   b an early riser   c a deep sleeper
- 3 Would you mind b the potatoes? I don't like them with the skin on.  
a soaking   b roasting   c peeling
- 4 I don't have time to do everything so I have to c some tasks to my colleagues.  
a collaborate   b delegate   c facilitate
- 5 The president got 95 percent of the votes so I'm sure the election was c.  
a fixed   b nominated   c re-elected
- 6 The political scandal is sure to a to resignations from the government.  
a expose   b lead   c trigger
- 7 If I don't have a in the afternoon, I don't have energy for the rest of the day.  
a a nap   b a sleepless night  
c jet-lag
- 8 You need to b the spinach properly so you get rid of all the water.  
a dip   b drain   c grate

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9 Complete the sentences with the correct word. The first letters are given.

- 1 If you want to s t e a m vegetables, you need to cook them over boiling water.
- 2 When you want to vote, you need to go to your local p \_\_\_\_\_ s \_\_\_\_\_.
- 3 There has been a major b \_\_\_\_\_ in negotiations and we are about to sign an agreement.
- 4 The opposition asked for a r \_\_\_\_\_ of the votes, but they still didn't get a majority.
- 5 Although the parts are imported, the cars are a \_\_\_\_\_ in the UK.
- 6 Jan can't stop y \_\_\_\_\_. He must be either really tired or really bored.
- 7 We will m \_\_\_\_\_ your progress as you work through the course online.

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### Function

10 Complete the sentences for giving a presentation with visuals with the words in the box. Then match them with the categories a–g. One of the categories is used twice.

account consequence equivalent look  
obvious pie chart see turn

- 1 As you can see \_\_\_\_\_, the main trend is upward in viewer subscriptions.
- 2 The first and perhaps most obvious point is that the graph only shows the years up to 1995.
- 3 Now, let's turn at some of the other options available to us.
- 4 Increases in wages seem to turn for some of the rise in spending.
- 5 The account here shows how our customers are distributed across the region.
- 6 As a consequence of these major changes, we have made significant savings.
- 7 That's the turn of spending more than \$1000 on every man, woman and child.
- 8 Let's see now to the issue of our electoral system.
  - a Explain what the visual is about
  - b Summarise the overall trend or core message
  - c Highlight some key features of the visual
  - d Provide a comparison
  - e Explain causes
  - f Explain effects of the main trend
  - g Signpost the end of the section and what you will talk about next.

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## Reading

11 Read an article in which five people talk about sleeping. Match the occupations a–e with the people 1–5.

- a student
- b senior citizen
- c airport worker
- d performer
- e stay-at-home parent

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12 Read the article again. Write true (T) or false (F).

- 1 Tina doesn't have problems dealing with jet lag.
- 2 Tina sometimes doesn't have time to sleep.
- 3 Paolo used to sleep late at the weekend.
- 4 Paolo gets up at the same time as his wife.
- 5 Mahçe finds it difficult to get up early.
- 6 Mahçe thinks she needs more sleep.
- 7 Mahçe agrees with her mother's advice.
- 8 Stephane agrees with his friends' opinion.
- 9 Stephane would prefer to just work nights.
- 10 Violet would stay up late when she was young.
- 11 Having children didn't affect Violet's sleep.
- 12 Violet usually falls asleep quite early.

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## Difficulty sleeping

1 Tina   

As an international party DJ, I spend much of the time in the air, travelling from one nightclub to another to play music. Although it might sound really glamorous, coping with jet lag is a battle for me. To make matters worse, I don't have a nine to five job. In my case, I might go on stage at 1 a.m. and could be playing dance music until six in the morning. Of course, by the time I've packed up, I might not get back to my hotel until 9 a.m. On a few occasions, I haven't even had time to go to bed because I've had to get to the airport to catch a flight. I sleep whenever I can because I need plenty of energy for my gigs, but in my line of work that's easier said than done.

2 Paolo   

I've always loved my sleep and before we had the kids, I'd always have huge lie-ins on a Sunday morning. That's all changed now of course. My son, the oldest, is three and my daughter is only eight months and they won't be letting me have a lie-in any time soon. The youngest one still doesn't sleep through the night and my wife will get up a couple of times to feed her. She'll usually settle down at around six o'clock but that's around the time my son wakes up. That's also my alarm call because, even though I'm not working at the moment, someone has to give him his breakfast and look after him. As my wife's usually had to get up in the night, I don't have much choice!

3 Mahçe   

I'm pretty used to getting up early in the mornings because I have to be at school by half past eight. Even

so, I don't think that being an early riser is good for me, as I just get tired during the day. That said, I still struggle to get to sleep in the evenings and I often stay up late. I only get about seven hours sleep and that's nowhere near enough. In fact, I read somewhere that teenagers need way more sleep than that. My mum's always telling me to go to bed earlier but what's the point if I won't be able to sleep? I think the answer is for school to start later in the mornings. I don't know any teenagers who'd have a problem with that.

4 Stephane   

I work as ground staff for an airline and for the past few months I've been working a shift pattern called 'four on, four off'. Basically, that means I work for four days, then I have four days off. My friends think this sounds amazing, but it couldn't be further from the truth. For one thing, I have to work 12-hour shifts, so I'm usually exhausted by the end of them. For another, each shift consists of two days followed by two nights, which means my sleep pattern is constantly being broken. To be honest, I'd rather work four nights than be changing all the time. I can't see myself sticking at this for too long.

5 Violet   

As I've got older, I've found that my sleep patterns have changed a lot. I was a real night-owl when I was in my youth, but that changed a lot when I had children. I needed to be up early for them so I would always be in bed at a reasonable time. I'd always be out like a light because I was so exhausted. I still go to bed quite early but nowadays it takes me ages to fall asleep. Sometimes I'll nod off when I'm reading but I usually wake up and then I just lie there tossing and turning for hours. I don't know what causes my sleeplessness because it's not like I'm anxious or anything. I guess it must be old age.

## Writing

13 Complete the phrases for challenging evidence used in an article with the words in the box.

cites claims found misrepresents  
points support

- 1 The article   claims   that there won't be enough jobs for everyone in the future.
- 2 Unfortunately, the article completely    the findings of the study.
- 3 In fact, the study does not    the view that human workers will not be necessary.
- 4 The writer    to research carried out by a Swiss university.
- 5 What the study    was that machines would continue to change the ways in which we work.
- 6 There are several problems with the article and with the research which it   .

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