

READING: Daily Routines of Teresa

Hello, my name is Teresa and I am an English teacher. I work from home and I teach teenagers online at the "Rose of York" academy. I **usually** wake up at six in the morning. I like doing sports, so every morning I go to the gym.

When I **come back home**, I take a shower, prepare breakfast, brush my teeth, brush my hair, get dressed, and prepare my classes for my students.

I have lunch at half past twelve, and I teach from two o'clock in the afternoon until six thirty.



I love my job, and my students enjoy my classes and learn English with fun activities. **After that**, I have a light dinner with my family, **usually** tea, a salad, or some turkey, and I go to bed at nine o'clock.

In my free time, I enjoy reading books and playing tennis. I also invite my friends to my house for lunch or dinner. **Sometimes**, I visit new cafés in the city **because** I like trying different types of tea. I also take short evening walks to relax after a long day.

MULTIPLE CHOICE

1. What time does Teresa usually wake up?

- a) At seven
- b) At six
- c) At nine
- d) At eight

2. Where does Teresa work?

- a) At a hospital
- b) At a school
- c) From home
- d) At a restaurant

3. What does Teresa do every morning?

- a) She reads a book
- b) She goes to the gym
- c) She plays tennis
- d) She visits a café

4. What does she do in her free time?

- a) She watches movies
- b) She sleeps all day
- c) She reads books and plays tennis
- d) She studies math

TRUE OR FALSE

1. Teresa teaches teenagers online.

2. She has lunch at two o'clock in the afternoon.

3. Teresa goes to bed at nine o'clock.

MATCHING



Prepare breakfast

Go to the gym

Read books

- Something you do with stories or information.
- Place where you exercise
- Make food in the morning