

## GRAMMAR

## Present and past habits

### 1 Choose the correct verb forms.

- 1 When I was younger I *was always* / *used to* stay in bed until 11.00 on Sunday morning.
- 2 He *eats* / *is eating* a lot of meat and fish at the moment because he's training for a match.
- 3 My sister *is constantly looking* / *constantly looks* for new shoes.
- 4 When we were at primary school, we *would go* / *were going* to bed before nine during the week.
- 5 I always *feel* / *am feeling* hungry when I wake up in the morning.
- 6 Daniel *used to* / *would* be better-looking than he is now.
- 7 My brother *was always* / *would* playing tricks on me when we were young.

### 2 Complete the sentences with the words in brackets.

- 0 Stacey arrives late too often, and it annoys you. (always)  
Stacey is always arriving late.
- 1 When you were a child you rode your tricycle every day. (would)  
When I was a child .
- 2 The sofa is your temporary bed while your room is being decorated. (sleeping)  
I while my room is being decorated.
- 3 Susan hated shopping for clothes when she was a child. (used)  
When she was a child, Susan .
- 4 Going for a run is something you do every morning. (go)  
I in the morning.
- 5 You get annoyed at yourself because you frequently forget your key. (constantly)  
I my key!
- 6 Your grandfather used to tell silly jokes when you were younger. (always)  
My grandfather silly jokes when I was younger.
- 7 Running home from school was something you did every day. (used)  
I every day.

### 3 Choose the correct sentence in each pair.

1 a I use to ride horses when I was young.  
b I used to ride horses when I was young.

2 a I have listened to music since I was five years old.  
b I used to listen to music since I was five years old.

3 a We went to the same school and every morning she used to pick me up from my house.  
b We went to the same school and every morning she was picking me up from my house.

4 a We'll go to the park and hang out by the lake, like we used to.  
b We'll go to the park and hang out by the lake, like we use to.

## VOCABULARY

## Expressing frequency

### 1 Match the adverbs to words or expressions in the box with a similar meaning. One adverb matches two expressions.

all the time     every once in a while  
from time to time     often     seldom

1 rarely

2 constantly

3 occasionally

4 most days

### 2 Put the adverbs and expressions in brackets in the correct position.

- 0 My dad constantly asks me how I'm doing at school . (constantly)
- 1 We go to a circus . (every once in a while)
- 2 I go to bed after midnight . (seldom)
- 3 My best friend and I meet for a chat . (most weeks)
- 4 I read a newspaper . (every day)
- 5 I visit an art gallery . (from time to time)
- 6 I listen to music. (rarely)
- 7 My family eats in a restaurant . (almost never)

### 3 Rewrite the sentences in Exercise 2 so that they are true for you.

0 *My dad occasionally asks me how I'm doing at school.*

- 1
- 2
- 3
- 4
- 5
- 6
- 7

