

MY DAILY ROUTINE

I am Richie my daily routine is pretty busy during the week. I **wake up** at 6:30 a.m. when my alarm **rings**. First, I **get** out of bed and **take** a shower to help me feel awake. After my shower, I **get** dressed and then I **have** breakfast with my family; I usually **eat** cereal and **drink** a glass of milk. I **brush** my teeth, **pack** my school bag, and then I **leave** for the bus at 7:45. My first class **starts** at 8:30, and we **have** lessons until 3:00 in the afternoon. After school, I **do** my homework for an hour, and then I **relax** by watching TV or playing video games. My family and I **eat** dinner together around 7 p.m. Finally, I **read** a book for a little while before I **go** to sleep at about 10 o'clock.



1. Choose the best answer for each question based on the text.

1. What does the student usually have for breakfast?

- A) Toast and coffee
- B) Cereal and milk
- C) Pancakes and juice

2. What is the first thing the student does after getting out of bed?

- A) Brush teeth
- B) Get dressed
- C) Take a shower

3. How long does the student spend on homework after school?

- A) 30 minutes
- B) One hour
- C) Two hours

2. Read the following statements and decide if they are True (T) or False (F) based on the text.

- 1. The student eats breakfast alone.
- 2. The student's first class begins at half past eight.
- 3. After doing homework, the student relaxes by watching TV or playing video games.

3. Match the activity on the left with the correct time or detail on the right.

Activity	Time / Detail
1. Wake up	A. 7:45 a.m.
2. Leave for the bus	B. 6:30 a.m.
3. Eat dinner	C. 7:00 p.m.
5. Go to sleep	E. 10:00 p.m.
6. Have breakfast	F. With family