

## Lesson 1-6 Key Word Review

Habit	person conditions with regard to psychological health
Attitude	regular tendency
Often	to do something often
Promise	regular tendency
Strength	frequently; many times
Health	known for sure
Blame	settled way of thinking
Wellness	carry out
Commit	state of being in good health
Ability	skill to do something
Physical health	assurance that one will do a particular thing
Responsibility	assign for a fault or wrong
Certain	overall physical condition
Capability	ability to do a task well
Mental health	happening daily
Frequent	state of being free from illness or injury
Habits	fact of having a duty
Every day	ability to do something
Potential	having the capacity to develop something in the future