

Narrative and Descriptive Readings in Health

Practice Section — TOEFL-Style Reading Exercises

Simulation 1 (Narrative – 10 Questions)

Text:

Maria is a nurse. She starts work at 7:00 AM. Today, she cares for an elderly patient named Mr. Diaz. He has difficulty walking. Maria helps him move to a chair and brings him water. Mr. Diaz smiles and says, "Thank you, Maria." She feels happy because she can help him.

Questions

1. What is Maria's job?
 - a) Teacher
 - b) Nurse
 - c) Driver
 - d) Chef
2. What time does Maria start work?
 - a) 6:00 AM
 - b) 7:00 AM
 - c) 8:00 AM
 - d) 9:00 AM
3. Why does Mr. Diaz need help?
 - a) He is tired
 - b) He cannot hear
 - c) He has difficulty walking
 - d) He is hungry
4. What does Maria bring to Mr. Diaz?
 - a) A book
 - b) Water
 - c) Shoes
 - d) Medicine

5. How does Mr. Diaz feel when Maria helps him?
 - a) Angry
 - b) Sad
 - c) Scared
 - d) Grateful (he smiles)
6. How does Maria feel?
 - a) Happy
 - b) Sick
 - c) Confused
 - d) Upset
7. This text is mainly about:
 - a) A hospital building
 - b) A nurse caring for a patient
 - c) A doctor doing surgery
 - d) A student in school
8. What can we infer about Maria?
 - a) She likes helping others
 - b) She does not like her job
 - c) She is always late
 - d) She is angry
9. What is the relationship between Maria and Mr. Diaz?
 - a) Friends
 - b) Patient and nurse
 - c) Neighbors
 - d) Family
10. Why does Maria feel happy?
 - a) She is leaving work
 - b) She can help her patient
 - c) She received a gift
 - d) She is eating lunch

Simulation 2 (Descriptive – 10 Questions)

Text:

The clinic room is small but clean. There is a white bed in the center. A blood pressure monitor is on the table. The window is open, and fresh air comes in. The walls are light blue. The room feels calm and comfortable.

Questions

11. How is the clinic room described?
 - a) Big and dark
 - b) Small and clean
 - c) Small and dirty
 - d) Large and cold
12. What is in the center of the room?
 - a) A desk
 - b) A bed
 - c) A computer
 - d) A chair
13. What medical tool is mentioned?
 - a) Stethoscope
 - b) Blood pressure monitor
 - c) Thermometer
 - d) Oxygen tank
14. What comes in through the window?
 - a) Fresh air
 - b) Rain
 - c) Smoke
 - d) Sunlight only
15. The color of the walls is:
 - a) Red
 - b) Blue

- c) Green
- d) Yellow

16. The atmosphere of the room feels:

- a) Loud
- b) Calm
- c) Scary
- d) Cold

17. This text is an example of _____.

- a) Narrative
- b) Descriptive
- c) Argumentative
- d) Persuasive

18. The bed is likely used for:

- a) Sleeping at night
- b) Patient examination
- c) Decoration
- d) Storage

19. The room is probably in:

- a) A hospital or clinic
- b) A restaurant
- c) A school cafeteria
- d) A movie theater

20. The description helps the reader:

- a) See what the room looks like
- b) Learn how to treat a patient
- c) Read a story
- d) Take a test

Simulation 3 (Narrative in Health – 10 Questions)

Text:

Carlos is a medical student. Today he is practicing taking blood pressure. He

works with another student named Ana. Ana sits in a chair and relaxes her arm. Carlos gently places the cuff on her arm and watches the numbers. He writes the result in his notebook.

Questions

21. What is Carlos studying to be?
 - a) A nurse
 - b) A doctor
 - c) A teacher
 - d) A dentist
22. What is Carlos practicing today?
 - a) Giving medicine
 - b) Taking blood pressure
 - c) Writing reports
 - d) Doing surgery
23. Who works with Carlos?
 - a) Mr. Diaz
 - b) Maria
 - c) Ana
 - d) Sofia
24. What does Ana do during the practice?
 - a) Stands
 - b) Runs
 - c) Sits and relaxes her arm
 - d) Sleeps
25. What does Carlos place on Ana's arm?
 - a) A thermometer
 - b) A bandage
 - c) A cuff
 - d) A cast
26. What does Carlos look at?
 - a) Letters

- b) Numbers
 - c) Colors
 - d) Lights
27. What does Carlos use to record information?
- a) Board
 - b) Notebook
 - c) Phone
 - d) Computer
28. This practice is probably happening in:
- a) A hospital
 - b) A medical classroom or lab
 - c) A restaurant
 - d) A gym
29. How does Carlos place the cuff?
- a) Gently
 - b) Quickly
 - c) Roughly
 - d) Angrily
30. What is the main idea?
- a) A student practicing a medical skill
 - b) A doctor treating a patient
 - c) A nurse cleaning a room
 - d) A child learning to read

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