Optimise B1+

Student name _____

Group/Class _____

Date _____ Score _____

GRAMMAR

1 Complete the text with one word in each gap.

Barcelona is a popular city with runners and some people say there are too **(1)** _____ races to choose from. In fact, there are **(2)** _____ many, that you could run a race almost every weekend of the year. However, I love running and one of my favourite races is the Barcelona Fireman's Race. It's a ten kilometre race so it's not **(3)** _____ hard. There's a gentle uphill climb for six kilometres, followed by four kilometres downhill to the finish line. No problem, you might say! What I haven't mentioned yet is that it's not **(4)** _____ an easy race for the firemen, who run in the full fireman's uniform. And if that wasn't difficult **(5)** _____, some of them even wear their heavy equipment, which weighs almost 20 kg.

Score: / 5

2 Rewrite the second sentence so that it means the same as the first.

1 I don't think it's possible that they ate everything.
I don't think they _____ everything.

2 I helped my mum with the washing up but it wasn't necessary.
I needn't _____ my mum with the washing up.

3 It would have been a good idea to take an umbrella.
You ought _____ an umbrella.

4 I'm sure they went straight to the beach.
They _____ straight to the beach.

5 I'm almost certain that Tom Hanks wasn't the star of that film.
Tom Hanks _____ the star of that film.

Score: / 5

3 Complete the text with the correct form (future continuous, future perfect simple or future perfect continuous) of the words in brackets.

I'm a DJ on a hospital radio station and **(1)** _____ ***(do)*** shows for five years by the end of the summer. It's a station for patients in the children's hospital where we play songs and have phone-in competitions to cheer up the kids. I've really enjoyed it but I **(2)** _____ ***(not work)*** on any more shows after this summer because I'm starting university soon. By the time I do my last show, I **(3)** _____ ***(play)*** thousands of songs and I hope I **(4)** _____ ***(cheer up)*** hundreds of children. It's been a really useful experience and I'd definitely like to do more voluntary work in the future. In fact, I'd like to think that in five years' time **(5)** _____ ***(work)*** full-time for a charity and helping even more people. Let's see what the future holds.

Score: / 5

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4 Complete the text with the correct words (A, B or C).

A few months ago, I decided to join a cycling club. I had an old racing bike in the garage and after a few repairs I managed to get it up and **(1)** _____ again. I go training with the club every Saturday and we usually cycle around 70 kilometres. To be honest, it's really hard work and sometimes we have to cycle uphill to a **(2)** _____ of 500 metres or more. We're preparing for a race at the moment and the team **(3)** _____ is taking it very seriously. He's given us a training programme to **(4)** _____ our muscles and improve our breathing. He says that if we don't follow his programme, it will **(5)** _____ our chances of winning.

1	**A** cycling	**B** running	**C** driving
2	**A** high	**B** heighten	**C** height
3	**A** coach	**B** sponsor	**C** winner
4	**A** weaken	**B** lengthen	**C** strengthen
5	**A** lowness	**B** lower	**C** low

Score: / 5

5 Choose the correct words to complete the text.

My school is organising a five-a-side football tournament with teachers, parents and students to raise money for new sports facilities. My dad's the **(1)** *captain/referee* of my team, so if we don't do very well, we can blame him! We only have a couple of weeks so we're run off our **(2)** *circles/feet* trying to get ready. We're looking for **(3)** *fundraisers/sponsors* who will give money to the school. At the same time, we're doing exercise to **(4)** *stronger/strengthen* our muscles and make sure we're fit enough to play. That's not a problem for the younger ones, but it is for some of the parents, especially my dad. At the moment, I don't think he's capable of running the **(5)** *length/height* of the pitch!

Score: / 5

6 Complete the sentences with a particle in each gap.

1 I think we can get _____ on the food we've got until the end of the week.

2 My dad is hoping to take _____ as the manager of his office because his boss is leaving.

3 I wasn't sure about having a beach holiday but now I'm coming _____ to the idea.

4 **A:** 'Hello. Can I speak to Mr Hudson, please?'
B: 'One moment. I'll just put you _____.'

5 Miss Jones is standing in _____ our teacher because she's away on a training course.

Score: / 5

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LIVEWORKSHEETS

7 Complete the words in the sentences. The first letter is there to help you.

My older brother, Nico, has a **(1)** _p_ ___ ___ ___ - _t_ ___ ___ ___ job in a supermarket, where he works weekends and two evenings a week. It sounds really boring to me but he insists that he enjoys it and I think he works quite hard. I fact, he told me that his name has been put **(2)** _f_ ___ ___ ___ ___ ___ ___ as a possible team leader, which is great news for him. If he gets the job, he'll become a **(3)** _s_ ___ ___ ___ ___ ___ ___ ___ ___ ___ and he'll be in charge of his own team. The only problem for me is that my parents think I should get a job too. They keep pointing out that Nico earns his own **(4)** _w_ ___ ___ ___ ___ and so should I. At first I didn't agree with them but now I'm starting to **(5)** _c_ ___ ___ ___ round to the idea. It might not be so bad to have a little money of my own.

Score: / 5

8 Choose the correct word or phrase (A, B or C) to complete the text.

Nelson Mandela was a hero for people around the world and there's no doubt that his actions made **(1)** _____ to the lives of millions of South Africans. Mandela grew up in a country in which black people were not treated as equal to white people, so he dedicated much of his life to fighting against **(2)** _____. He believed that by standing up for black Africans he was **(3)** _____ for his people, but he ended up in prison for his beliefs. Most people would have given up at this point but Mandela did not lose his **(4)** _____ and he continued to work for a better country. Despite being in prison for nearly 30 years, he continued to be **(5)** _____ with South Africans fighting for change. They demanded his release from prison and Mandela went on to become the first black President of South Africa in 1994.

1	**A** an excuse	**B** a difference	**C** proud
2	**A** sexism	**B** heroism	**C** racism
3	**A** doing his duty	**B** doing harm	**C** doing him good
4	**A** criticism	**B** tourism	**C** idealism
5	**A** original	**B** popular	**C** infamous

Score: / 5

USE OF ENGLISH

9 Choose the correct words to complete the sentences. Then decide whether the sentences are 0 (zero conditional), 1 (first conditional), 2 (second conditional) or 3 (third conditional).

1 You *wouldn't have been/won't have been/would have been* able to fix your computer if he hadn't helped you.
0/1/2/3

2 I *would cook/will cook/cook* you something nice if you come round this evening.
0/1/2/3

3 The doors close automatically if there *will/would be/is* a fire in the building.
0/1/2/3

4 If you went to bed earlier, you *will/won't/might* find it easier to get up in the morning.
0/1/2/3

5 They wouldn't have done the washing up unless you *have said/had said/hadn't said* something.
0/1/2/3

Score: / 5

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LIVEWORKSHEETS

10 Write one word in each gap.

Learning to Cook

I love food and I'd prefer to eat out in a nice restaurant rather than cook at home. **(1)** _____, the last time I went out to a restaurant, I paid a fortune even **(2)** _____ I only ordered a burger, a soft drink and chips. So, I decided that I needed to learn how to cook. I found a cookery class in my area and went for a lesson. The teacher, **(3)** _____ name is Nick, explained some basic cooking tips before telling us he specialised **(4)** _____ Italian food, which isn't my favourite. There were six of us in the class and we **(5)** _____ given clear instructions on what to do. After just 30 minutes I **(6)** _____ finished cooking my first dish. I think it was the best pasta I have ever tasted! Next week, we're going to learn how to make Italian ice cream, I can't wait!

Score: /6

11 Complete the second sentence so it has a similar meaning to the first. Do not change the word given. Use two to five words, including the word given.

1 The moment Jenny arrives, everybody hide!
As _____ Jenny arrives, everybody hide! ***SOON***

2 My best friend will use my room to record a video.
My room _____ my best friend to record a video. ***BE***

3 We need to tidy up. What about throwing away these old books?
We need to tidy up. _____ rid of these old books? ***SHALL***

4 We might need to call for help, so I'm taking my mobile.
I'm taking my mobile _____ to call for help. ***CASE***

5 Even though it was getting dark, we kept on climbing.
We kept on climbing _____ that it was getting dark. ***SPITE***

6 If you don't take a sweater, you might get cold.
You might get cold _____ a sweater. ***UNLESS***

7 This mountain is more difficult to climb than the one we climbed last week.
This mountain _____ to climb as the one we climbed last week. ***EASY***

Score: /7

12 Choose the correct word for each gap.

Teenage Entrepreneurs

More young people are making the decision to start their own **(1)** _____ instead of going to university or looking for a **(2)** _____ job working for someone else. The first step to becoming a successful entrepreneur is to **(3)** _____ up with an idea. Since many young people are experts with computers, it makes **(4)** _____ to use this skill. Creating apps, building websites and designing video games are all **(5)** _____ options for teenagers. The biggest advantage of starting a company is that you are your own boss and nobody can give you the **(6)** _____. The biggest challenge you might face is that you may have to get **(7)** _____ on little money while you are getting your first customers. But whether your company is successful or not, you will probably learn a lot from the experience!

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1	**A** work	**B** employment	**C** business	**D** vacancy
2	**A** full-time	**B** overtime	**C** shift	**D** salary
3	**A** think	**B** come	**C** go	**D** invent
4	**A** sense	**B** logic	**C** good	**D** proud
5	**A** famous	**B** sensitive	**C** optimise	**D** popular
6	**A** sack	**B** fire	**C** unemployment	**D** redundant
7	**A** survive	**B** over	**C** forward	**D** by

Score: /7

13 Write one word in each gap.

A Small Act of Kindness

Last week, on the way to school, a new classmate asked me to meet him at lunch. I had seen him a few times before. Usually, I would just make **(1)** _____ an excuse like 'Sorry, I haven't got the time' and walk on, but he seemed sad. I thought if I talked to him it wouldn't **(2)** _____ any harm. He told me his name was George and that he was from Romania. He **(3)** _____ on to tell me that he was having problems understanding his homework because his English wasn't very good. After lunch, he showed me what he hadn't understood. I thought it was going to take a long time to explain everything, but I knew I should **(4)** _____ the right thing and help him. We met after school each day that week. I could see he was lacking **(5)** _____ confidence but he was really enthusiastic about learning. I felt so proud when he told me that he understood things more than before. It was only a small act of kindness but I think it made a big difference to him. I only **(6)** _____ he had told me about his problem sooner.

Score: /6

14 Complete the second sentence so it has a similar meaning to the first. Do not change the word given. Use two to five words, including the word given.

1 Paul found it impossible to hear the music because of the noise.
There _____ that Paul found it impossible to hear the music. ***SUCH***

2 Ali couldn't buy the present he wanted because it cost too much.
Ali didn't _____ buy the present he wanted. ***ENOUGH***

3 Last week James and Daphne's sports clothes were washed.
James and Daphne _____ last week. ***THEIR***

4 We suggested a new plan to raise money for the school.
We _____ to raise money for the school. ***FORWARD***

5 'Where did you learn to do magic?' Tom asked.
'Could you tell _____ to do magic?' Tom asked. ***ME***

6 'I designed my own app last year.' said Susan.
Susan claimed _____ her own app the previous year. ***TO***

7 'I didn't know about the charity run, so I didn't enter it,' said Peggy.
Peggy said that if _____ about the charity run, she would have entered it. ***SHE***

Score: /7

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LIVEWORKSHEETS