

# Narrative and Descriptive Readings in Health

## Practice Section — TOEFL-Style Reading Exercises

### Simulation 1 (Narrative – 10 Questions)

#### Text:

*Maria is a nurse. She starts work at 7:00 AM. Today, she cares for an elderly patient named Mr. Diaz. He has difficulty walking. Maria helps him move to a chair and brings him water. Mr. Diaz smiles and says, "Thank you, Maria." She feels happy because she can help him.*

#### Questions

1. What is Maria's job?
  - a) Teacher
  - b) Nurse
  - c) Driver
  - d) Chef
  
2. What time does Maria start work?
  - a) 6:00 AM
  - b) 7:00 AM
  - c) 8:00 AM
  - d) 9:00 AM
  
3. Why does Mr. Diaz need help?
  - a) He is tired
  - b) He cannot hear
  - c) He has difficulty walking
  - d) He is hungry
  
4. What does Maria bring to Mr. Diaz?
  - a) A book
  - b) Water
  - c) Shoes
  - d) Medicine

5. How does Mr. Diaz feel when Maria helps him?

- a) Angry
- b) Sad
- c) Scared
- d) Grateful (he smiles)

6. How does Maria feel?

- a) Happy
- b) Sick
- c) Confused
- d) Upset

7. This text is mainly about:

- a) A hospital building
- b) A nurse caring for a patient
- c) A doctor doing surgery
- d) A student in school

8. What can we infer about Maria?

- a) She likes helping others
- b) She does not like her job
- c) She is always late
- d) She is angry

9. What is the relationship between Maria and Mr. Diaz?

- a) Friends
- b) Patient and nurse
- c) Neighbors
- d) Family

10. Why does Maria feel happy?

- a) She is leaving work
- b) She can help her patient
- c) She received a gift
- d) She is eating lunch

## Simulation 2 (Descriptive – 10 Questions)

### Text:

*The clinic room is small but clean. There is a white bed in the center. A blood pressure monitor is on the table. The window is open, and fresh air comes in. The walls are light blue. The room feels calm and comfortable.*

### Questions

11. How is the clinic room described?

- a) Big and dark
- b) Small and clean
- c) Small and dirty
- d) Large and cold

12. What is in the center of the room?

- a) A desk
- b) A bed
- c) A computer
- d) A chair

13. What medical tool is mentioned?

- a) Stethoscope
- b) Blood pressure monitor
- c) Thermometer
- d) Oxygen tank

14. What comes in through the window?

- a) Fresh air
- b) Rain
- c) Smoke
- d) Sunlight only

15. The color of the walls is:

- a) Red
- b) Blue

- c) Green
- d) Yellow

16. The atmosphere of the room feels:

- a) Loud
- b) Calm
- c) Scary
- d) Cold

17. This text is an example of \_\_\_\_\_.

- a) Narrative
- b) Descriptive
- c) Argumentative
- d) Persuasive

18. The bed is likely used for:

- a) Sleeping at night
- b) Patient examination
- c) Decoration
- d) Storage

19. The room is probably in:

- a) A hospital or clinic
- b) A restaurant
- c) A school cafeteria
- d) A movie theater

20. The description helps the reader:

- a) See what the room looks like
- b) Learn how to treat a patient
- c) Read a story
- d) Take a test

#### **Simulation 3 (Narrative in Health – 10 Questions)**

##### **Text:**

*Carlos is a medical student. Today he is practicing taking blood pressure. He*

*works with another student named Ana. Ana sits in a chair and relaxes her arm. Carlos gently places the cuff on her arm and watches the numbers. He writes the result in his notebook.*

### **Questions**

21. What is Carlos studying to be?

- a) A nurse
- b) A doctor
- c) A teacher
- d) A dentist

22. What is Carlos practicing today?

- a) Giving medicine
- b) Taking blood pressure
- c) Writing reports
- d) Doing surgery

23. Who works with Carlos?

- a) Mr. Diaz
- b) Maria
- c) Ana
- d) Sofia

24. What does Ana do during the practice?

- a) Stands
- b) Runs
- c) Sits and relaxes her arm
- d) Sleeps

25. What does Carlos place on Ana's arm?

- a) A thermometer
- b) A bandage
- c) A cuff
- d) A cast

26. What does Carlos look at?

- a) Letters

- b) Numbers
- c) Colors
- d) Lights

27. What does Carlos use to record information?

- a) Board
- b) Notebook
- c) Phone
- d) Computer

28. This practice is probably happening in:

- a) A hospital
- b) A medical classroom or lab
- c) A restaurant
- d) A gym

29. How does Carlos place the cuff?

- a) Gently
- b) Quickly
- c) Roughly
- d) Angrily

30. What is the main idea?

- a) A student practicing a medical skill
- b) A doctor treating a patient
- c) A nurse cleaning a room
- d) A child learning to read

T. Sue