

**Grammar**

- 1 Complete the sentences with the past perfect simple or past perfect continuous form of the verbs in brackets.

- 1 I apologised because I \_\_\_\_\_ (lose) my temper.
- 2 Carlos was tired that morning because he \_\_\_\_\_ (not / sleep) well the night before.
- 3 I \_\_\_\_\_ (have) a really interesting conversation with Yasmin when you arrived, and I didn't want to stop.
- 4 It was easy to ask Anya for help as we \_\_\_\_\_ (work) on a history project together since the beginning of term.
- 5 Daria \_\_\_\_\_ (love) dancing since she was very young.
- 6 By the time Finn was 35, he \_\_\_\_\_ (perform) classical music for 20 years.
- 7 I \_\_\_\_\_ (try) to speak to Lucy all morning, but she wasn't answering her phone.
- 8 By the end of the week, he \_\_\_\_\_ (run) 100 km.

- 2 Complete the second sentence so that it means the same as the first. You must include the word or phrase in CAPITALS.

- 1 My dad used to read me a story at bedtime. WOULD  
My dad \_\_\_\_\_ me a story at bedtime.
- 2 It feels strange to have short hair! USED  
I \_\_\_\_\_ short hair!
- 3 They lived there from 2013 to 2020. USED  
They \_\_\_\_\_.
- 4 When did speaking English start to feel familiar? GET  
When did you \_\_\_\_\_ English?
- 5 The teacher always asked me to read aloud. WOULD  
The teacher \_\_\_\_\_ me to read aloud.
- 6 There wasn't a cinema here. BE  
There \_\_\_\_\_ a cinema here.
- 7 Wearing glasses is beginning to feel familiar. USED  
I \_\_\_\_\_ glasses.
- 8 We went and picked mushrooms every autumn. USED  
We \_\_\_\_\_ mushrooms every autumn.

**Vocabulary**

- 3 Complete the sentences.

- 1 What skill would you like to m\_\_\_\_\_? Driving? Surfing? Dancing?
- 2 Kiara has the p\_\_\_\_\_ to do really well in her exams.
- 3 With more practice, you'll soon gain e\_\_\_\_\_.
- 4 You need to f\_\_\_\_\_ your attention on the details.
- 5 I a\_\_\_\_\_ d to learn Chinese, but it was really hard and I didn't make much progress.
- 6 It's a difficult situation, but I'm sure we can find a way to o\_\_\_\_\_ e the problem.
- 7 I'm h\_\_\_\_\_ s at singing! I've got a terrible voice!
- 8 I was really m\_\_\_\_\_ d to do well at the beginning, but then I lost interest.

- 4 Choose the correct alternative.

- 1 Are you any good at mental **vocabulary / arithmetic**?
- 2 Luckily, I find it quite easy to **recall / acquire** names.
- 3 I often ask my grandma for advice because she's very **wise / extensive**.
- 4 Walking and water aerobics are ideal forms of exercise for people who are **in their late teens / more mature**.
- 5 **Acquiring / Absorbing** a second language is easier when you're younger.
- 6 People often think the older **generation / retirement** hold more traditional views, but is this true?
- 7 Children are good at **distracting / absorbing** information.
- 8 You'll probably grow a lot in a short space of time during **adolescence / adulthood**.

**Cumulative review**

- 5 Complete the article with the words and phrases below.

basics boost fulfil got used to had been looking  
had watched late middle age theory  
used to was capable of would often go

**'I learned to ski when I was 47.'**

I<sup>1</sup> \_\_\_\_\_ think you had to learn to ski when you were young or you would never learn to ski at all, but my experience changed that. I learned to ski in<sup>2</sup> \_\_\_\_\_, when I was 47. Not long after that, I was able to<sup>3</sup> \_\_\_\_\_ my dream of skiing in the mountains in Switzerland before I was 50. My first three lessons were at a dry ski slope, so without any snow. I<sup>4</sup> \_\_\_\_\_ forward to the lessons, and I wasn't disappointed. The teacher was excellent. She explained a few things at the beginning, but we were soon on our skis to put the<sup>5</sup> \_\_\_\_\_ into practice. I picked up the<sup>6</sup> \_\_\_\_\_ fairly quickly, perhaps because I<sup>7</sup> \_\_\_\_\_ a few short online tutorials, and I soon realised I<sup>8</sup> \_\_\_\_\_ achieving much more than I had imagined. A few weeks later, my grown-up son, Ryan, and I flew to Switzerland, where I<sup>9</sup> \_\_\_\_\_ skiing on real snow! I loved it. Ryan<sup>10</sup> \_\_\_\_\_ skiing with his grandparents when he was in his<sup>11</sup> \_\_\_\_\_ teens, so he's an excellent skier. It was a real<sup>12</sup> \_\_\_\_\_ to my confidence when he commented on how well I was doing. We had a great holiday, and I can't wait to go again.

**REFLECT** Think about the following questions.

- 1 Which lesson in this unit was your favourite? Why?
- 2 Which of the grammar points did you find most difficult? Why?
- 3 How can you practise understanding new words and phrases in reading texts?
- 4 What three things can you do to improve your emotional intelligence?