



## PET Certification

Write your full name here \_\_\_\_\_



**Study the information in the yellow box. Then answer the activity below.**

### 1. DO

Use do for individual, non-team sports and for activities that feel like exercises or routines.

Common expressions: do gymnastics, do yoga, do athletics, do martial arts (karate, judo, taekwondo)

do exercise / do a workout

Examples: *I do gymnastics every Friday. She did yoga yesterday.*

### 2. GO

Use go + -ing for activities ending in -ing, especially outdoor or recreational activities.

Common expressions: go swimming, go skiing, go horse-riding, go cycling, go fishing, go running / jogging, go sailing

Examples: *We went swimming last Sunday. They go skiing every winter.*

### 3. PLAY

Use play for team sports, ball sports, and competitive games.

Common expressions: play tennis, play volleyball, play football / soccer, play basketball, play baseball, play golf, play games / play cards

Examples: *She's playing tennis on Saturday. I played volleyball last night.*



**Complete the sentences with the correct form of the verb DO, GO or PLAY.**

1. Have you ever ..... gymnastics?
2. I'm ..... tennis with my friends on Saturday.
3. My sister ..... horse-riding every weekend. She's the best rider I know.
4. I ..... volleyball with friends last night. They're much better than me!
5. Do you ..... yoga? I've heard it helps you to relax.
6. We ..... swimming in the river last Sunday – it was great.
7. I ..... a lot of athletics when I was young.
8. My friend Olly's ..... skiing every weekend this winter.



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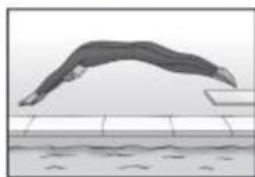
Listen to the audio for each number. Choose the correct answer.



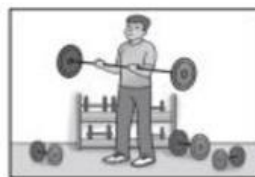
1 What did the man do at the sports centre yesterday?



A ☐



B ☐



C ☐

2 Which sport does the woman compete in?



A ☐



B ☐



C ☐

3 Where will the friends go running this evening?



A ☐



B ☐



C ☐

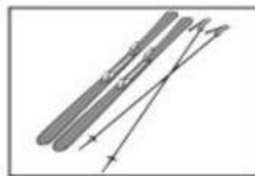
4 Which winter sport was Max good at when he was young?



A ☐



B ☐



C ☐



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5 What did the girl lose?



A ☐



B ☐



C ☐

6 Which sports instructor is the man going to meet today?



A ☐



B ☐



C ☐

7 What will open at the sports centre soon?



A ☐



B ☐



C ☐

*TODAY IS A PERFECT DAY  
TO LEARN SOMETHING NEW*  
*Lucy Herrera R.*