

6 My day

6.1 Vocabulary

1 What can you do in this room? Tick (✓) for yes and put a cross (✗) for no.



1 tidy my room
 have a shower
 listen to music
 do my homework
 hang out with my friends



2 have lessons
 have lunch
 watch TV
 get up
 have breakfast

LOOK!

have breakfast/lunch/dinner
have a shower
have lessons

2 Find and circle eight words. Then complete the expressions.



1 do my homework
2 tidy my _____
3 have _____
4 have a _____

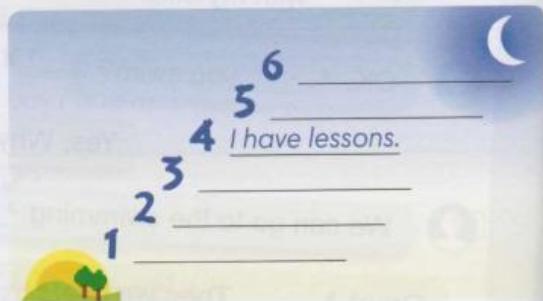
5 listen to _____
6 go to _____
7 watch _____
8 hang out with my _____

3 Complete the sentences with the words in the box.

do get up go go have have

1 I have lessons.
2 I in the morning.
3 I my homework.
4 I to bed.
5 I to school.
6 I breakfast.

4 Write the sentences in Exercise 3 in the order you do them on a typical day.



I remember that!

5 Look and cross out the wrong answer.

in the bathroom
listen to music /
have a shower /
have lessons

in the living room
get up / watch TV /
hang out with
friends

in the kitchen
tidy my room /
listen to music /
have breakfast

in the bedroom
do homework /
have a shower /
go to bed

Present Simple affirmative



I/You listen to music.

He/She/It **listens** to music.

We/You/They listen to music.

1 Circle the correct answer.

1 Jen **watch** / **watches** TV after dinner.

2 Alex **do** / **does** his homework in his room.

3 Lucas and Alex **play** / **plays** football in the park.

4 Jen and Alex **get up** / **gets up** late.

5 Lucas's mum **listen** / **listens** to music in the kitchen.

6 Lucas **go** / **goes** to school with Jen and Alex.

LOOK!

get → gets watch → **watches** tidy → **tidies**
 make → **makes** go → **goes** have → **has**

2 Complete the table.

I/you/we/they	he/she/it
play	plays
2 _____	does
draw	3 _____
4 _____	drinks
5 _____	looks
wash	6 _____
7 _____	carries

3 Write sentences about Sam.

1 I have breakfast at 7 o'clock.

Sam has breakfast at 7 o'clock.

2 I go to school with my sister.

3 I do my homework before dinner.

4 I watch TV after dinner.

5 I play football with my friends.

4 Complete the sentences. Put the verbs in the correct form.

1 My brother and I **like** (like) orange juice but my sister **drink** (drink) milk.

2 Mum and dad **watch** (watch) TV and my sister and I **play** (play) computer games after dinner.

3 Rob **tidy** (tidy) his room and he **help** (help) in the kitchen too.

4 Sue **have** (have) sandwiches for lunch. She **eat** (eat) them in the classroom.

5 I **hang out** (hang out) with my friends after school. Then I **have** (have) dinner.

6 Harry **do** (do) his homework and then he **watch** (watch) TV.

*5 Complete the table. Write sentences that are true for you.

	Laura	Me
1 has lunch		_____
2 do my homework		_____
3 play		_____
4 like		_____

1 Laura **has lunch at school.**

I **_____**.

2 Laura **her** **_____**.

I **my** **_____**.

3 Laura **_____**.

4 Laura **_____**.

Extra Online Practice



Unit 6, Video and Grammar
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6.3

Grammar

Adverbs of frequency

■■■■■	We always hang out with our friends.
■■■■□	He usually goes to the gym.
■■■□□	I often visit my grandma.
■■□□□	She sometimes has dinner with us.
□□□□□	They never get up late.

1 Complete the sentences with adverbs of frequency.

- 1 Jack  sometimes cycles to school.
- 2 Emma  has breakfast at home.
- 3 Pete  does his homework in his bedroom.
- 4 I  play in the park.
- 5 We  watch TV in the morning.
- 6 My parents  go out with their friends.

Adverb + verb	Adverb + to be
I always have breakfast.	I am always happy.
They never get up late.	They are never late.

2 Rewrite the sentences. Use the word in brackets.

1 I'm busy on Saturdays. (often)
I'm often busy on Saturdays.

2 Kit helps me at home. (often)

3 Uncle Roberto visits me. (sometimes)

4 I cook dinner. (never)

5 Kit is happy. (always)

6 Kit and I have fun.
(usually)





3 **Vocabulary** Complete the days of week. Then put them in the correct order.

We esday
_ue day
Mo nday
Sat day
_u day
Th r day
_r day

4 Look at the information about Tom and write sentences.

1 be late for school?

never

5 play computer
games?
sometimes

2 get up late?
usually (on Sunday)



4 play football?
often (on Saturday) 3 be happy?
usually

1 Tom *is never late for school* .

2 He _____ .
3 He _____ .
4 He _____ .
5 He _____ .

*5 Look at Exercise 4 again. Write sentences that are true for you.

1 I _____ late for school.
2 _____
3 _____
4 _____
5 _____

Communication

6.4

15 Telling the time

A: What time is it?

B: It's  four o'clock.

A: What time is the film/match?

B: It's at  ten (minutes) past four.



quarter past four.



half past four.

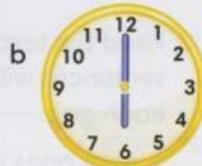


quarter to five.



ten (minutes) to five.

1 Match clocks a-h to expressions 1-8.



- 1 b six o'clock
- 2 quarter to five
- 3 half past two
- 4 five to one
- 5 quarter past one
- 6 five past five
- 7 twenty to nine
- 8 ten past nine

2 Complete the sequences.

1 twelve o'clock – five past twelve – ¹ten past twelve
– quarter past twelve – ² – twenty-five past twelve – ³ –

2 half past two – ⁴ – twenty to three – quarter to three – ⁵ – ⁶ – three o'clock

3 Look at the TV schedule. Then complete the questions and answers.

06:00

Pet Time

06:35

Super Girl

07:05

Happy Days

07:15

That's Magic

07:50

The Great Big Talent Show

1 A: What time is Pet Time?

B: It's at six o'clock.

2 A: What time is That's Magic?

B: It's at seven fifteen.

3 A: What time is Happy Days? ?

B: It's at five past seven.

4 A: What time is the Great Big Talent Show? ?

B: It's at twenty-five to seven.

5 A: What time is the Great Big Talent Show?

B: It's at seven fifty.

6 A: OK. What time is it now?

B: It's five to six. Hurry up!

4 Put the dialogue in the correct order.

- a What time is it, Mandy?
- b No, I'm not. I'm late for my music lesson.
- c It's at quarter to six. Bye!
- d It's half past five. Oh no!
- e What's wrong? Are you OK?
- f Oh dear. What time is your music lesson?

5 Complete the sentences for you.

- 1 I get up at _____.
- 2 I have breakfast at _____.
- 3 I go to school at _____.
- 4 I do my homework at _____.
- 5 I go to bed at _____.

Extra Online Practice

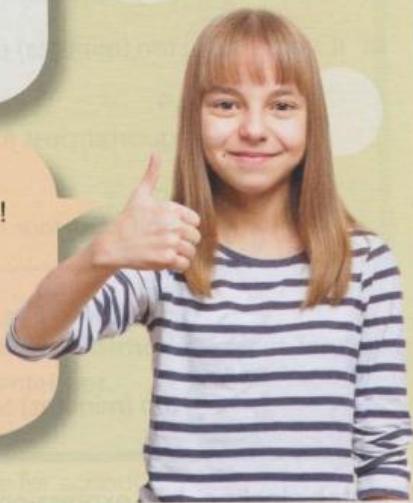
Unit 6, Video and Communication

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6.5 Reading



Hi. I'm Mike. I'm ten and I'm American. I live in New York. My school is very big. I like sport. I'm not very good at Art but I love it. I have lunch in the classroom. I usually have pizza! After school I always hang out with my friends. We sometimes play basketball or we go to the park.



My name is Dasha and I'm nine. I go to a special school. It's a ballet school! After breakfast we have lessons. My favourite lessons are Maths and English. Then we have lunch. I often have pancakes! After lunch we always dance. I'm always busy.

1 Read the texts. Match photos A-F to Mike or Dasha.

1 Mike **B**
2 Dasha



2 Read the texts again. Circle T (true) or F (false).

1 Mike likes Art. **T** / **F**
2 He eats pizza in the classroom. **T** / **F**
3 He never goes to the park after school. **T** / **F**
4 Dasha likes Maths. **T** / **F**
5 She has pancakes every day. **T** / **F**
6 She has lessons after lunch. **T** / **F**

3 Read the texts again. Complete the sentences with one or two words in each gap.

1 Mike goes to a _____ school.
2 He plays basketball with _____.
3 Dasha _____ after breakfast.
4 Dasha is always _____.

4 Vocabulary Order the letters to make months.

1 **ecmeDreb** *December*
2 **barrFeuy** *February*
3 **nJeu** *January*
4 **oOcbetr** *October*
5 **priAl** *April*
6 **utgusA** *August*

5 Complete with the words in Exercise 4.

January	1	March
2	May	3
July	4	September
5	November	6 December

1  16 Listen to Andy and complete the notes.

Andy's holidays

Country: 1 Italy

Aunt's nationality: 2

Aunt's job: 3

Favourite place: 4

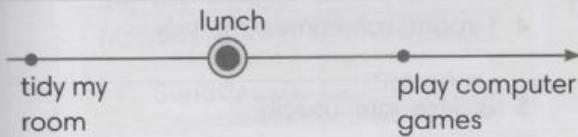
Favourite game: 5



2  16 Listen again. Circle the correct word.

- 1 Andy always / usually goes on holiday in August.
- 2 After breakfast they usually / often go to the beach.
- 3 They always / often have a picnic on the beach.
- 4 They usually / often go to bed after lunch.
- 5 He always / never gets up early.

before, after



Before lunch I tidy my room.
I tidy my room **before** lunch.

After lunch I play computer games.
I play computer games **after** lunch.

3 Circle **before** and **after** in Jane's blog post.

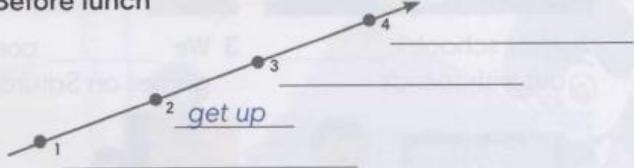
August

We never go to school in August. It's a holiday! I get up late. I often play computer games before breakfast. I never have breakfast in bed. I have it in the kitchen. After breakfast I often hang out with friends. Before dinner I sometimes help my parents. I usually watch TV after dinner. I often go to bed late.

4 Read the blog again. Put the activities in the boxes in the correct order.

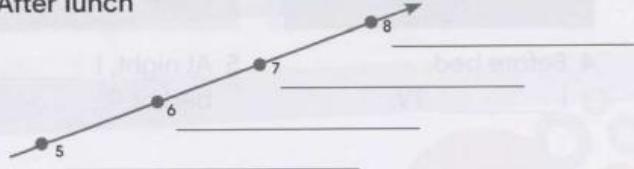
get up hang out with friends
have breakfast play computer games

Before lunch



go to bed have dinner
help my parents watch TV

After lunch



5 Write about your typical holiday day. Use **before** and **after**.

6.7

Check yourself!

Vocabulary

1 Complete the sentences with one word in each gap.



0 In the morning, I get up at 7 o'clock.



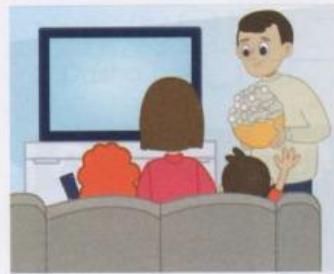
1 We have lessons all day.



2 After school, I go out with friends.



3 We play computer games on Saturdays.



4 Before bed, I watch TV.



5 At night, I go to bed at 9.

/ 5

2 Complete the sequences.

0 January February March

1 July August September

2 Friday Saturday Sunday

3 October November December

4 March April May

5 Tuesday Wednesday Thursday

/ 5

Grammar

3 Complete the sentences. Put the verbs in the correct form.

0 Tom gets up (get up) early.

1 We go (go) to a big school.

2 Sally like (like) chocolate ice cream.

3 Harry tidy (tidy) his room on Sundays.

4 They do (do) their homework in the living room.

5 I have (have) lunch in the park.

/ 5

4 Put the words in the correct order.

0 walk They always school to .

They always walk to school.

1 always I busy am .

2 play We tennis often .

3 watches never Mum TV .

4 I room sometimes my tidy .

5 is Jess late usually .

/ 5

Communication

5 Complete the dialogues with one word in each gap.

1 A: What ⁰ time is lunch?

B: It's at half ¹ one twelve.

2 A: What time ² is it?

B: It's ten ³ ten to five.

3 A: What time is the film?

B: It's ⁴ six o'⁵ five.

/ 5

Vocabulary / 10

Grammar / 10

Communication / 5

Your total score / 25

Extra Online Practice



Unit 6, Language Revision

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Word blog: My day

1 My photos Look and complete.



1 I get up at h a l f six.



2 I have a shower at seven o'clock.



3 I have breakfast at quarter to one.



4 I do my homework at half past five.

2 My quiz Read and complete.

the day before
Monday

Sunday

the day after
Saturday

the day before
Thursday

Wednesday

the month before
May

April

the month after
July

the month after
January

February

Get more words

Get ready for school!



Look at the pictures. In your notebook, write what Daisy does on Saturdays.



Fun
Spot

- always
- usually
- sometimes
- never

Daisy sometimes tidies her room on Saturdays.

5&6 Skills Revision

My name is Justine. I'm eleven and I'm a dancer. I'm sometimes on TV!



A week at my school

I always get up at half past six. I have breakfast and then I go to school. My school is a special dancing school. We have dancing lessons after school on Mondays, Wednesdays and Fridays. We run, jump and dance! We often make videos. That's very cool. Then I go home and do my homework. I have dinner and speak to my family. I usually go to bed at half past nine.

At the weekend I usually hang out with my best friend, Madalena. We are classmates. We speak about our lessons and watch videos about our favourite dancers.

Reading and Writing

1 Read the text. What is it about? Circle the correct answer.

- a A girl.
- b A school.

/ 1

2 Read the text again. Circle T (true) or F (false).

- 0 Justine can dance. T / F
- 1 Justine gets up early. T / F
- 2 Justine never has breakfast at school. T / F
- 3 Her dancing lessons are on Thursdays. T / F
- 4 The students never make videos in their dancing lessons. T / F
- 5 Madalena isn't Justine's sister. T / F
- 6 Justine and Madalena make videos at the weekend. T / F

/ 6

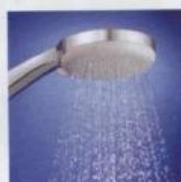
3 Complete the text with the words in the box. There are two extra words.

My day



I get up early every day. I have a ⁰ shower and then I have breakfast. Mum sometimes makes ¹ _____. I usually ride my bike to school. I always do my ² _____. at school after lessons. Then I go home and I tidy my ³ _____. I have dinner with my family and we all watch ⁴ _____. I sometimes hang out with my ⁵ _____ after school on Fridays. We listen to music and we speak about our week.

Example



shower



homework



television



pancakes



computer



bike



friends



bedroom

/ 5

Skills Revision 5&6

4 Write five sentences about what Alice usually does on Mondays.

0 get up **07:15**
 1 have breakfast **08:00**
 2 go to school **08:30**
 3 have lessons all day!

4 do my homework **05:00**
 5 have dinner at granny's house **06:45**

0 Alice gets up at quarter past seven.

1 _____
 2 _____
 3 _____
 4 _____
 5 _____

/ 5

Listening

5 17 Julie is with her mum's friend, Mrs Williams. Mrs Williams has got some family photos. Listen and match names 0-4 to pictures A-F. There is one extra picture.

0 Rob D
 1 Ann E
 2 Barny B
 3 Karen C
 4 May



/ 4

Communication

6 Read the sentences and circle the best answer.



0 Alex: Can you sing?

Kim: A I often sing.

B Yes, you can!

C Yes, I can!

1 Alex: Let's go to Music Club after school.

Kim: A No thanks. It's cool.

B Me too.

C Not again!

2 Alex: I know! We can go to the cinema!

Kim: A I'm fine, thank you!

B Great idea!

C It's over there!

3 Alex: What time is the film?

Kim: A It's at half past five.

B It's on Wednesday.

C It's very funny.

4 Alex: Let's ask Michelle to come.

Kim: A OK, we can phone her.

B Michelle, here you are.

C OK, Michelle can help.

/ 4

Reading and Writing / 17

Listening / 4

Communication / 4

Your total score / 25