

TIME AND NUMBERS

1 WARM UP

Read the following telephone numbers out loud.

1. 082 304 7428
2. + 511 567 0984
3. 991 678 235

What is your telephone number?



2 NUMBER PRACTICE

Read the numbers out loud and then write them down.

101

21

11

36

91

a

b

c

d

e

45

63

120

201

74

f

g

h

i

j

a. _____.

b. _____.

c. _____.

d. _____.

e. _____.

f. _____.

g. _____.

h. _____.

i. _____.

j. _____.



3 PRONUNCIATION

Look at the number and then circle the correct pronunciation. Say it out loud.

60 14 80 50 17

sixteen / sixty

fourteen / forty

eighteen / eighty

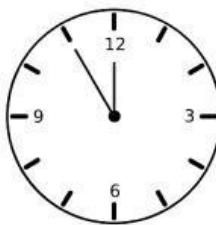
fifteen / fifty

seventeen / seventy

4 WHAT TIME IS IT?

Look at the clock and read the time. Write your answer and say the full sentence.

Example: It is 10 minutes past 2.



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5 TELLING THE TIME

Practice saying the minutes. Take turns with a partner and tell the time.

1.	3:10	5.	17:03
2.	13:55	6.	19:35
3.	18:25	7.	12:11
4.	14:53	8.	2:07

6 PARTS OF THE DAY

Match the words to the times and then complete the exercise.

evening

afternoon

morning

night

5:00 - 12:00

18:00-24:00

12:00-18:00

24:00-5:00

Let's talk about your routine! Put the activities in the right time of the day (for you).

go to bed

exercise

take a shower

take out trash

wash the dishes

go to work

get home from work

eat lunch

eat dinner

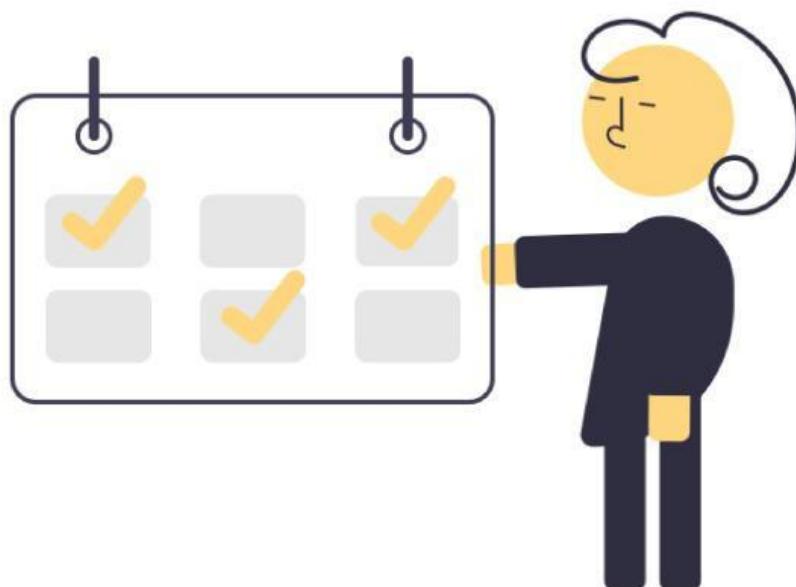
have coffee

watch TV

read a book

play on phone

Morning	Afternoon	Evening	Night



7 SPECIFIC PARTS OF THE DAY

Match the words to the pictures. Then, answer the questions.

sunrise

midday

sunset

midnight



a.



b.



c.



d.

- Do you enjoy watching the sunset? How often do you do it?
- Do you go to bed before or after midnight?
- Have you ever been awake for the sunrise?

8 PREPOSITIONS

Complete the following sentences with prepositions from the box.

at

in

up

down

before

after

1. Sunset is when the sun goes _____.
2. Sunrise is when the sun comes _____.
3. In a day, the afternoon comes _____ the morning.
4. It is still light outside _____ the sun goes down.
5. The sun is the hottest _____ the middle of the day.
6. Midnight is _____ 12 o'clock at night.

Now, answer the following questions:

- At what time does the sun come up in your country?
- At what time does the sun go down in your country?

9 READING AND COMPREHENSION

Read the following text and then answer the questions.

Joanna's Weekend Away!

Joanna is at the beach for the weekend. She is at the beach with her mother, father and brother. She is 20 years old.

Every morning, she wakes up at 6:00 to see the sunrise and to go for a walk on the beach. When she gets back to the house at 7:30, she makes coffee for the whole family.

At 8:30, she takes a shower and gets dressed. Then, she makes breakfast and sets the table. For breakfast, Joanna and her family eat eggs, bacon and toast. Afterwards, her brother washes the dishes.

At 12:00, they decide to go to the beach to swim. Joanna stays at the beach for 2 hours. At 14:00, she goes home to read her book. Later, she takes a nap from 15:00 to 16:00.

At the beach, the sun goes down at 20:00, so Joanna decides to exercise for 1 hour. When she returns home, she plays board games with her family.

At 20:00, Joanna watches the sunset from their garden. She watches one programme on TV, then she goes to bed at 22:00.

Now, answer the following questions:

1. How old is Joanna?
2. Who is Joanna with at the beach?
3. At what time does Joanna wake up?
4. What does Joanna do from 15:00 to 16:00?
5. How long does Joanna exercise for?
6. What does Joanna do at 20:00?
7. At what time does Joanna go to bed?



10 LISTENING

Listen to the [audio](#), then decide if the following statements are true or false.

1. Dan gets up at 7 o'clock.
2. Dan swims from 6 o'clock until 8 o'clock.
3. At 8 o'clock, Dan gets dressed and has breakfast.
4. He does not eat breakfast.
5. At 11 o'clock, Dan goes to university.
6. He has classes from 11 o'clock to 2 o'clock.
7. Dan has lunch at 2 o'clock.
8. Dan sometimes goes to the library after classes.
9. He has dinner at 7 o'clock.
10. Dan always goes to bed at 10 o'clock.

11 SPEAKING PRACTICE

What are you doing this weekend? Share your plans for Saturday with the class. Fill in the table then share your plans with the class. Use the example to guide your answers.

Morning	<i>I want to wake up at 7:00 o'clock and go to the gym.</i>
Afternoon	
Evening	
Night	



HOMEWORK

1 WRITING TASK

Write a small paragraph about your daily routine. You need to include specific times in your writing.

2 NUMBER PRACTICE

Look at the numbers below and then write them out in the spaces given.

406

a

38

b

12

c

29

d

97

e

53

f

41

g

111

h

306

i

79

j

a. _____ .

b. _____ .

c. _____ .

d. _____ .

e. _____ .

f. _____ .

g. _____ .

h. _____ .

i. _____ .

j. _____ .



3 TELLING THE TIME

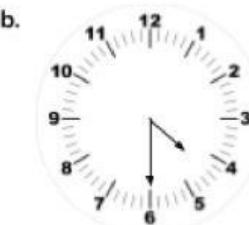
Look at the clocks and write down the time, then say what you usually do at this time.



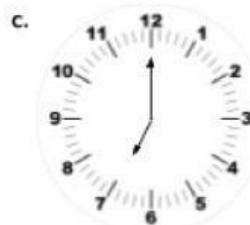
Example: It is 20 minutes past four in the morning. At this time, I am sleeping.



AM



PM



AM



PM

a.

b.

c.

d.
