

Grammar

1 Complete the sentences with the past perfect simple or past perfect continuous form of the verbs in brackets.

- I apologised because I _____ (lose) my temper.
- Carlos was tired that morning because he _____ (not / sleep) well the night before.
- I _____ (have) a really interesting conversation with Yasmin when you arrived, and I didn't want to stop.
- It was easy to ask Anya for help as we _____ (work) on a history project together since the beginning of term.
- Daria _____ (love) dancing since she was very young.
- By the time Finn was 35, he _____ (perform) classical music for 20 years.
- I _____ (try) to speak to Lucy all morning, but she wasn't answering her phone.
- By the end of the week, he _____ (run) 100 km.

2 Complete the second sentence so that it means the same as the first. You must include the word or phrase in CAPITALS.

- My dad used to read me a story at bedtime. WOULD
My dad _____ me a story at bedtime.
- It feels strange to have short hair! USED
I _____ short hair!
- They lived there from 2013 to 2020. USED
They _____.
- When did speaking English start to feel familiar? GET
When did you _____ English?
- The teacher always asked me to read aloud. WOULD
The teacher _____ me to read aloud.
- There wasn't a cinema here. BE
There _____ a cinema here.
- Wearing glasses is beginning to feel familiar. USED
I _____ glasses.
- We went and picked mushrooms every autumn. USED
We _____ mushrooms every autumn.

Vocabulary

3 Complete the sentences.

- What skill would you like to m_____? Driving? Surfing? Dancing?
- Kiara has the p_____ to do really well in her exams.
- With more practice, you'll soon gain e_____.
- You need to f_____s your attention on the details.
- I a_____d to learn Chinese, but it was really hard and I didn't make much progress.
- It's a difficult situation, but I'm sure we can find a way to o_____e the problem.
- I'm h_____s at singing! I've got a terrible voice!
- I was really m_____d to do well at the beginning, but then I lost interest.

4 Choose the correct alternative.

- Are you any good at mental **vocabulary** / **arithmetic**?
- Luckily, I find it quite easy to **recall** / **acquire** names.
- I often ask my grandma for advice because she's very **wise** / **extensive**.
- Walking and water aerobics are ideal forms of exercise for people who are **in their late teens** / **more mature**.
- Acquiring** / **Absorbing** a second language is easier when you're younger.
- People often think the older **generation** / **retirement** hold more traditional views, but is this true?
- Children are good at **distracting** / **absorbing** information.
- You'll probably grow a lot in a short space of time during **adolescence** / **adulthood**.

Cumulative review

5 Complete the article with the words and phrases below.

basics boost fulfil got used to had been looking
had watched late middle age theory
used to was capable of would often go

'I learned to ski when I was 47.'

I ¹ _____ think you had to learn to ski when you were young or you would never learn to ski at all, but my experience changed that. I learned to ski in ² _____, when I was 47. Not long after that, I was able to ³ _____ my dream of skiing in the mountains in Switzerland before I was 50. My first three lessons were at a dry ski slope, so without any snow. I ⁴ _____ forward to the lessons, and I wasn't disappointed. The teacher was excellent. She explained a few things at the beginning, but we were soon on our skis to put the ⁵ _____ into practice. I picked up the ⁶ _____ fairly quickly, perhaps because I ⁷ _____ a few short online tutorials, and I soon realised I ⁸ _____ achieving much more than I had imagined. A few weeks later, my grown-up son, Ryan, and I flew to Switzerland, where I ⁹ _____ skiing on real snow! I loved it. Ryan ¹⁰ _____ skiing with his grandparents when he was in his ¹¹ _____ teens, so he's an excellent skier. It was a real ¹² _____ to my confidence when he commented on how well I was doing. We had a great holiday, and I can't wait to go again.

REFLECT Think about the following questions.

- Which lesson in this unit was your favourite? Why?
- Which of the grammar points did you find most difficult? Why?
- How can you practise understanding new words and phrases in reading texts?
- What three things can you do to improve your emotional intelligence?