Read the text below then choose the best answers.

If you wake up early in the morning, you might notice an interesting sight. City parks and streets are often filled with busy men, women, and children. However, they aren't commuting to work or school; they are exercising. While some play sports like football or badminton, many others are jogging.

What exactly is jogging? It is simply running at a gentle pace. People jog to relax, maintain fitness, or just for enjoyment. In our modern world, life has become very sedentary. Fast transportation and elevators in tall buildings mean we rarely exert ourselves physically. Consequently, many people get very little natural exercise.

So, what do you need to start jogging? Very little. You only need a pair of running shoes, some shorts or jeans, a sweater, and a bit of courage. Don't be embarrassed when you first start. It is best to begin slowly, perhaps by alternating between running and walking, and not going too far. Once you establish a routine, you will feel fit, healthy, and ready to start your busy day feeling fresh.

If you need proof of why this is necessary, look around the swimming pool the next time you visit. Notice how many people over thirty have excess belly fat. This visible sign of inactivity explains why so many people today are turning to jogging and other forms of exercise.

1. From the text, we know that ....
   A. Jogging can make people relax
   B. Jogging will need extra sport equipment to use
   C. People get many exercises in easy and comfortable life
   D. Jogging program means extra exercise for city people
   E. The neighbor will be embarrassing to see us jogging
2. The communicative purpose of the text is ...
   A. to show the steps of jogging
   B. to analyze what jogging is
   C. to discuss about jogging
   D. to see if jogging works
   E. to tell what jogging is
3. What will a jogger feel after having a regular jogging program?
   A. well and fit
   B. strong and fat
   C. fat and clumsy
   D. weak and stressed
   E. tired and exhausted
4. The text above is called ... text.
   A. recount
   B. narrative
   C. descriptive

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D. announcement

E. advertisement



Lionel Messi is a phenomenal football player from Argentina. He is famous for his incredible speed, precise ball control, and amazing goal-scoring ability. He is not very tall, but his agility and low center of gravity make him very difficult for defenders to stop. Messi has won numerous awards, including the Ballon d'Or multiple times, which is given to the world's best player. He is often considered one of the greatest footballers of all time. He is a dedicated and hardworking athlete.

5. The word "phenomenal" in the first sentence is closest in meaning to ....
   A. ordinary
   B. average
   C. terrible
   D. normal
   E. extraordinary
6. According to the text, what makes Messi difficult to stop?
   A. His height and weight
   B. His aggressive playing style.
   C. His tall and strong posture
   D. His agility and low center of gravity.
   E. His friendship with other players.
7. What is the main idea of the text?
   A. The rules of football
   B. Messi's childhood story
   C. The history of the Ballon d'Or award.
   D. A list of all Argentinian football players
   E. A description of Lionel Messi as a great athlete



Cristiano Ronaldo is a spectacular football player from Portugal. He is famous for his incredible strength, powerful shots, and exceptional jumping ability. He is tall and athletic, which makes him dominant in the air and dangerous in the penalty box. Ronaldo has won numerous awards, including the Ballon d'Or multiple times. He is often considered one of the most complete forwards in history. He is a highly disciplined and competitive athlete.

8. The text states that Ronaldo is "dangerous in the penalty box." What does this imply?
   A. He plays roughly and hurts other players.
   B. He is very likely to score a goal when he is in that area.

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C. He is afraid to enter the penalty box.

D. Defenders find it easy to stop him there.

E. He often gets red cards in the penalty box.

9. What is the main purpose of the text?
   A. To explain how to play football.
   B. To describe Cristiano Ronaldo's physical appearance and skills.
   C. To compare Cristiano Ronaldo with other players.
   D. To tell the history of football in Portugal.
   E. To persuade people to become athletes.

Bandung, November 5th 2025

Dear Kevin,

How are things with you? I hope you are doing great there. I am doing fine here.

We are going to participate in the school English speech contest next month, aren't we? Have you written your speech script? To be honest, I have some difficulties in preparing for it, especially in my speaking confidence. I have practiced in front of the mirror every day and I even recorded my voice. But, I feel that my pronunciation is still terrible. I often get nervous and forget the words when I try to speak in front of people. I am just worried that I will freeze on stage and look silly. Do you have any tips to improve my confidence? I really need your advice.

I look forward to hearing from you.

Your friend,

Bima

10. What is the main intention of Bima writing this letter?
    A. To congratulate Kevin on winning a contest.
    B. To ask for advice regarding his preparation for a speech contest.
    C. To tell Kevin that he will not join the competition.
    D. To share his experience winning a speech contest.
    E. To ask Kevin to write a speech script for him.
11. What has Bima done to prepare for the contest?
    A. He took extra English lessons at school.
    B. He hired a professional trainer.
    C. He practiced with Kevin every day.
    D. He practiced in front of a mirror and recorded his voice.
    E. He watched videos of famous speakers.
12. *"I am just worried that I will freeze on stage..."* The underlined word is closest in meaning to...

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A. Become very cold.

B. Be unable to move or speak due to fear.

C. Forget to bring the script.

D. Fall down accidentally.

E. Speak very loudly.

Dear Aunt Nisa,

Aunty, I have some good news for you. Last month I passed my final examination. A week ago I succeeded to join in a senior high school English competition. Last night my parents promised to send me to a famous English course in my town. They also promised me if my scores in English are good, they'll send me to a foreign university. Great, isn't it? I'll work hard. I want to be a great paediatrician like you, Aunty.

Well, that's all for now. Looking forward to having your news.

Love,

Dewi

13. What is the purpose of the text?

A. To inform some good news

B. To describe the writer's school

C. To retell the writer's experience

D. To entertain the reader with a joke

E. To persuade her aunt

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